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HAPPY PAYDAY , UUP Info/News 12/24/08

1 message

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To: Unknown

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Early Special Holiday Edition of HPD STONY BROOK WEST & SOUTHAMPTON CHAPTER

Happy Pay Day/ UUP Info & News

UUP West Campus Chapter website <http://uuphost.org/sbwest> Email address uup@notes.cc.sunysb.edu

UUP Statewide website <http://www.uupinfo.org> **Please Post/Forward to the UUP Members in your Area**

UUP CALENDAR FOR Jan. 2009 **Happy Holidays to you & your family**

Jan. 20th Chapter Executive Bd. mtg. @ **Noon in WSCC Old Chem**, *RSVP* to UUP or call

Jan. date TBD Red Dragon Labyrinth Walk by **Student Union @ Noon**

Downstate Adjustment for full-time employees to increase Jan. 1, 2009

The UUP allotment for Metro NY area goes up for full time employees from \$1,850 to **\$3,026** per year starting January 1st paid on a bi-weekly basis.

A Change to the Empire Plan Mental Health & Substance Abuse (MHSA) Network

Effective **Jan. 1st, 2009** the Empire Plan MHSA program will be administered by **OptumHealth Behavioral Solutions** without a change in benefits (review the changeover procedures). But the change in administrators will have a different provider network and therefore the status of your provider may change. If you are currently in care with an MHSA provider participating in the ValueOptions' network, you can continue to receive the network level of benefits thru **March 31, 2009** under the transition of care benefit even if your provider is not in the Optumhealth network. If your treatment is not completed or your provider does not join the OptumHealth network by March 31st, your benefits for medically necessary care will be substantially reduced unless you call OptumHealth & seek care from a network provider. To find out if your provider is currently in the OptumHealth network, you can check your provider's network status at any time at <http://www.EmpirePlanMHSA2009.com> or call **1-877-769-7447** & press Option 3 and select the 2009 MHSA option for OptumHealth. For hearing impaired call **1-800-855-2881** (TTY).

TOASTMASTERS INTERNATIONAL CHAPTER MEETS ON STONY BROOK CAMPUS

The local Northern Brookhaven chapter of Toastmasters presented at the recent Public speaking workshop sponsored by UUP. The group persons who want to become a more effective communicator thru their meetings and booklets available. At the meetings one can present unprepared speeches, prepared speeches & get valuable feedback on those communications. The group normally meets the **2nd & 4th Thursday of each month on campus(usually Basic Science Tower 9th floor in Pathology dept. @ 7:15pm)**. An annual fee for membership if you which to join after your initial meeting & contact will be presented for your consideration. For more information contact the following: the chapter's website <http://nbtoastmasters.freetoasthost.us> the main organizations site at <http://www.toastmasters.org> or by contacting **Brian Cohen** the chapter's VP of Membership @ **631-255-3581** or at brianfincon@optonline.net If you are considering working on your public speaking skills this maybe a way for you to approach it.

Please remember SUNY is the \$olution for Long Island & New York State's Economic Recovery

10/4/12

***RSVP* Please reply no later than Three Days prior to Event so UUP can have a Head Count, Thanks**

Charles McAteer, UUP Chap. Treasurer, **UUP office # is 632-6570 @ 104 Old Chemistry Bldg. zip 3475**