

CAMPUS VOICE

December 11, 1995

DELHI COLLEGE WILL GUARANTEE GRADUATES' SKILLS

The State University College of Technology at Delhi will guarantee the technical skills and abilities of its graduates, it was announced today by Mary Ellen Duncan, college president.

"Delhi offers a quality education that produces skilled graduates and we're prepared to back it up," President Duncan said in detailing the new Delhi College Educational Guarantee Program. Her announcement came at the college's Executives' Forum, an annual event for business, industry and education leaders from Delaware, Otsego and Chenango Counties.

That's a real advantage in today's highly competitive job market, President Duncan explained. "Employers don't have the time for on-the-job training. They want well-trained workers who can hit the ground running," she said. "With the Delhi College guarantee, employers know they can turn to Delhi graduates with confidence."

The Educational Guarantee

covers the technical skills of graduates who earn an Associate in Applied Science degree, Associate in Occupational Studies degree or a Certificate, beginning in May 1996. If an employer finds a Delhi graduate lacks certain skills that should have been covered at the college, the employee may return to Delhi and take up to 15 credit hours of appropriate courses tuition free.

It also ensures that students who graduate with an Associate in Arts or an Associate in Science degree, and who apply by February 1, will be guaranteed admission to at least one four-year unit of the State University. Delhi maintains articulation agreements with public and private four-year colleges in New York State to assist students in transferring as well.

Delhi has a proven track record to back up the program. Over the last five years, 98 percent of Delhi graduates have found jobs or continued their education within a year. "New Yorkers can't ask for a better return on their investment in pub-

lic higher education," the president said.

The focus on assessment and accountability in higher education makes the Delhi guarantee particularly timely. "There's no question that New York's fiscal problems have prompted increased scrutiny over the use of state tax dollars," President Duncan said. "The guarantee demonstrates Delhi has established quality controls and will be held accountable for our efforts."

Delhi's close ties with business and industry helps make the guarantee possible. Virtually every academic program has an advisory board of industry experts who meet with faculty annually to review the curriculum, President Duncan pointed out. "Their input ensures that our programs keep pace with the changing job requirements of today's technological society."

Faculty and staff play an important role as well. "Our faculty and staff do a great job," the president said. "That's why we can guarantee our graduates."



Thomas Urenas, Walmart Store Manager, Norwich, NY and Assistant Manager Trainee Rose Marie Epps

DELHI TECH'S 1995 "STUDENT OF THE YEAR" GETS HER DREAM JOB, THANKS TO SIFE!

By Richard Winston

Can you imagine, getting that dream job, the one you have planned for? After two years of courses and preparation, that is exactly what has happened to Rose Marie Epps. She first heard about Wal-mart's plan to build a store in nearby Oneonta, where she grew up and went to school. Having heard positive news and comments about how Wal-mart treated customers and employees, she began researching and collecting information, and set her goal to work there. Rose Marie entered the State University of New York (SUNY) at Delhi with the goal of gaining the required knowledge to get a management position in retail sales.

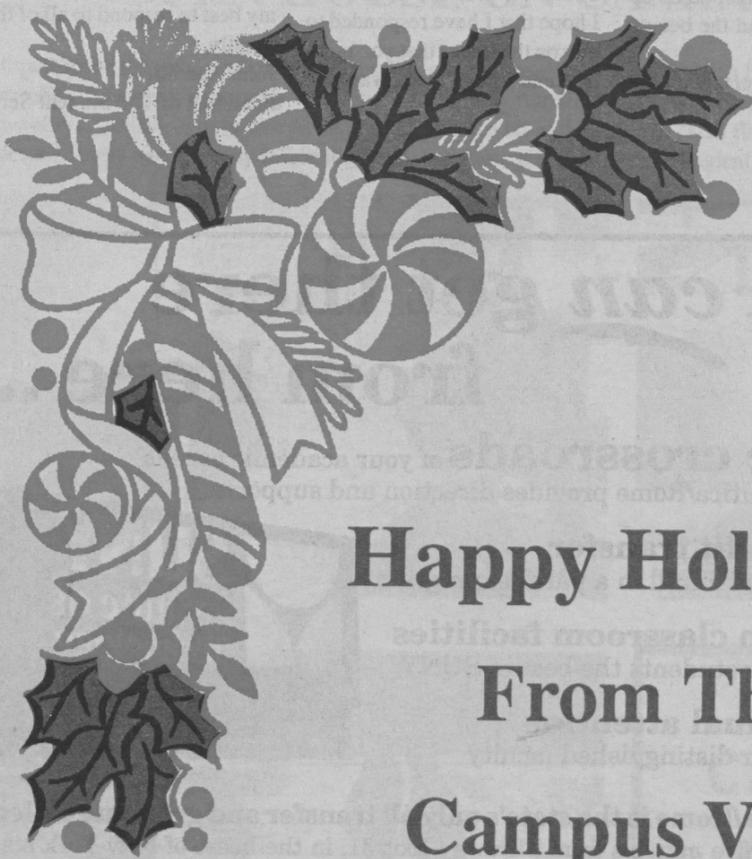
Her curriculum in Business Administration satisfied her requirements for a degree. However, she felt more was needed, and could be beneficial, to attract this prospective employer. Extracurricular activities available on campus fit the bill. Rose Marie became active in Phi Theta Kappa, Delhi Business Association (as Senator), Students In Free Enterprise (SIFE), and other organizations and committees.

Her grades did not suffer; instead, they were outstanding. All this contributed to her well-rounded education received at Delhi. She attributes her activ-

ity in SIFE as the single-most important event that landed her a management position with Wal-mart. Aiding in the formation of SIFE on campus, she headed a team guided by Professor Barbara Sturdevant and Professor William Raynor, co-advisors. SUNY Delhi now had a business-oriented organization that put members in touch with high executives of many firms and companies of the nation and the world.

After gaining Student Senate recognition on campus in March 1995, the team represented the Delhi chapter of SIFE on April 21, 1995 at a Regional Competition in Morristown, New Jersey. The requirements were to present in skit-form what Delhi's chapter accomplished to promote business. The SIFE team, headed by Rose Marie, chose to outline various projects including their making of the video "The Community and the Campus". Excerpts from this video were shown on a large screen accompanied by explanation of how important the college is to the economic life of the Delhi community. The possibility of budget cuts, or even a closure of the school, elicited a range of feelings from business people. Following the presentation, the judges asked questions which Rose Marie and team members

(Continued on Page 5)



Happy Holidays
From The
Campus Voice
Staff

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THE OPINIONS EXPRESSED
IN THIS PAPER ARE NOT
NECESSARILY THOSE OF
THE STAFF.

WHY DOES EVERYTHING HAVE TO BE GREEK!!!!!!

By John Agnelli

Hello there, campus. I am not a Greek. I am not dating a Greek. I do not at the current time plan to pledge to become a Greek. I am, though, the President of your Student Senate. I do, like any other group on campus, support the Greeks and the efforts that they have made. When does someone in authority ever tell the Greeks that "Hey, you did a great job"? Hardly ever, only if you are the local newspaper. The same people that are so slow in passing a comment of praise seem to be the first ones that will bash them when they are accused of making a mistake. I feel that we all should be fair in dealing with any group on this campus. I do not want to see any group

fold up. To use it as a threat that "so and so could care less if you are here," I feel, just adds to the morale problem that we have on this campus. If they are that bad, then why are they always volunteered to do community service projects. I feel that we need to get a better understanding of them. I feel that ALL of the people on this campus should adopt a Greek along with a campus. I wish that I could mandate that and tack on a fine because like so many other people on this campus that have affected my life, they too have given me a better understanding of what life really is all about. TRUST LOVE AND HAPPINESS.

FROM THE EDITOR

'Tis the season—time to think of others and what token can be presented to show our love or how we feel, or to just say "my thoughts are with you!" Sometimes a gift is in order, other times a gesture. Sometimes just being together, or a kind word. All expressions of love.

This is also a time to reflect back over the last year and take an accounting of our experiences and happenings. A "Thank You" is often concluded. Thanks for the fact that we are still here, for many are not. Thanks for this privilege to improve myself, for many cannot. Thanks for the people who help me, teach me, challenge me, for this is their goal and desire. Thanks for my fellow students, my co-workers, and other associates, for not only can I learn from them, I can also share with them. Thanks for the support I receive, it encourages me to do the same. All expressions of love.

This is also a time for families to be together and share their common bond. Take each member aside and tell them privately how much you love them, need them, appreciate them. Someday you will be so glad you did. You may even be surprised to find how important you really are, too. An awareness will be created within you that will last forever. You may even find that a new light will show on each family member that did not appear before. A closeness that cannot be experienced by any other means. All expressions of love.

This is the true meaning of love. 'Tis the season.

