

Office of Continuing Medicine Education
School of Medicine
State University of New York at Stony Brook

38th Annual FAMILY MEDICINE UPDATE

March 21-23, 2012

GENERAL EDUCATIONAL OBJECTIVES for the Family Medicine Update

The rapid advances in diagnosis and treatment makes continuing updating important for the family practitioner. This three-day course is designed to cover current and common areas of clinical practice including integrated topics in: cardiovascular disease, cerebrovascular disease, dermatology, emergency medicine, endocrinology, gastroenterology, geriatrics, neurology, oncology, ophthalmology, pediatrics, preventive medicine, psychiatry, radiology, rheumatology, urology and women's health. A half day of concurrent sessions includes a hands-on clinical skills practical experience. Evening workshops focus on procedural and behavioral techniques and include practical sessions on assessment of the lumbar spine and sacroiliac joint, and how to help your patients stop smoking.

Upon completion of the program, participants should be able to:

- diagnose and clinically manage problems frequently encountered in family practice.
- use and interpret currently available diagnostic techniques.
- appropriately apply and select from among currently available therapeutic modalities.
- apply skills in problem-solving, including eliciting pertinent history, performing physical examination, gathering and evaluating diagnostic data, making clinical decisions, implementing therapy and providing continuous care.
- perform appropriate preventive procedures and patient counseling to promote and maintain health and prevent disease.
- identify problems failing to respond to management as anticipated and necessitating consultation to confirm the diagnosis and/or plan management, as well as those conditions requiring referral for definitive care.

PROGRAM CO-CHAIRS

Jeffrey Trilling, M.D.
Associate Professor and Chair,
Department of Family Medicine

Dorothy S. Lane, M.D., M.P.H.
SUNY Distinguished Service Professor
Associate Dean for CME

PROGRAM PLANNING COMMITTEE

Gerald Kelly, D.O. **Howard Sussman, M.D.**

Dorothy S. Lane, M.D., M.P.H. **Jeffrey Trilling, M.D.**

Eric Shoenfeld, M.D. **Katherine Wightman, M.D.**

Gwendolyn Stretch, M.D. **Myra Intoci, MPS**

Location: Level 3, Lecture Hall 5 in the Health Sciences Center
State University of New York at Stony Brook

STONY BROOK FACULTY

Howard L. Adler, M.D.
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Medical Director of the Prostate
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Long Island State Veterans Home
Stony Brook, NY

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Director, Child and Adolescent Psychiatry

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Chief, Division of Rheumatology, Clinical
Immunology and Allergy
Director, Clinical and Translational Research
Winthrop University Hospital

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Assistant Professor of Ophthalmology

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Assistant Professor of Clinical Health Sciences
Assistant Professor of Clinical Nursing

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Founding Chair of Dermatology

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Director, Dietetic Internship Program

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Associates, P.C.
East Setauket, NY

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Professor of Medicine
Program Director, General Clinical
Research Center

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Professor of Clinical Radiology

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Director, Neurology Clerkship

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Director Wellness and Chronic Illness Program
Department of Preventive Medicine

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Associate Chair of Clinical Affairs
Department of Family Medicine
Chief Medical Information Officer

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Consultant, Gastroenterology and
Hepatology

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Co-Director of the adult MS
Comprehensive Care Center

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Director, Cardiac Outcomes Research
Program Director, Interventional Cardiology
Fellowship
Director, Preventive Cardiology

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Chair, Radiation Oncology

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Family Medicine
Residency Director, Family Medicine

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Director, Pediatric Preventive
Cardiovascular Risk Program

Laurie E. Panesar, M.D.
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Director of Pediatric Echocardiography
Long Island Children's Hospital

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Medical Director, Elsie Owens
North Brookhaven Health Center

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Associate Chair, Director of Medical
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John T. Mather Memorial Hospital,
St. Charles Hospital, St. Catherine of Siena
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Section Chief of Endocrinology
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of Family Medicine

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SUNY Distinguished Teaching Professor
Professor of Anesthesiology and
Vice Chairman for Special Projects
Professor of Pharmacological Sciences
Professor of Clinical Health Sciences

Isabelle M. von Althen, M.D.
Assistant Professor of Medicine
Director of GI Fellowship

Katherine Wightman, M.D.
Clinical Professor of Family Medicine and
Director of Family Medicine Grand Rounds

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Radiology & Surgery
Division of Cross-Sectional Imaging
Chief, Computed Tomography
Department of Radiology

GUEST FACULTY

Steven Chassman, L.M.S.W.
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Commissioner
Nassau County Department of Health
Uniondale, NY

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NYS DOH Tobacco Control Program Cessation
Center of Long Island, Great Neck, NY

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Great Neck, NY

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Suffolk County Department of Health Services
Bureau of Chest Diseases (TB Control)
Coram, New York

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STATE UNIVERSITY OF NEW YORK



March 21 - 23, 2012

MAURICE GOLDENHAR

38th Annual

FAMILY MEDICINE UPDATE 2012

Presented by DEPARTMENT OF FAMILY MEDICINE
Sponsored by OFFICE OF CONTINUING MEDICAL
EDUCATION SCHOOL OF MEDICINE



