

Keepsake

By: Cheryl Welch

Over-achieving, seeking, needing, people pleasing.

Hurting, aching, crying, bleeding. Soul is freezing.

Rejection, reflection, self-inspection.

Depression, infection. Fail. Transgression.

Alone and in pain, don't wanna do it again.

Don't complain, abstain, refrain. True to self remain.

Give more than I get, empty. Desolate.

Feeling so low, but ain't nothing yet.

Independent, big girl stuff. Husband. College.

Potential, will have it all, on the ball. Mirage.

Chose wrong twice, men who were not nice.

Looking for love, should have just rolled dice.

Drugs, infidelity. Drugs, futility.

What did this instill in me?

I am fragile, delicate, a sapling. Need nurturing.

I am a babe, growing, learning. Finally maturing.