

Megan Roberts
mer16@geneseo.edu
(716)713-2021
SUNY Geneseo
Dance

Professor Jonette Lancos
lancos@geneseo.edu

Performance Presentation

Exploration of the Concept of Sonder through Dance

Sonder is the concept that every individual that a person comes into contact with, however briefly, has a life as meaningful and as complex as that person. This piece is an exploration of the egocentrism that pervades modern society. Viewers of this dance work are urged to take a step back from their everyday lives in order to place value in the people around them. The concept for this work, entitled *Sonder*, stemmed from an exploration of improvisational techniques in postmodern dance. As the dance progresses and the choreography moves from traditional modern technique to exploratory improvisational structures, it is clear that the dancers step outside of themselves to acknowledge and engage with each other. *Sonder* shows that dance can be a medium for social commentary and can be the start of meaningful conversations among its viewers.

Keywords: dance, modern dance, postmodern dance, sonder, egocentrism