STONY
BROOK
STATE UNIVERSITY OF NEW YORK



MAURICE
GOLDENHAR

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OFFICE OF CONTINUING MEDICAL EDUCATION SCHOOL OF MEDICINE

March 21-23, 2012
Wednesday - Friday

Location:
Level 3, Lecture Hall 5 in the Health Sciences Center
State University of New York at Stony Brook

REGISTRATION FORM

38th Annual FAMILY MEDICINE UPDATE 2012

March 21-23, 2012

FULL CONFERENCE:

- Full 3 Days - Physicians \$475
 Full 3 Days - Residents/Health Professionals \$450

Note: Residents are required to provide a note from training director
 Registration fee includes the course syllabus, parking, breakfast, luncheon and coffee breaks.
 NOTE: Cancellations postmarked after March 7th are subject to \$25 service charge. No refunds after March 14.

NAME _____

ADDRESS (Office) _____

PHONE (Office) () _____ FAX () _____

E-MAIL _____

ADDRESS (Home) _____

PHONE (Home) () _____

PHYSICIAN SPECIALTY: _____

RESIDENT PHYSICIAN SPECIALTY: _____

OTHER HEALTH PROFESSIONAL: (FIELD) _____

WORKSHOPS		WILL ATTEND	WILL NOT ATTEND
WEDNESDAY, MARCH 21 5:15-7:15 PM	ASSESSMENT OF THE LUMBAR SPINE AND SACROILIAC JOINT Peter Smith, DPT, ATC	<input type="checkbox"/>	<input type="checkbox"/>
THURSDAY, MARCH 22 5:15-7:15 PM	HOW TO HELP YOUR PATIENT QUIT SMOKING Patricia Folan, R.N., M.S. Daniel R. Jacobsen, MS FNP-BC	<input type="checkbox"/>	<input type="checkbox"/>
CONCURRENT AFTERNOON SESSION FRIDAY, MARCH 23 1:15-5:00 PM	PLEASE SEE PROGRAM SCHEDULE FOR CONTENT AND CHOOSE ONE: <input type="checkbox"/> LECTURES <input type="checkbox"/> SIMULATION OF OFFICE URGENCIES AND EMERGENCIES		

MAKE CHECK PAYABLE TO: Stony Brook School of Medicine, OCME/FMU

MAIL CHECK TO: Dorothy S. Lane, M.D.
 Associate Dean for CME
 School of Medicine (HSC, 2L)
 Stony Brook, New York 11794-8222

or CREDIT CARD: (check one) American Express Discover Master Card Visa

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OFFICE OF CONTINUING MEDICAL EDUCATION
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38th Annual FAMILY MEDICINE UPDATE 2012

	Wednesday, March 21	Thursday, March 22	Friday, March 23
8:20-8:30 A.M.	WELCOME Moderator: Jeffrey Trilling, M.D.	Moderator: Eric Shoenfeld, M.D.	Moderator: Robert Bobrow, M.D.
8:30-9:00	IMAGING Indications for Breast MRI Paul Fisher, M.D.	IMAGING Imaging of Groin Pain in the Athletic Patient Elaine Gould, M.D.	IMAGING Abdominal CT Marlene Zawin, M.D.
9:00-10:15	Taste of SAM: Hypertension Louis Verardo, M.D.	Taste of SAM: Well-Child Care Katherine Wightman, M.D.	Taste of SAM: Preventive Care Robert Bobrow, M.D.
10:15-10:30	COFFEE BREAK		
10:30-11:00	CARDIOVASCULAR Anticoagulation William Lawson, M.D.	PEDIATRICS Clearing Adolescents for Participating in Sports Peter Morelli, M.D.	NEUROLOGY Stroke Cara Harth, M.D.
11:00-11:30	What Stress Test? Kathleen Stergiopoulos, M.D., Ph.D.	Murmurs in Children Laurie Panesar, M.D.	Multiple Sclerosis Lauren Krupp, M.D.
11:30-12:00	Valvular Heart Disease Hal Skopicki, M.D., Ph.D.	ADHD Gabrielle Carlson, M.D.	Migraine Headaches Warren Spinner, D.O.
12:00-1:15 P.M.	LUNCH		CONCURRENT SESSIONS – CHOOSE ONE
	Moderator: Gerald Kelly, D.O.	Moderator: Gwendolyn Stretch, M.D.	Moderator: Donna Meltzer, M.D.
1:15-1:45	UROLOGY Benign Prostatic Hypertrophy Howard Adler, M.D.	PREVENTIVE MEDICINE Immunization Update Lawrence Eisenstein, M.D.	PSYCHIATRY Clinical Dilemmas in Treating Anxiety and Depression Richard Bonanno, M.D.
1:45-2:15	ENDOCRINOLOGY Diabetes Management 2012 Sherry Sussman, M.D.	Tuberculosis: What's New? Lewis Mooney, M.D.	Alzheimer's Lory Bright-Long, M.D.
2:15- 2:45	RHEUMATOLOGY Sjogren's Syndrome Steve Carsons, M.D.	Tick and Arthropod Borne Diseases David Graham, M.D., MPH	GASTROENTEROLOGY Fatty Liver Asim Khokhar, M.D.
2:45-3:15	Lupus Erythematosus Heidi Roppelt, M.D.	Addiction Steven Chassman, L.M.S.W.	OPHTHALMOLOGY Conjunctivitis and Episcleritis Timothy Chou, M.D.
3:15-3:30	COFFEE BREAK		
	ONCOLOGY Metastatic Cancer as a Chronic Disease	DERMATOLOGY Chronic Urticaria Richard Clark, M.D.	ENDOCRINOLOGY Parathyroid Disease Marie Gelato, M.D., Ph.D.
3:30-4:00	Radiation Oncology Perspective Allen Meek, M.D.		
4:00-4:30	Medical Oncology Perspective Noshir DaCosta, M.D.	WOMEN'S HEALTH Osteoporosis Donna Heinemann, M.D.	GASTROENTEROLOGY C Diff Diarrhea Isabel von Althen, M.D.
4:30-5:00	Family Medicine Perspective Raja Jaber, M.D.	Perimenopausal Management Robin Bliss, M.D.	Nutrition and Prevention Josephine Connolly-Schoonen, Ph.D., R.D.
	WORKSHOP 5:15-7:15 Assessment of the Lumbar Spine and Sacroiliac Joint Peter Smith, DPT, ATC	WORKSHOP 5:15-7:15 How to Help Your Patient Quit Smoking Patricia Folan, R.N., M.S. Daniel Jacobsen, N.P.	INTERACTIVE SESSION 5:00-5:30 Case Study Review Donna Meltzer, M.D.