To The Editor:

Well the first paper of the 95-96 school year is out and in full circulation. I would like to commend all of you on a job very well done. Campus Voice I feel as President of this Student Senate that I am obligated to respond without retaliation. FINES I do not see the poing in fining people that do not go to meetings. Why bother taking the money from them, they are just going to reallocate it anyway it is a pointless and repetitive circle that I would like to see end. I do feel that there needs to be some type of device in the area of penalties community service or something. I do also see that it is important to reward those for there achievements. I feel that your formula

will work and maybe and hopefully we can implement it for next semester. On the topic of fining one for not setting up a table I feel that we should continue to do this but only on Open house not family day. I feel we should be targeting the perspective students with the groups and organizations that we have on campus. So as far as the topic of fines go I feel that we see each other at least half way.

On the topic of adopt a campus I never once made it a mandatory project we have groups on this campus that wish not to partake in it. There was no penalty for there actions. My point behind this project was to help keep up with our campus and the beauty that it has to show.

There is a line that catches my eye

A MESSAGE FROM THE STUDENT SENATE PRESIDENT

To all of the people that step foot on this campus every day: I first would like to say thank you to all of the people that have tried so hard to make this campus a better place. With the love and dedication that the "SUNY Delhi student" has for this campus, we will be able to overcome any obstacle that gets thrown our way. I want to say thank you from the bottom of my heart. I love this campus and the students that I represent and the faculty and staff that allow us to grow each day. I hope everyone has a happy and safe holiday and a happy new year.

Fondly,
John Agnelli
President of the Student Senate

the most in your article "I also propose constitutional amendments to enact this more positive approach for our senate. There would be less animosity and hard feelings and few less stringent rules to deal with." I as the President of the Senate are trying very hard to show that less combative approach. I try so hard to make all happy I try to show the positive image that our great campus has to offer. I feel that we have many rules that just go out to self destruct us. We need to make more than just the above amendments changed we need to take back the school that we once were able to call ours.

I hope that I have responded to you on the issues that you mention and I hope that I was able

GOODBYE BECKY WOOD!

Thanks for everything,
Beck! Here are some words
from Rod Stewart:

*May the good Lord
be with you
on whatever road you choose
We're right behind you
win or lose,
forever young*

*And may you never
love in vain
And in our hearts
you'll always stay,
forever young*

*May you grow to be proud
dignified and true
and do onto others as
you'd have done to you,
forever young*

*Be courageous and be brave
and in our hearts
you'll always stay,
forever young*

*And when you finally
fly away
we'll be hoping
that we served you well
all the wisdom of a lifetime
for you can never tell
forever young,
forever young...*

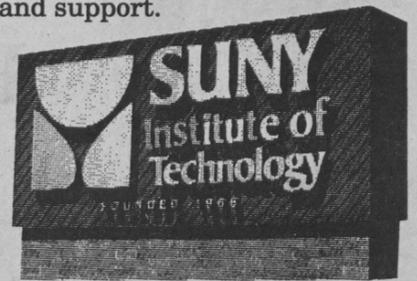
We are going to miss you,
Beck!
Love,
Becky, Dick, Mike
& the gang

to make myself a little clearer on were I stand on these issues. If there are any students who have any issues with myself or the Senate I urge you all to write I will do my best to respond to all of them. Fondly,
John Agnelli,
President of The Student Senate

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STUDENTS SPRUCE UP THEIR IMAGE!

by: Mark Sommer
Delhi News Bureau
The Daily Star

DELHI - Fraternity and sorority members at State University College at Delhi are working to improve the "Greek" image by sprucing up an old house for free.

According to Gregory Krzyston, director of student activities and the college union, all six of the college's fraternities and sororities have temporarily traded their books for brushes to fix up Kathy Jones' house on Franklin Street in Delhi.

I didn't have to convince any of the Greeks to participate in this project. They were actually looking for a project they could do. The intra-fraternity council discussed this topic soon after school began, but it wasn't until recently that an appropriate project was found," Krzyston

said. This task is no small chore. This is a big house with a great deal of detailed work. It has to be primed before it can be painted because it's down to the bare wood in some places.

Jones, a single mother of four, was unavailable for comment Thursday, but Krzyston said she was grateful for the work being done.

"She told me, 'I am delighted to have students work on the house....It is a beautiful house that needs some TLC that I couldn't afford,'" Krzyston said.

John Agnelli, president of the student senate at Delhi Tech which donated the money for the materials, said three things have been accomplished with the project.

"One, we have begun to tie relationships to the community as a college to get rid of the repu-

tation we might have as students, Two, we helped someone in need, and, Three, we have pulled together as a group of 'Greeks', sending away any rivalry or hard feelings we might have had," Agnelli said.

"The lady we are helping is so appreciative and this is just the beginning of more projects to come in the community....We will do at least 25 community service projects this year," Agnelli said. "There's always room to strengthen relationships between two parties."

Students are stripping, priming, and painting the house, building new steps, and caulking areas that need to be filled.

Involved in the project are students from: Alpha Chi Rho, Tau Delta Chi, Sigma Phi Rho, Delta Theta Gamma, Pi Nu Epsilon, and Kappa Omega Iota.



Fraternity members work on Kathy Jones' house on Franklin Street in Delhi.

OPEN HOUSE ON CAMPUS

Open house this year was successful, but the weather could have cooperated a little more. Saturday, November 18, was a blustery day with intermittent snow flurries, but, to some of our visitors, it wasn't even noticed. Steven and the two Ashley's didn't mind a bit as they tried to catch flakes in their mouths. Roberta Hudson was too busy inside to notice, and these playful dogs and students didn't mind either.



JOIN
CAMPUS VOICE
AND
LET YOUR VOICE
BE HEARD!

NOTICE—ART SHOW

There will be an Art Show in the Coffeehouse in Farrell Hall December 13 and 14. All staff, students, and faculty are invited to participate. Work should be submitted to the Art Center, lower level of Farrell Hall, or the Student Activities office. Viewing of submitted works will be 5 to 7 P.M., Wednesday, December 13, and from 11 A.M. to 5 P.M., on Thursday, December 14.

?? MULTIPLE CHOICE ??

By Rebecca Hilts

Now that I am down to my last semester here at SUNY Delhi, I feel I can voice my opinion on test taking: I HATE IT! Especially multiple choice tests—YUCK! And the name, multiple choice, yeah right! It sounds almost like you're actually given a chance, Huh! Fat chance!

There are some multiple choice tests that are "won" by using strategy, though. These tests and quizzes usually have four choices, one that is right; one that is so close to being right that you must use a microscope to find the one little bitty misspelled or misused word; one that is completely opposite of being right; and one that has absolutely nothing to do with the subject (these questions could range anywhere from cartoon characters to PMS).

I always feel a little cheated by the professor when I come prepared for a test only to find that I have to pass the test of multiple choice before I even begin the actual exam.

Some of my most memorable multiple choice tests were given by a professor from the business

department. Here is an example from one of his "quizzes": circle the correct answer:

- 1) a
- 2) b
- 3) c
- 4) d
- 5) a & b
- 6) a & c
- 7) b & d
- 8) none of the above

It only took one of those quizzes for me to find out that it was never going to be "none of the above". Maybe this is one reason I love English classes so much; I know I'm never going to get a multiple choice test from Professor Sandman or Professor Thomas. I mean just imagine:

Shakespeare was best known as:

- 1) the keyboard player for Snoop doggy dog
- 2) someone who wrote sonnets and plays that transcend time
- 3) a really old guy whose writing nobody understands
- 4) none of the above

DBA's SKIP-A-MEAL HIGHLY SUCCESSFUL

Delhi Business Association sponsored this semester's skip-a-meal project on November 20, 1995, with very good results. Funds were raised to support the Delhi Campus Child Care Center (DC4), here on campus. Total amount collected was \$1280.18 and will go toward swimming and music programs that were targeted by budget cuts. The money will be presented on December 7.

A matching grant from the O'Connor Foundation has been requested based on the health and exercise benefits. This worthwhile event and fundraiser could not have occurred without the support and commitment of many SUNY Delhi students and DBA members. Thanks goes out to all participants. GREAT JOB!

If you have a story/
 article you believe
 would be of interest
 to the campus
 community, send it to:
Campus Voice, Stu-
 dent Activities Office,
 Farrell Hall, or attend
 a meeting at 1:15
 p.m., Fridays, in the
Campus Voice office,
 lower level of Farrell
 Hall.

UNION SCHOLARSHIP APPLICATIONS AVAILABLE

Applications for the 1996-97 Eugene P. Link Scholarships, offered by United University Professions, are now available.

The Link Scholarships are given annually to up to four State University of New York undergraduates dedicated to the goals of the trade and labor union movement. Students must also exhibit a quest for academic and personal excellence—a minimum grade point average of 3.75 is required—and have a strong record of community service.

UUP established the Link Scholarship Trust Fund in 1985 to recognize more than 50 years of devotion to the pursuit of

knowledge, service to youth and leadership in academic unionism demonstrated by Eugene Link, a retired SUNY Plattsburgh history professor and one of the union's founding fathers.

Applications for the Link Scholarship are available at the UUP campus chapter, SUNY College, Evenden Tower 116, Delhi, NY 13753. Or, interested students may call the UUP chapter office at 607-746-4578. Applications may also be picked up at the campus financial aid office.

UUP represents more than 20,000 faculty and other professionals on 29 SUNY campuses.

