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## **Abstract**

It is known that pre-marital counseling has an efficient effect on couples in a positive way. As a result, this affects an individual's identity greatly. Their new identity is someone who tries to save their marriage; granting them more understanding and capability of empathy and compromise. Upon close observation at various articles, one is granted easy realization of the positive effects of pre-marital counseling. This research supports the view that pre-marital counseling can enrich couples relationship, it can make couples feel more secure in their own identity, as well as, it can lower the rate of divorce. Therefore, leading to a more stable marriage. Due to this new understanding, pre-marital counseling enables a strong, healthy relationship that can rise against any storm.