1:15-5:00 pm
 Location: Level 2, Clinical Skills Center

Simulation of Office Urgencies and Emergencies
Stephen A. Vitkun, M.D., M.B.A., Ph.D.
Linda M. Cimino, Ed.D., M.S., CPNP, ANP, CHCQM, CCRC

In this interactive full-scale simulation (using a patient simulator), working in groups, your team will be asked to evaluate, diagnose and provide initial treatment for simulated clinical situations that occur in the office or clinic and will participate in an evidence-based faculty discussion of the evaluation, diagnosis and treatment of the patients in all of the scenarios.

Upon completion of this session you will be able to evaluate, diagnose and appropriately manage your patients with these diagnosed conditions as recommended by the evidence-based literature and national guidelines.

EVENING WORKSHOPS

Wednesday, March 21, 2012

Assessment of the Lumbar Spine and Sacroiliac Joint Peter Smith DPT, ATC

The purpose of this workshop is to learn how to systematically assess the patient for lumbar and sacroiliac spine dysfunction. The course will review relevant anatomy as it relates to low back pain. Participants will learn to properly evaluate some of the most common sources of low back pain including nerve root compression, spinal segmental instability, myofascial pain syndromes and chronic degenerative changes of the lumbar spine. Learning will be enhanced with computer slide presentation and hands on laboratory experience.

Upon completion of the workshop the participants will be able to:

- Identify and discuss relevant anatomical and biomechanical concerns as they relate to the examination of the lumbar spine and sacroiliac joint.
- Evaluate specific mobility of the lumbar spine, sacroiliac, and hip joints.
- Develop palpation and observational skills to identify dysfunctions in the lumbar spine and sacroiliac joint.
- Apply appropriate special tests to determine the proper diagnosis.
- Interpret exam findings to establish an accurate diagnosis.
- Appropriately manage patients with chronic low back pain.

Thursday, March 22, 2012

How to Help Your Patient Quit Smoking, Patrician Folan, R.N., M.S. , Daniel Jacobson, N.P.

Seventy percent of all smokers want to quit smoking and studies indicate that quit attempts are 30% more successful with the advice and support of a healthcare provider. This evening workshop is designed to assist practitioners to effectively treat their tobacco dependent patients.

Upon completion of the program, participants should be able to:

- Identify the 5As and 5Rs of tobacco dependence treatment counseling as defined in the U.S. Public Health Service Guideline, Treating tobacco Use and Dependence, 2008 Update.
- Manage the treatment of tobacco dependent patients through the use of the FDA approved pharmacotherapy recommended for treating tobacco dependence.
- Identify resources available to assist patients to quit using tobacco.
- Apply tobacco dependence treatment strategies through case studies.
- Identify strategies to effectively treat some specific populations, for example, adolescents, pregnant women, light smokers, individuals with mental illness and those who use alternative tobacco products.
- Define billing procedures for practitioner counseling of tobacco dependence.
- Incorporate relapse prevention strategies into the treatment of tobacco dependent patients.

CONTINUING MEDICAL EDUCATION CREDITS

The School of Medicine, State University of New York at Stony Brook, is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The School of Medicine, State University of New York at Stony Brook designates this live activity for a maximum of 24.75 **AMA/PRA Category 1 Credits™**. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Dorothy S. Lane, M.D., M.P.H.
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All commercial relationships that create a conflict with the planners, speakers, authors' control of content must be resolved before the educational activity occurs.

AAFP This program has been reviewed and is acceptable for 24.75 prescribed hours by the American Academy of Family Physicians.