It is affiliated with New York State United Teachers and the American Federation of Teachers, AFL-CIO.

Among other things, eligible candidates will:

- be students at state-oriented SUNY campuses
- demonstrate a tireless quest for academic and personal excellence
- have completed at least 16 credit hours at any SUNY campus with an index of at least 3.75

The application deadline is February 1, 1996.

ATTENTION POETS

Owings Mills, MD—

The National Library of Poetry has announced that \$24,000 in prizes will be awarded this year to over 250 poets in the North American Open Poetry Contest. The deadline for the contest is December 31, 1995. The contest is open to everyone and entry is free.

Any poet, whether previously

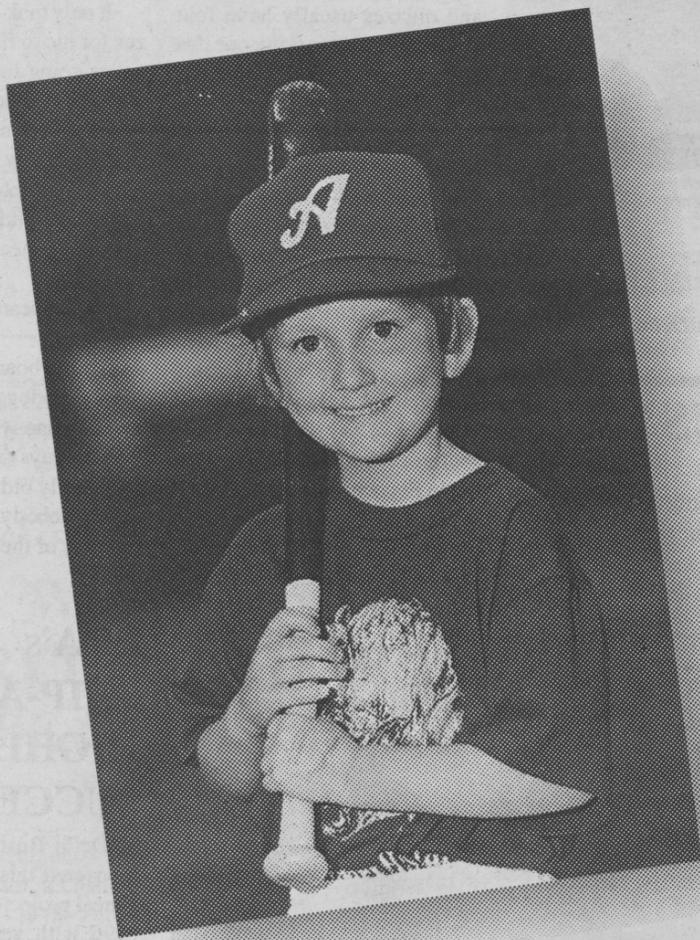
published or not, can be a winner. Every poem entered also has a chance to be published in a deluxe, hardbound anthology.

To enter, send ONE original poem, any subject and any style, to: The National Library of Poetry, 11419 Cronridge Dr., P. O. Box 704-1986, Owings Mills, MD 21117. The poem should be no more than 20 lines, and the

poet's name and address should appear on the top of the page. Entries must be postmarked by December 31, 1995. A new contest opens January 1, 1996.

The National Library of Poetry, founded in 1982, is the largest poetry organization in the world.

Contact: Pamela Roberts
 Phone: 410-356-2000



Bethany Cartledge
 In-line skater.
 T-ball slugger.
 Drunk driving victim.
 January 18, 1994
 Cheraw, SC

By Yvette J. Blakeslee

PEACE

*Peace in my heart --- this is my prayer
 Quiet contentment, to have and to share,
 Each new tomorrow, blessed and real
 Each wondrous dawning, a daybreak ideal.*

*Peace in my home --- this I would ask
 Sharing each burden, to lighten our task
 Laughter abundant, so much that's worthwhile
 Faith, hope and courage --- a bright happy smile.*

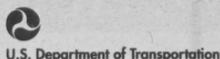
*Peace in this country --- this is my dream
 Peace we might cherish, joyous and supreme,
 No more of hatred, no more of crime,
 Peacefulness only, in your heart and mine.*



Yvette J. Blakeslee

If you don't stop someone from driving drunk, who will? Do whatever it takes.

FRIENDS DON'T LET FRIENDS DRIVE DRUNK.



(Continued From Page 1°)

DREAM JOB

answered. A few of the answers evoked applause.

The Regional Competition was attended by many schools with SIFE teams, and many officers and staff members from SIFE headquarters. Many executives from companies both large and small, came from all over the nation. These businesspeople were the sole judges in the competition between the teams. Executives representing Procter & Gamble, Coca-Cola USA, Western Auto, American Greetings, and many others attended. Each presentation was performed by the competing team under strict conditions of time and format. Attendance was limited to only the participants and the 75 to 100 executives in a closed auditorium. No other people were permitted, even as spectators. Also, Mr. Paul Busby, a District Manager for Wal-mart in the New Jersey area was there. He presented the trophies and plaques to the winning teams. During a brief break in the competition, Rose Marie approached and introduced herself to Mr. Busby. She explained her goal to him, and he invited her to submit her resume directly to him, handing her his business card.

As the festivities continued, you can imagine the elation the team felt when it was announced that Delhi's SIFE team had captured "Rookie of the Year" honors in the competition.

After her return to Delhi, it was not long till May 11, when the Senate banquet was held and Rose Marie's selection as the college's "Student of the Year" for 1995 was announced. May 20 was graduation day. President of Student Senate, Amy Koch, addressed the audience in the Farrell Hall gymnasium, as did Rose Marie. The end of the semester was at hand, as was much emotion. Time to reflect on accomplishment was soon lost to planning for a new career.

Rose Marie received word that Mr. Busby wanted to schedule an interview. Could she come to talk? How about next Friday? A death in her family caused a brief delay, but other arrangements were soon made. A five-hour trip to New Jersey placed her at Mr. Busby's office nearly two hours before her 2:30 P.M. appointment. Passing her in an aisle about 1:15 P.M., and recognizing her, Mr. Busby checked his calendar to see if time were available sooner. He immediately invited Rose Marie to talk, and they disappeared into his office, not to emerge again for nearly two hours. When she did leave his office, she had, indeed, been offered a managerial position. Could she start tomorrow? While talking, and upon learn-

ing that she was not a local person, Mr. Busby offered to see if arrangements could be made to have Rose Marie take her training closer to home, evidence of the renowned concern that Wal-mart shows towards employees.

Sure enough, Mr. Busby did a favor for Rose Marie. She started her new job with Wal-mart as an assistant manager, training at the Norwich, NY store. This meant she could commute from her home in Oneonta and not have to relocate right away. She completes her training in January, when she becomes a fully trained assistant manager. She may stay in Norwich, or she may be transferred to another store. With Wal-mart's projected expansion of more stores in the Northeast, the realization of her dream has come true. Now she has another dream, to be the manager of her own store. Somehow, I think it is only a matter of time.

With the link established through her membership in SIFE, which includes letters of recommendation from SIFE, Rose Marie credits her career start to her decision to pursue extracurricular activities offered on Delhi's campus. Any student can do the same.

Revolt and Exploit

a message inspired by lifeless congestion, toned down and tuned for easy-on-the-eyes breezing. advise for delhi's acadamian nuts returning in the spring.

When will it get better, who is your bard?

In town,

Why can't I get a response, I put in my application?,

BOYCOTT stores without students, we aren't relocating. They don't like our checks, clothes, color

This town thrives on us, EXPLOIT THEM AND HOLAR

Kick and scream at student going to shenanigans/shire

Make sure when you get inside, shout (blank space)!

FOR YOURSELF

Check out your liberties, lexicon and life,

REVOLT

my countrysidemyn, through WDTU, arts and the like,

For we need excitement. This paper needs you channel your voice, suggestions are endless, take action REVOLT AND EXPLOIT!

Revolution my friends, keeps us from getting bored, think and plan over break, we can no longer be ignored (HORED)!

EDITOR'S NOTE:

The above article does not necessarily reflect the views of the Campus Voice.



Professor Barbara Sturdevant and Professor William Raynor, SIFE, Advisors

Spring Break '96 Spring Break '96

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Spring Break '96

Spring Break '96

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ATTENTION, STUDENTS!!

The Campus Voice is under new management, and welcomes any and all input. This is your forum: your medium for expression. We, the staff, want to know what YOU, the students, would like to see in this, YOUR newspaper. All suggestions will be given equal consideration under the guidelines of the Campus Voice Constitution. If you would like to air an opinion, a concern, a protest, you may submit it (if at all possible, on a 3.5" disk in Microsoft Works) to the Campus Voice office, Farrell Hall lower level, for our next issue.

