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Treating as we do severe personality disturbances, we are particularly conscious at the present time of the distraught world with its worries, fears, distress, despair, confusion, suspicions, envy, intolerance, bigotry, injustices, hate, jealousies, selfishness, greed, lust for power, and the propagandizing of distortions, half truth, untruths, and the flaunting of moral codes—all poisons of the mind and soul. It is the dose of these poisons that determines the consequences.

Christmas is the time of self inventory, guided by the teachings of Christ, which are kindness, respect for one another, forgiveness, consideration, cooperation, thoughtfulness, truthfulness, understanding, faith, hope, goodwill and charity. Only these attributes of mind give satisfaction, comfort, a sense of well being and internal peace.

Let our prayers at this Christmas time and throughout the coming year be for "Peace on Earth and Good Will towards All."

## STUDENT COUNCIL NEWS

Our hat's off to a fine gentleman, our Director, Mr. Dry, for his enduring patience and close cooperation with the Student Council. We are most thankful to him for calling us into his confidence on the new time schedule.

The Council has really initiated some worthwhile projects this winter quarter. A new Activities Committee has been formed, their motto being, "Let us benefit our fellow students by offering them various activities." One of their first projects was the Christmas Assembly. Sleigh rides, toboggan parties, and movies are being planned for the future. In conjunction with Activities a Public Relations Committee was set up, to give our Council more publicity and inform the students about any type of event. The P. R. Committee deserves mention for the publicity they gave the Junior Class nominations.

Another project undertaken by the Council is the forming of a social calendar so that students may plan in advance on attending various functions in school.

The ultimate purpose of the plans mentioned above is to integrate the life of the students at the Institute and to make them realize that the Council is subservient to them.

With the fine caliber of representatives led by our able President, Jack Ward, I am sure the Council will reach its goals.

Helene Morten,  
Vice President, Student Council

## THE INSTITOOTER

WE NOTICE—That steady two-some, a girl who is out on co-op from Chemistry, and a fellow from Building who is also out on co-op. Hum, I wonder. They seemed to be having a good time at the Niagara-Canisius Basketball Game. . . . That meals are getting better in the Cafeteria. Keep up the good work kids. . . . That every Monday they forget to turn the heat on. . . . Mr. Ressing's sharp jacket. . . . Most deer hunters came home empty handed. . . . That terrific personality possessed by our new S. C. advisor Mr. Bassett. . . . That Don Murphy, our Editor, is feeling very low these days—could it be the attendance at the newspaper meetings? . . . That Helene Morten finished her booklet on Student Government, and she's driving a certain good Senior mad by reading it to her daily. It will be published Jan. 15th. . . . That the spirit of Christmas is in the hearts of both the faculty and stu-

dents. . . . That Paul Jones was finally accepted into Theta Gamma. . . . That the students enjoyed the hard candy distributed by the Student Council. . . . The sharp kitchen in the Student Union. Nice job, Mr. Jones. . . .

WE HEAR—That practically everyone in school went to the Christmas Dance. . . . Bruce and Bob are looking for Badminton partners? ? ? . . . For that matter so are Sally and Rachel. Tennis, Anyone? ! ! ! . . . That the S.C.A. is sponsoring a real old-fashioned Square Dance sometime in early February. . . . That a Sleigh Ride is being planned by the Student Council—sounds like fun. . . . That Dot S. is to be congratulated? ? ?

My ears are still bent to the ground, but I hear no more, so until then, have a Merry Christmas and a Happy New Year to you all! ! !

Substitutor for the Institutor,  
SALLY KLEIN F-11

### Profiles on Parade

#### "HELENE MORTEN"

Hi gang! First thing may I say that I hope each and every one of you had a very enjoyable evening at the long-awaited Christmas dance. I'm sure that a good time was enjoyed by all.

Now let's get down to business. You've probably noticed that this piece of work is entitled "Profiles On Parade." Why? To acquaint you with Who's Who and Doing What in these not-so-old or hallowed halls of ivy.

First profile on parade in this issue is none other than Helene Morten—the human dynamo of F-11—the gal with the mostest and the bestest and the greatest school spirit.

To begin with—Helene is a senior in the Food Service Administration Curriculum, on the newspaper staff, treasurer of Tau Sigma, senior representative for the National Student Association, founder of the Cuisine Club, and last, but far from least, vice prexy of the Student Council.

We will pause for a few seconds while I wag a disapproving finger at these kids who "have no time for extra-curricular activities" and "can't be bothered," etc.

Proof positive that one can be active and still maintain a high scholastic standing is evident in Helene's record. She continually holds her own on the director's list and has the highest academic standing in the Foods curriculum.

Like most of us, Helene finds it necessary to work at a part-time job in order to remedy and supplement her financial status; and also to garner more experience for the day when she no longer will be a student but a full-time career gal out in the cruel, cold world. She kills both

birds with one stone by working several nights a week at the Country Club of Buffalo. According to our "profile", the exquisite atmosphere and fabulous people she meets make for a very pleasant solution to the problem of earning money and gaining experience.

Probably very few of you know that Helene is in the process of writing and editing a booklet about our Student Council which will be ready about January 15, 1953.

In her spare time (What spare time?) she enjoys doing research and reading about foreign dishes, and collecting literature dealing with exotic and new foods.

Helene is continually thinking up and creating new and different table decorations, centerpieces, and fascinating things to do with food.

She also is an avid modern jazz disc collector. Her favorite bandleader is Stan Kenton because "he believes in freedom of expression." Contemporary art and architecture are also numbered among the many Morten interests.

Most of her time in school is focused on the Student Council and newspaper work wherein she does a masterful job.

What are her post-graduation plans? There are two possibilities—either a B.S. degree from Cornell University or a Buffalo foods industry position. Whichever it shall be, we know that Helene will be a success. May her future be as bright as her past and present!

*SOME HEFTY GALS  
 SURE TAKE THE CAKE,  
 AND THAT IS WHY  
 THEIR FIGURES SHAKE.*

\* \* \*  
*Putting a man on a jury with eleven women is some sort of crime itself.*

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