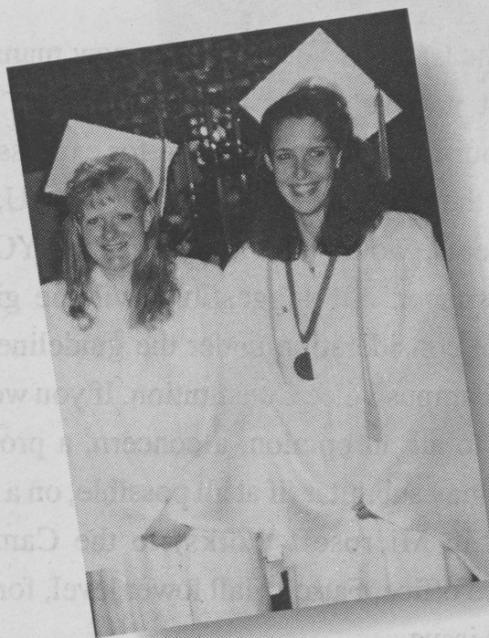
****WE NEED YOU!!!!****

to help us make this year's Voice the best it can be to serve the campus community.

HEALTH

WAYS TO HANDLE STRESS

1. Jam 39 marshmallows up your nose and try to sneeze them out.
2. Use your Mastercard to pay your Visa.
3. Pop some popcorn without the lid on.
4. When someone says "Have a nice day!", tell them you have other plans.
5. Find out what a frog in a blender really looks like.
6. Forget the Diet Center and send yourself a candygram.
7. Make a list of things to do that you have already done.
8. Dance naked in front of your pets.
9. Put your toddler's clothes on backwards and send him off to pre-school as if nothing is wrong.
10. Retaliate for tax woes by filling out your tax forms with Roman Numerals.
11. Tattoo "out to lunch" on your forehead.
12. Tape pictures of your boss on watermelons and launch them from high places.
13. Leaf through a National Geographic and draw underwear on the natives.
14. Go shopping. Buy everything. Sweat in it. Return it the next day.
15. Buy a copy of Slezoid Weekly and send it to your boss' wife.
16. Pay your electric bill in pennies.
17. Drive to work in reverse.
18. Relax by mentally reflecting on your favorite episode of The Flintstones" during that important finance meeting.
19. Refresh yourself: Put your tongue on a cold steel guardrail.
20. Tell your boss to blow it out of his mule and let him figure it out.
21. Polish your car with earwax.
22. Read the dictionary upside down and look for secret messages.
23. Start a nasty rumor and see if you recognize it when it comes back to you.
24. Bill your doctor for the time spent in his waiting room.
25. Braid the hairs in each nostril.
26. Write a short story using alphabet soup.
27. Lie on your back eating celery... using your navel as a salt dipper.
28. Stare at people through the tines of a fork and pretend they're in jail.
29. Make up a language and ask people for directions.



Renee Lynn Belair
Stacie Lee Rogers
Best friends.
Graduated together, June 6, 1993.
Killed together, June 10, 1993.
Whitewater, WI

If you don't stop someone from driving drunk, who will? Do whatever it takes.

FRIENDS DON'T LET FRIENDS DRIVE DRUNK.



U.S. Department of Transportation

ASTHMA

by Lynda Preiser

The incidence of asthma is increasing in the population. Students affected by this chronic disease can receive help at Health Services.

This unwelcome invader, asthma, is a lung disease characterized by inflammation and/or obstructions of the airways that transport air from the nose and mouth to the lungs. It can be controlled effectively with proper management and treatment.

The chief sign of asthma is difficulty breathing and often includes a wheeze or whistling sound as you breathe out. "Attacks" are episodes of intense breathing difficulty triggered by special conditions such as cigarette smoke, molds, allergens, pollen, viral infections (colds), exercise and other triggers.

About 80% of people with asthma have **Exercise-Induced Asthma (EIA)**. This doesn't mean you must stop exercising, but it does mean you should seek medical advice for how to avoid or control EIA.

People with asthma are particularly sensitive to medications. Some drugs provide you with relief from your asthma while others can actually provoke an attack. Some common offenders are aspirin and drugs that contain aspirin. Other drugs such as heart medications should be avoided by people with asthma. Always check with your health care provider.

Treating and controlling asthma can be accomplished by a team effort between patients and their health care providers. Together a plan can be mapped out and adjusted as needed. This plan might include how to measure your ability to breathe effectively using a peak flow meter, how to avoid triggers, allergy testing and medications.

Our nursing and medical staff are knowledgeable and experienced about asthma management. We have a nebulizer available for use in acute asthma attacks and a pulse oximeter to measure oxygen concentration. Medications will be prescribed as needed and follow-up or referral care when necessary. Information and educational brochures are also available.



FIVE STEPS TO A SAFER SEX LIFE!

by Karen Gabriel

1. Use a condom every time!

Condoms offer the best protection against sexually transmitted diseases (STD's) for people having sexual intercourse.

2. Talk with your partners before having sex.

Partners should care about each other. Be open. Let your partner know your health concerns and sexual health history. Encourage your partner to be open too. Be direct and be persistent.

3. Keep medically fit.

Have a checkup for STD's every year. Eat well, get enough rest and limit your use of alcohol, tobacco and other drugs.

4. If you think you or your partner has a STD...

See a clinician for testing. Find out if your partner(s) need to be checked also. Use all medication that is prescribed. Do not have sex until your infection is under control; your clinician will tell you when it's okay to resume sexual activity.

5. Stay in charge.

Alcohol and other drugs weaken good judgment and self-control. Don't let them control you.

Health Services offers STD testing, diagnosis and treatment. Condoms are available to students at no charge. Be smart and use "condom sense" when engaging in sexual relations, but remember that abstinence is the only sure way to avoid contracting an STD or HIV.

RESULTS FROM CORE DRUG AND ALCOHOL SURVEY

by Barbara Jones

Over 500 Delhi students completed the self-report CORE Drug and Alcohol Survey in Fall of 1992 and in the Spring of 1994. Here are some of the positive results:

*44% of Delhi students reported never having used tobacco. (A 4% increase from 1992).

*87% of Delhi students reported never having used cocaine.

*Almost 10% of Delhi Students reported never using alcohol. (A slight increase from 1992).

*11% of students reported being actively involved in efforts to prevent drug and alcohol use problems on Delhi's campus. (A significant 5% increase from 1992).

*65% of students reported that the campus has a drug and alcohol prevention program (a 100% increase from 1992).

*21% of Delhi students indicated that they would prefer that alcohol not be available at parties and 60% of Delhi students indicated that they would rather that drugs not be available.

On A More Somber Note

*40% of Delhi students reported

that they had a parent with an alcohol or drug problem.

*64% of Delhi students report binge drinking (had 5 or more drinks at a sitting in the previous two weeks).

*64% of Delhi students reported some form of public misconduct, such as trouble with police, fighting/argument, DWI, taken sexual advantage of another, at least once during the past year as a result of drinking or drug use.

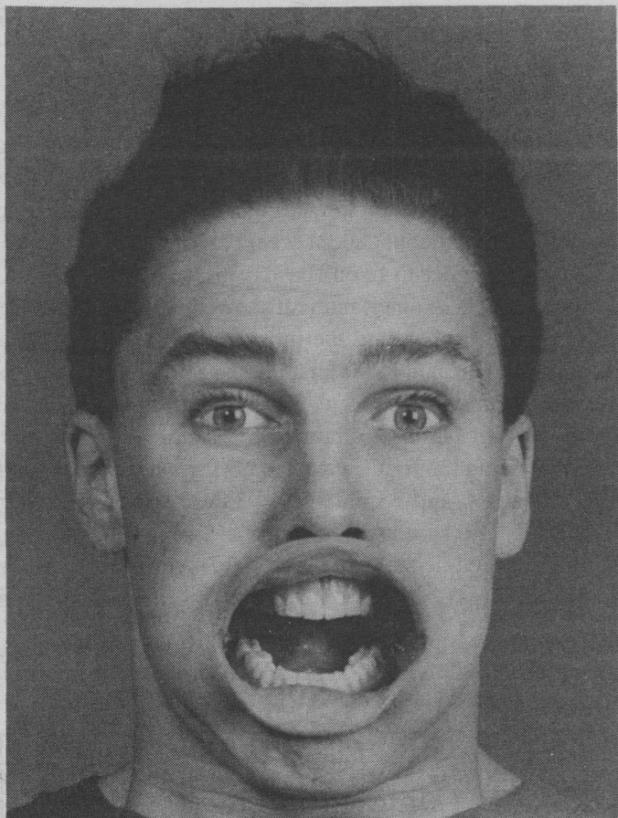
*57% of Delhi students reported experiencing some type of serious personal problem (suicidal thought, been hurt or injured, or tried unsuccessfully to stop using).

*42% of Delhi students reported performing poorly in a test or important project as a consequence of their alcohol and drug use.

Students who are concerned about their own alcohol or drug use or someone else's, should consider making an appointment with a counselor. Referral is available for specialized alcohol and drug services. Also, AA meets weekly on Thursday evenings from 7-8 pm in Foreman Hall.

Poet Gives Powerful Performance

By Wanda Callagy



On Wednesday, November 8th, poet Jim Daniels performed for an audience of over 70 at the Hospitality Center. Daniels gave a low-keyed but powerful performance. Most impressive was the range of emotions which were expressed in the poems he read. The poems were funny, sad, angry, and tender. He presented close to thirty poems in his one-hour reading.

"My goal is to expand the audience's viewpoint with poetry that they can connect to their lives—I think it is much more approachable than lofty language which is often a misconception that poetry must always be," Daniels said. "I take pleasure in surprising people."

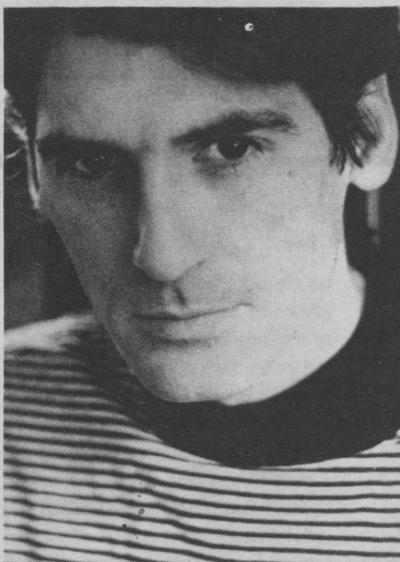
Many of Daniels' poems are about how menial jobs deaden the spirit. But, in some of the most powerful poems he read, people are able to transcend the circumstances of their jobs, if just for a moment. In "May's Poem," a short order cook lifts up one of the waitresses and twirls her in the air. The waitress is heavy, and the cook has to put her down, just as the manager calls for an end to the break. The cook then thinks about the poems he wants to write about this: "My poem would have no

manager/no end to breaks./ My poem would have made her lighter./My poem would have never put her down."

Daniels said that often he will be driving, and a memory will trigger and he will stop to jot down a quick note. "I have folders full of poems unfinished, or that I want to rework and expand on," said Daniels. "I have lots of poems in the works, and I like to get out and read to get the direct feedback."

Daniels also read poems about adolescence, family relationships, and the rising violence in our cities. Set in places where poems do not usually originate—a White Castle, a K-Mart, the Motor City Speedway—his language and images resonate and deepen long after you have finished hearing or reading them.

This event was funded by Poets & Writers, Inc. through a major grant that was received from the Lila Wallace-Reader's Digest Fund. Funds were also provided by the Literature Program of the New York State Council on the Arts, as well as campus sponsors Phi Theta Kappa, the Diversity Task Force and the Student Programming Board.



PTK's ANGEL TREE

On Sunday, November 26, Phi Theta Kappa (PTK) erected its Angel Tree. This annual event is one of the first indications of the celebration of Christmas on campus. It is located in Sanford Hall just outside the campus store. In the photo you can see that the "Angels" are gone. The handmade Angel ornaments each contain a brief description of a needy child. Names are omitted, but age, sex, and any special needs are written on the back.

In the past, it has only been a matter of hours till the "Angels" are gone. This year was no exception. People on campus passing the tree on time (that is, before they were all gone), could select an angel and sign up at the nearby table. Then a gift can be

purchased to give each child. A few restrictions apply, like no food products, or guns, or clothes (except mittens), and a cost not to exceed \$10.00. The gift is brought back with the angel (wrapping is optional), and soon distributed to the children.

Shortly before campus closes for the holiday break, the tree itself will be given to a needy family somewhere in the area and just that much more joy is spread out to the community. This project has been very successful in the past, and has many "repeat" patrons. The event is eagerly anticipated by many, and is just one more form of the "giving" spirit shown by people on Delhi's campus.

Top Ten

TOP TEN REASONS WHY THERE PROBABLY WON'T BE A TOP TEN LIST IN THIS YEAR'S CAMPUS VOICE

10 PRESIDENT DUNCAN PROMISED US ALL STATE CARS IF WE'RE GOOD BOYS AND GIRLS

9 TOP TEN LIST CITED BY SUNY TRUSTEES AS #1 REASON TO CLOSE DELHI COLLEGE

8 MOUNTAIN OF CITATIONS FROM DIVERSITY TASK FORCE FOR POLITICAL INCORRECTNESS

7 BUDGET FOR TOP TEN SLASHED 90% (SO WHO WANTS TO READ A TOP ONE LIST?)

6 RECENT STUDIES SHOW CORRELATION BETWEEN READING TOP TEN LIST AND WORSHIPPING SATAN

5 HEALTH CENTER HAS THREATENED TO CUT OFF OUR SUPPLY OF PROZAC

4 BAD JOKES AND GOOD LOOKS WILL ONLY TAKE YOU SO FAR

3 FRANKLY, WE HAVE NO SENSE OF HUMOR

2 THERE'S REALLY NO ONE LEFT TO PISS OFF

1 LETTERMAN'S LAWYERS ARE ALL OVER OUR ASS

SPB BOOKS HOT NEW COMEDIAN

The folks at the Student Programming Board pride themselves on knowing good comedy. Just take a look at some of the now famous comedians who have played at Delhi over the past few years, and where they have gone on to, and you'll realize that the Delhi College Student Programming Board takes their comedy very seriously. SPB proudly lists comedy superstar Carrot Top, Saturday Night Live's Jay Mohr and Jim Breuer, E Network host John Henson, HBO's Dave Chappelle, and Comedy Central's Jeff Ross as a small sample of some of the up-and-comers who have paid a part of their dues in the Farrell Hall Coffeehouse on their way to national exposure and stardom. About six months ago SPB members were told about a rising new comedy star who has been tearing up audiences at comedy clubs in the South with an act that was said to be best described as indescribable. Considering that the source of this tip was none

other than Linda Greenberg, manager of Carrot Top, SPB members decided to look into booking Heath Hyche to make an appearance in Delhi. Heath's show is best described as a one-man comedy sketch show which consists of theatre, props and a variety of off-the-wall characters including Spartacus Dingle Burger, Reverend Jonah Dean Calhoun and his choir, and Future Melvis, the grandson of Elvis. In case you haven't guessed, Heath is not an ordinary comedian!! On Monday, January 29, 1996 at 8 PM, SPB will kick off the Spring Semester Comedy Series in the Farrell Hall Coffeehouse with "The World According to Heath." This will be your chance to see Heath Hyche in the very intimate setting of the Farrell Hall Coffeehouse so that you'll be able to tell all of your friends that you really did see this guy in person before he became a really big star. And you've got the SPB guarantee on this one.....



A DAY IN THE LIFE OF AN ALTERNATE SENATOR!

By Becky Hilts

Almost every student I know is too busy to be a Senator for the Student Senate. We all have crazy schedules, extracurricular activities, part-time jobs, and in some cases children and families to attend to.

But some of us have found ourselves in the role of Senator, or as in my case, alternate Senator. Now, it really is an honor to hold this position; student government is nothing to sneeze at. Just think how it will spice up your resume'.

What about the headaches, though? This IS my first experience with student government, so maybe I'm ignorant in this re-

gard—but, are people really saying anything? Yes, I know there is a lot of talking, shouting, and insult-slinging going on...but everything is happening so fast, I hardly catch one "issue" before another is thrown at me.

A friend of mine, let's call him Dick Winston (because he said I could mention his name), was telling me that he can't write fast enough to accurately keep notes at any of the meetings. I told him not to feel bad, I know shorthand and it still wouldn't do me any good because I can't listen that fast.

You know, I can't help but

compare the last meeting I attended to the way my eight-year-old twins try to bring me into some of their disagreements. "She started it!" "No, she did!" "But, she called me stupid!" I don't care who started it, I just want them to work it out and act their age.

Like I said, I'm new at this. Maybe this is the way it is supposed to happen in student politics. I would like to know your feelings about this; I would welcome your opinions.

In the meantime, Senators and officers: I don't care who started it, just work it out and act your age!

SPB ANNOUNCES MORE COMEDY SIGNINGS

Spring Semester 1996 promises to feature more strong comedy on campus, according to Student Programming Board sources. Fall semester saw large crowds at all comedy presentations, and the just about weekly Coffeehouse shows are becoming the place to go on Tuesday nights on campus. After a trip to the NACA entertainment showcase in Lancaster, Pennsylvania in October, and the most recent tapings on Russell Simmond's Def Jam in Manhattan, the Spring Comedy schedule has begun to take shape. Included already are Canada's Ian Bagg, Def Jam's Leighann Lord, Richie V. (who holds the honor of being the first Caucasian performer to appear on Def Jam), Maijah, and recent David Letterman veteran Greer Barnes. Be sure and look for the Spring Semester Entertainment Schedule that will be available when you return from Christmas break. SPB promises a lot more laughs to come.

Answers to Super Crossword

SAT		PUNT		SCUD		CEDAR
CREW		GENOA		HANA		ALINE
ONTO		ARCED		ERIS		VISTA
FIRE		DRILL		EARTH		MOTHER
FEASIBLE				MIRO		BORE
		NOS		MIDST		OUT
BLAZE				DELE		PAT
						EERO
WATER		COOLER				AIR
AVON		RANT				SLED
						VOILE
NIN		SOT				QUIET
						SET
ANEMIC				TOURNEY		PREFAB
				AXE		ARIES
						DES
START				DRED		BREA
						AURA
EARTH		WORM				FIRE
						CRACKER
EMMY				AMY		IVAN
						MEESE
KEY				SSE		WANTED
						JAB
				SONS		ISIS
						REHEARSE
AIR		MA		TRESS		WATER
						BOMB
BREAK				IONE		RENTA
						EROS
AMAZE				CBER		URGED
						TETE
TAPED				SERT		NEED
						MEN

Wanted!!!

Individuals, Student Organizations and Small Groups
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Earn MONEY and FREE TRIPS.
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INTER-CAMPUS PROGRAMS

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The Thirtieth Annual

Interfaith Candlelight Celebration

Tuesday, December 12, 1995

8:00 p.m.

Farrell Hall Coffeehouse

Sponsored by DEAC



"LIFE BEYOND SCHOOL" A PLANNING GUIDE FOR COLLEGE STUDENTS AND RECENT GRADUATES

The future looks great for today's college students. The Department of Labor reports that the number of young adults graduated from college each year is nearly half the number graduated in the 1970's. The DOL also reports that 97% of the new jobs being created, require some college, and 57% require at least a four year degree.

Young people who learn what they want early in life, have the greatest chance of success. *Life Beyond School*

has been written to aid college students and especially the 1.3 million who graduate each year, to plan for successful futures. The book assists students in defining their life's goals and how to achieve them. They will learn more about themselves, their motivations, and desires. They will explore career alternatives, including careers that are projected to register the biggest growth from now to the year 2005. They will learn to develop a winning attitude,

persevere through life's setbacks and succeed.

The first printing is a hard bound edition, 273 pages, which is available for \$21.95. *Life Beyond School* will be published on December 15, 1995. Pre-publication copies are now available from Makani Kai Publishing Ltd., P.O. Box 2803, Littleton, CO, 80161-2803. To order toll-free, call (800) 995-0062, or contact: Donald R. Pollock, (808) 834-3108.

**JOIN
CAMPUS VOICE
AND
LET YOUR VOICE
BE
HEARD!**

The Chopping Block

by Philomena Corradeno

Here are two more cookies to add to your Christmas baking session. The first brings together two favorites: chocolate and peanut butter. A layer of peanut butter dough is sandwiched between two chocolate shortbread layers. Chopped crunchy Texas peanuts are pressed into the top layer. This is baked in a sheet, then cut into bars. Easy.

The Crackle-Top Cookies can be done a week in advance and stored in a wax paper-lined airtight container. Or, they may be baked earlier and frozen. The combination of brown sugar, cinnamon, chocolate and nuts is irresistible.

CHOCOLATE PEANUT BUTTER SHORTBREAD BARS

Chocolate Shortbread:
1 cup butter, softened
3/4 cup sugar
1/3 cup unsweetened cocoa
1 teaspoon pure vanilla extract
2 cups flour
Preheat oven to 300F.
In bowl, cream together butter, sugar, cocoa and vanilla. Mix in flour until smooth. Set aside.

Peanut Butter Layer:
1 cup butter, softened
1 cup sugar
1/4 cup crunchy peanut butter
1 egg yolk
1 teaspoon pure vanilla extract
1 1/3 cups flour
1 cup rolled oats

Cream together butter, sugar and peanut butter. Add egg yolk and vanilla. Mix in flour and oats. Set aside.

Topping: 1/2 cup chopped dry-roasted peanuts.

Grease a 9x13-inch baking dish. Pat half of the chocolate

shortbread dough into pan. This will be a thin layer. Spread all peanut butter dough over chocolate layer. Carefully pat in an even layer the remaining chocolate shortbread dough over peanut butter layer to cover completely. Gently pat chopped peanuts into shortbread batter.

Bake about 1 hour, checking after 45 minutes. Shortbread will be done when sides look dry. Cut into bars while still hot. Let shortbread cool before removing from pan. Makes about 32 bars.

CRACKLE-TOP COOKIES

1 3/4 cups unsifted all-purpose flour
2 teaspoons double-acting baking powder
1 teaspoon cinnamon
3/4 teaspoon salt
1/2 cup vegetable shortening
1 2/3 cups firmly packed brown sugar
2 eggs
1 teaspoon vanilla
2 squares unsweetened chocolate, melted
1/3 cup milk
2/3 cup chopped nuts
Confectioners' sugar

Mix flour with baking powder, cinnamon and salt; set aside. Cream shortening. Gradually beat in sugar and continue beating until light and fluffy. Beat in eggs and vanilla. Stir in melted chocolate. Add flour mixture alternately with milk, beating after each addition until smooth. Stir in nuts. Chill until firm, 2 to 3 hours. Shape into 1-inch balls and roll in confectioners' sugar. Bake on greased baking sheets in preheated 350F. oven 20 minutes. Cool on racks. Store in airtight containers. Makes about 5 dozen cookies.

ALL MY CHILDREN

Anita assumed the note from her secret admirer came from a taunting Louie. Dr. Kinder told Erica about his past with Liza. Adam warned Liza to get the station's ratings up. Taylor, Noah, and Mateo saved Julia from Louie's advances. Gloria told Dimitri she'll spy on Kinder. Charlie proposed to Cecily. After Louie's surprise appearance on "The Cutting Edge," he charged Noah with assault. An argument between Tad and Liza turned passionate. Wait To See: Erica faces a difficult choice.

ANOTHER WORLD

Gabe booked Grant as an accessory after he admitted knowing Justine had been at the convent in Canada. Donna was stunned by her jealous reaction to seeing Michael sharing an intimate talk with a woman doctor. Carl came unglued after learning Justine was still alive. While Grant, Carl, and Rachel searched for Justine and Vicky, Justine trapped Vicky, Stephen, and Kirkland in a hospital elevator. Courtney dropped assault charges against her abusive boyfriend. Sharlene told Frankie she suspected John was having an affair. Wait To See: Justine senses triumph.

AS THE WORLD TURNS

Scott was protective of Rosanna when she came to the hospital after the car accident with Carly. Carly was stung when Mike said he planned to save Rosanna, not her. Jeremy agreed to help Nikki reunite Hal and Barbara. Hal and Margo were suspicious of Carly's claim of being mugged when they learned she had been carrying \$100,000. Lily was shocked by Damian's announcement. Wait To See: Kirk has a surprise for Sam.

BOLD AND THE BEAUTIFUL

After consulting with Connor, Michael told Eric about Sally stealing Forrester designs. Eric decided to "charm" the facts out of Sally by taking her out for a night on the town. Sheila was beaten by fellow inmates, and later reacted furiously when told Stephanie and Lauren had

her parole hearing canceled. Stephanie cried when she saw Eric and Sally dancing together. When Taylor later berated Eric for his insensitivity toward Stephanie, he said she's really reacting out of her own feelings for him. Wait To See: Sheila finds a way out of her dilemma.

THE CITY

Zoey lashed into Richard after overhearing his deal with Sydney to get his job back. Sydney heard Nick play his guitar and ordered Samuel to drop him a \$100 bill. Tony showed the power of the Soleito name when goons revisited Buck's bar to shake things up. Angie let Jacob believe Kayla's arrangement is only temporary. When Alex said he and Ava had split, Tony suggested he launch his private investigation venture in New York. Wait To See: Sydney faces her feelings about Nick.

DAYS OF OUR LIVES

Tony accused John of shooting him, and even Kristen began to believe it when he was nowhere to be found. Stefano had a memory of the lady in white, and it included John. Jude, his lust for Hope fueled by his anger at what he overheard her say about him, captured her and threatened her sexually. Lucas alerted Sami to Austin's plan to comfort Carrie over the news about the shooting. Meanwhile, as Tony lay close to death, he realized he had forgotten an important part of his plan. Wait To See: Lexi makes plans that alarm Celeste.

GENERAL HOSPITAL

Lucy was about to make up with Kevin, but decided to see Damian again. Luke gave Mac Garcia's information linking Sonny and Damian. Katherine was afraid Damian might learn she squealed on him. Stone and Robin spent a gentle last moment together. Emily questioned the morality of Edward getting A.J. out of trouble over his drunk driving arrest. Kevin broke in on Lucy and Damian. Jon Hanley thanked Robin for having Stone's memorial on WORLD AIDS DAY. Wait To See: A new problem for

Luke and Laura?

GUIDING LIGHT

Springfield turned out for Cutter's funeral. Dinah hired Hart (whom she thinks is a P.I.) to find Cutter's killer. Griffin tried to create a media event over Marcus' situation, but Gilly refused his bid to portray Springfield as a racist town. Annie invited Rick to her wedding to Josh. Leo told Roger he has no more money. Reva went to see her children at the carousel one last time and ran into Hawk. After learning the truth about Peter, a furious Hart turned up at Roger's door. Wait To See: Marian (Brent) becomes dangerously frantic.

ONE LIFE TO LIVE

Hank cited a mountain of evidence against Andy during his summation, but Nora contended that Andy had been set up. Viki vowed to learn the truth about her father. The Irish police told Blair Todd was presumed dead. Meanwhile, Patrick used Todd's passport to get through customs, but unwittingly left Todd's briefcase behind. Marty was stunned to find him on her doorstep. While Asa planned to leave for Ireland for reasons of his own, Blair was also planning to fly there to search for Todd. After the verdict, Dylan told Andy not to give up hope. Wait To See: Surprises await both Asa and Blair.

YOUNG AND THE RESTLESS

After testimony by Matt, Sharon, Nick, and Drake, the case went to the jury for deliberation. Both Nina and Victoria had their doubts about Ryan taking a job with Jill. Dru turned up for a confrontation with Keesha after she hung up on Stan. Rick was sure he could win Ashley for himself but to his surprise, found her acting like a happily married woman with Blade. Danny told Paul that he intended to win back Christine's love after he's divorced from Phyllis. Phyllis, meanwhile, decided to use her new friendship with Peter to make Danny jealous. Wait To See: Phyllis could trip over a new complication.

Soap Updates



"Number 3, step forward and say 'I recommend the veal.'"



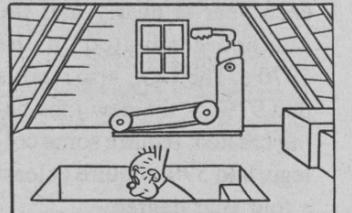
"Then the travel agent suggested a nice little bed-and-breakfast inn."



"Dr. Jekyll and Mr. Hyde are here for their appointment."



"This must be good wine! I can't even pronounce its name."



Super Crossword

- ACROSS
- 1 H.S. exam
- 4 Propel with a pole
- 8 Unguided missile
- 12 Fragrant wood
- 17 Ship's personnel
- 19 Salami city
- 20 Mandlikova of tennis
- 21 Garment shape
- 22 Aware of
- 23 Shaped like a bow
- 24 Goddess of discord
- 25 Panorama
- 26 Safety practice
- 28 Fertility figure
- 30 Realistic
- 31 Spanish surrealist
- 32 Anesthetize an audience
- 33 Figs.
- 34 Thick of things
- 35 Not at home
- 36 Hog's honey
- 39 Conflagration
- 43 Take-out order?
- 44 Bit of butter
- 45 Mr. Saarinen
- 46 Office fixture
- 49 Pneumatic tool
- 51 Bard's river
- 52 Be bombastic
- 53 "Citizen Kane" prop
- 54 Lightweight fabric
- 55 Diarist Anais
- 56 Tippler
- 57 "Shh!"
- 59 Television console
- 60 Listless
- 62 Knight game?
- 64 Ready to assemble
- 68 Bunyan's whacker
- 69 Sign of spring?
- 70 English comic
- 71 "— Abner"
- 72 Get down to business
- 75 Slave Scott
- 76 La — Tar Pits
- 78 Ambiance
- 79 Garden wiggler
- 81 Fourth of July staple
- 84 TV award
- 85 Novelist Tan
- 86 Director
- Reitman
- 87 Reagan Attorney General
- 88 Essential
- 89 Compass pt.
- 90 Faded away
- 92 Pugilistic poke
- 94 MacMurray's trio
- 95 Memphis deity
- 96 Prepare, in a way
- 101 Camper's equipment
- 105 Prankster's weapon
- 106 Shatter
- 107 Actress Skye
- 108 Oscar de la
- 109 Desire deified
- 110 Stun
- 111 "Good buddy"
- 112 Incited
- 113 Nantes noggin
- 114 Sealed
- 115 RCA Building muralist
- 116 Require
- 117 Game pieces
- DOWN
- 1 Ridicule
- 2 Schwarz-egger, to
- 3 Neon —
- 4 Problems for Pauline
- 5 Quitter's cry
- 6 Christmas carol
- 7 Lincoln son
- 8 Pruning tool
- 9 Harvey's nosh
- 10 Textbook heading
- 11 Instrument panel
- 12 Frolic
- 13 The chosen few
- 14 Service member?
- 15 Up-front money
- 16 "— Window"
- 18 Troubles
- 19 "Ninotchka" star
- 27 Alice's restaurant?
- 28 Quilt filler
- 29 River feature
- 31 5,280 feet
- 34 Dissolve
- 36 Big rig
- 37 City on the Oka
- 38 Sported
- 39 African bigwig
- 40 Actress Linda
- 41 Make amends
- 42 Buddhist movement
- 43 Singer McLean
- 44 Holiness
- 45 Act badly?
- 47 Leroy Brown's creator
- 48 Cereal grain
- 49 Nautical adverb
- 50 Maintains
- 53 Deadly septet
- 56 Fractional amount
- 57 Piccadilly pound
- 58 Mary of "Where Eagles Dare"
- 59 "Aida" prop
- 61 Ernest Borgnine film
- 62 Hang around
- 63 Utah city
- 65 Stroke of luck
- 66 Buenos —
- 67 What trumpets do
- 70 Winter mo.
- 72 Pursue
- 73 Like Gentle Ben
- 74 Host
- 75 Towels and tablecloths
- 76 Actor Pitt
- 77 Stimp's pal
- 78 Mr. Lucky's card
- 80 Common contraction
- 81 Dramatic ending
- 82 Currier's partner
- 83 "Waves of grain" color
- 89 Drenched
- 90 Frank
- 91 State strongly
- 92 Went by SST
- 93 In the lead
- 94 Urban atmosphere
- 96 From here to eternity?
- 97 Help a hood
- 98 Composer Ned
- 99 Smacked a Philistine
- 100 "Barnaby Jones" actor
- 101 Blind as —
- 102 Role for Shirley
- 103 Harvest
- 104 Dressing gown
- 105 "— No Angels"
- 108 Stocking mishap

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Top 10 Movies

1. Ace Ventura II
starring Jim Carrey
2. Get Shorty
John Travolta
3. Copycat
Holly Hunter
4. Home for the Holidays
Anne Bancroft
5. Powder
Sean Patrick Flannery
6. Seven
Brad Pitt
7. Now and Then
Rosie O'Donnell
8. Vampire in Brooklyn
Eddie Murphy
9. Fair Game
Cindy Crawford
10. Gold Diggers:
The Secret of
Bear Mountain
Anna Chlumsky

"SIT VOLLEYBALL" A ROUSING SUCCESS

By Becky Wood

Wednesday, November 15 saw the introduction of "Sit Volleyball" to the wide world of sports. The game was designed by Park and Recreation major Molly Maine, herself a single amputee, to be played by handicapped people seated on the floor of the gym. This project is a part of her Park and Recreation program and was supervised by her instructor, Thomas Ostrom, who also played on one of the teams. Molly's general program objectives are "to make participants and spectators aware of the fact that anyone can participate in this activity on an equal level, regardless of disability, and to encourage team cooperation on the basis of this equality, and,

above all, to have fun!"

Besides Professor Ostrom, other faculty and staff who joined in the fun were Janet Schwengber, Math/Science; Thomas Newcomer, Pat Judd and Carolyn Choate, Allied Health and Recreation Services; Jody Fiorini, Sue Ellis, Lorelle Phillips, Ginny Wilcox, and Leslie Mokay, Academic Success Center; Dick Cardoza, Administration; and Bob Backus and Nancy Estabrook, Athletics. The student team consisted of Molly Maine, Mike Erway, Anthony Fino, Jason Etheridge, Angie Conklin, and Becky Wood.

The game is played much along the same lines as regulation volleyball, with some modifications for the handicapped. The net is lowered to

accommodate the seated position, and one thigh must always be on the floor when the ball is in play. The serve position is the front right corner instead of the rear, and a beachball is used instead of the regulation volleyball, which makes the game lots of fun! The voice of experience suggests wearing a couple of extra layers of clothing over the "area of play"; this might prevent the resulting ecchymosis of the ischeal tuberosities (better known as "black and blue butt-cheek syndrome").

Anthony Fino proved to be the MVP for the student team, making more than his share of points and volleys, "butt" Coach Backus gets the recognition for his "expert" serving technique. In the end, it was

"bottoms up" to both teams. In spite of being outnumbered by staff, the student team was victorious in both games! On top of all the fun, and not to mention beneficial exercise, when the game finally "bottomed out," the gym floor was clean.

Everyone who played received a reward, compliments of Johnson's World-Wide Camping, and a certificate of appreciation. Molly hopes to eventually form a league and play on a regular basis, an idea that met with enthusiasm from all sides. This project counts as thirty-five percent of her grade, and from the response of all who played or watched, she sure deserves an A!



Sports Quiz

by Larry Duncan

1. Who was the first Australian aboriginal to compete in international tennis?
2. How many players are there on a cricket side?
3. What three countries were not invited to participate in the 1948 Summer Games?
4. What point is scored immediately after deuce in tennis?
5. What professional sport was played by the Providence Steamrollers and the Canton Bulldogs?
6. What sport is played on the largest field?
7. Who was the first African American to be head coach of a major league pro sports team?
8. How high is the crossbar on a football goal post?

Sports Quiz Answers
1. Evonne Goolagong; 2. 11; 3. Germany, Italy and Japan; 4. polo; 5. football; 6. polo; 7. Bill Russell; 8. 10 feet

DECEMBER

Campus Paperback Bestsellers

1. **The Calvin And Hobbes Tenth Anniversary Book**, by Bill Watterson. (Andrews & McMeel, \$14.95.) Cartoons.
2. **The Stone Diaries**, by Carol Shields. (Penguin, \$10.95.) A woman's life from childhood through old age.
3. **Don't Stand Too Close To A Naked Man**, by Tim Allen. (Hyperion, \$5.99.) Meditations on life.
4. **Snow Falling On Cedars**, by David Guterson. (Vintage, \$12.00.) A trial leads to memories of Japanese-American internment.
5. **The Anatomy Coloring Book**, by Wynn Kapit and Lawrence M. Elson. (HarperCollins, \$16.00.) An easy way to learn about anatomy.
6. **Chicken Soup For The Soul**, by Jack Canfield and Mark Victor Hansen. (Health Communications, \$12.00.) Stories for heart & spirit.
7. **Dark Rivers Of The Heart**, by Dean Koontz. (Ballantine, \$7.99.) A couple flees from a powerful Government agency.
8. **The Hot Zone**, by Richard Preston. (Anchor/Doubleday, \$6.99.) Combating a deadly virus.
9. **The Seven Habits Of Highly Effective People**, by Stephen R. Covey. (Fireside, \$12.00.) Guide to personal fulfillment.
10. **How To Make An American Quilt**, by Whitney Otto. (Ballantine \$6.99.) Reminiscences of a quilting circle in a small town.

Compiled by The Chronicle of Higher Education from information supplied by college stores throughout the country, October 15, 1995.

New & Recommended

A personal selection: Rita Chelso, Bucknell Univ. Store, Lewisburg, PA

- Hidden Jewel**, by V.C. Andrews. (Pocket, \$6.99) The eagerly awaited fourth novel in the thrilling Landry family series.
- Help Wanted Angell**, by Annette Broadrick, Christine Rimmer and Justine Davis. (Silhouette, \$5.99.) A delightful collection of three stories featuring the ever-popular theme of angels and romance.
- No More Frogs To Kiss**, by Joline Godfrey. (HarperBusiness, \$12.00.) A practical and inspirational guide for helping the girls of today become the economically empowered women of tomorrow.

ASSOCIATION OF AMERICAN PUBLISHERS/NATIONAL ASSOCIATION OF COLLEGE STORES

Trivia Test

by Linda Luckhurst

1. Early Television: How much money did Jack Benny win on "The \$64,000 Question"?
2. Politics: What is known as the innermost sanctuary of American power?
3. The Bible: Which psalm begins, "The Lord is my shepherd..."?
4. The Final Frontier: What was the first man-made satellite launched into orbit?
5. Notorious: What was the nickname of Dillinger gang member, George Nelson?
6. Countries of the World: Where is the Wailing Wall?
7. Myths and Legends: Whose task was it to steal the girdle of the Amazon queen Hippolyte?
8. Yuck!: What is snuff composed of?

Trivia Test Answers
1. \$64; 2. the Oval Office; 3. Psalm 23; 4. Sputnik I; 5. Baby Face; 6. Jerusalem; 7. Hercules; 8. pulverized tobacco

SPORTS

BRONCO CHEERLEADERS



Caught in a practice session, the Delhi Bronco Cheerleaders prepare for the upcoming Basketball season. Left to right, top: Jennifer Wiegel, and Teru King, back row, Amanda Romahn, Toni Harris, Monique Avecedo, Charla Beasley, Sylvia Whitfield, in front, Diana Chevere, and Carmen Rodriguez.

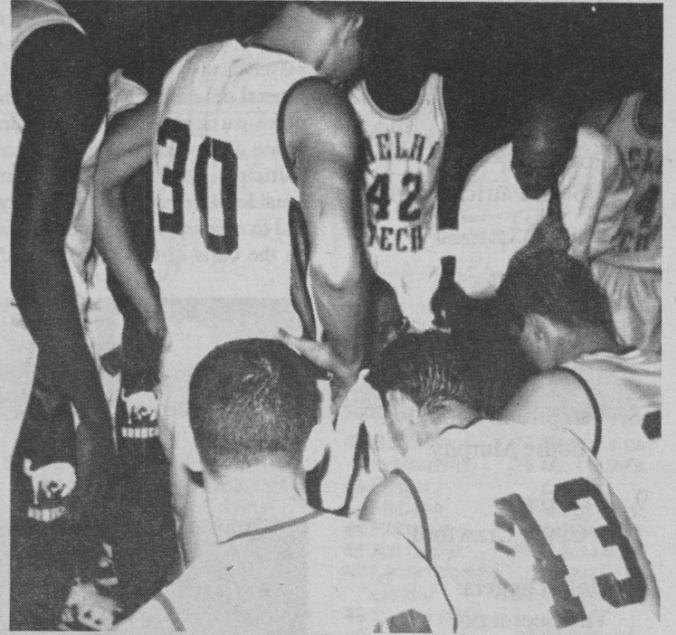
Mens Basketball

Robert Albinski

Listen up sports fans! The Delhi basketball team is back in action and they're ready to put on a show. The team came into this season with a pretty impressive record of 25-9 from last season.

The Bronco's team captains are Jose Zimmerman, a 6 ft. forward and Michael Roche, a 5 ft. 11 in. forward. The rest of the Broncos includes: Dimitrius Simmonds, Jared Donnelly, John Winston, Dennis Doby, Chris Harrison, Robert Sparks, Joseph Triolo, Stanley Brown, Micael Burk, and George Nash.

The team's coach is Mike Rizzi who has been coaching for two years here at Delhi. He also coached four years at Onondaga Community College when they won the NJCAA National Championship. He said, "We have a very difficult schedule and we have quite a few young guys but it looks good toward the end of the year." The team starts off their schedule by playing the 1st, 2nd, and 4th ranked teams in the region. Coach Rizzi's philosophy is simply "To have chemistry between the players and the coaches, to do the best you can, and to play fundamentally sound basketball." Coach Rizzi promises it will be an exciting season and invites all students to come on down and support the team.



In huddle: Coach Rizzi showing team the game plan.

GORDON, MAINE, AND NAGINEY WIN ALL-AMERICA HONORS

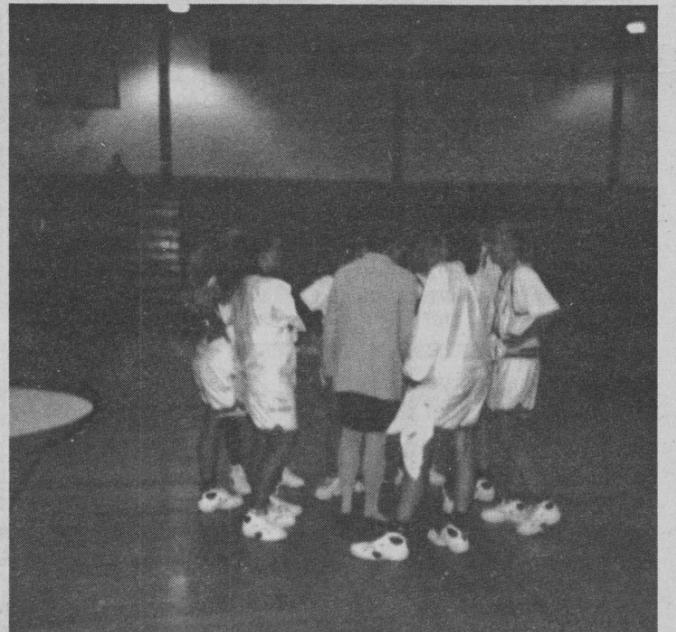
Jocintha Gordon became the first women's cross country champion at SUNY Delhi after winning the NJCAA Division III Meet at Alfred State on Saturday, November 11.

Gordon finished the 3.1-mile course with a time of 21:34.6. She beat Herkimer's Ann Messenger by just under six seconds.

Gordon, who helped Delhi Tech finish fourth overall, and teammate Danni Maine each received All-America honors for finishing in the top 15. Maine clocked a 22:35 to take 10th place.

The Delhi men finished in fifth place in the other meet. Jeremy Naginey was 15th (31:11 over five miles) to also receive All-America honors.

Gloucester won the men's race, while Mohawk Valley took the women's title.



Women's basketball team in huddle.

Women's Basketball

Robert Albinski

The Lady Bronco's are into their season and are off to a rough start. The team has had a tough time but this is only the beginning of the season and they still have a lot of ambition and can definitely turn their season around.

The team this year consists mostly of returning Seniors with two new freshmen. The Lady Bronco's record last season was 7-15. This team has a lot of potential this year and should do very well toward the middle and end of the season.

The team captains are Patricia Tilliotson, center; Angela Ramella, guard; and Theresa Crump, guard. The rest of the team includes: Kristin Mazur, freshman forward; Heather Riel, guard; Quanasia Smalls, guard; Angie Rozanski, guard; and Beth Johnson, freshman forward.

The head coach of the Lady Broncos is Kristen Shearer and her student assistant is Kim Moennich. Coach Shearer had this to say, "We have a really talented team, and once we start playing teams within our conference we will do very well."

The Lady Broncos have a lot of games ahead of them, so come on down and support your favorite girls basketball team.