Stony Brook University Sexology

Q: How would you describe your sex life in one word?

- f***yeah, inadequate
- meaningful, meh, happy
- pretty f***ing awesome, adequate
- supercalifragilisticexpialidocious, happy
- yeahhhhhhhhhhhhhhhhhhhhh, poppin', stagnant, adequate
- burdensome, scheduled, experimental, askew...

Percent of people who have masturbated:

64.3%

35.7%

Do you watch porn?

WIERDEST PLACE ON CAMPUS YOU HAVE HAD SEX

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Staller Attic
Balcony at Javits
Foscammim Laundry Room
Elevator

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Culture Shock: Sex Around the Globe
By DEANNA DEL CIELLO
Staff Writer
Despite a person's cultural background, there are some aspects that transcend a nation's borders: religion, politics, survival and sex. Each culture has its own way of dealing with sex in the media and no two cultures have the same view of sex.

"Sex is vulnerable," said Emily Alcott, a 19-year-old psychology major and an American student. She feels that the American society is open to talking about sex. The Korean culture views sex more as a personal issue.

This difference in culture regarding sex is a culture shock that exchange students experience when they come to America to study. In Lee's culture, sex is a private matter, even kept out of the media.

"When I went to friends' the streets, they talk about sex openly," Lee said. "They have lines like 'No, I won't have sex with you!' But in Korea, there are no lines like that, especially when (she show is) not R-rated." She said that she would not feel comfortable watching sex scenes in Korean TV shows, but sex scenes in American shows, such as a hook-up scene between Rachel Berry and Finn Hudson from 'Glee' is normal.

Alcott said that she does feel pressure in the American media towards sex. "People think we need to be more sexy [than we are]," she said. "We shouldn't need to put as much effort into it.

The pressure from the entertainment media is the same to Lee as it is to Alcott. "I think movies and songs have a key role in that pressure," Lee said. "In movies, sleeping with guys is portrayed like nothing."

However, the idea that having sex is not important does not transcend into reality, according to Lee. "Men talk about, like, having sex with girls proudly ... I don't think women feel free to talk about that issue because they are afraid of being judged by others," Lee said.

Commenting on the fact that there are words in English for women who are promiscuous, Cameron Meiklejohn, a 20-year-old sociology major from the University of Queensland in Australia, said "why is there not a discussion or a term used" for men who are promiscuous.

However, Angelo Cardullo, a 19-year-old environmental studies major and an American student like Alcott, sees that the American media is more focused on excerpting sex than in other cultures.

"In Europe, toplessness is normal and more accepted," Cardullo said about his time spent studying abroad in Italy. "In America, that's taboo.

These cultural differences can be seen outside of the media in the way people interact with each other.

Meiklejohn commented on the difference of "going out" in America compared to Australia.

"Seems like much more of a game," Meiklejohn said. He sees a "much greater level of competitiveness between the guys in terms of scoring the girls which he doesn't really see with [his] friends at the dating force behind hooking up as [Americans] all do."

Lee said she was shocked when she went to an American party and saw people who had just met each other making out. Lee said that looking up in more personal Korea and would not happen often at parties.

According to Meiklejohn, in America, people "go out to have a good time," not to see who they can take home.

In simple manners throughout different cultures alone, one can see the culture's attitude towards sex. Though it is uncommon in America for friends to greet each other intimately, it is a common thing in European cultures for friends to greet each other with a kiss on both cheeks.

This is widely accepted as a friendly greeting in these cultures.

While Meiklejohn spent some time living in Cairo, Egypt, he noticed that men would walk the streets linked arm in arm. "You wouldn't walk with your boyfriend or girlfriend."

"I was like, 'Oh my God, that would never happen in Australia,'" Meiklejohn said. "That level of 'This is my best friend, and I'm willing to display that in such an open way. Anything beyond shaking your friend's hand in Australia is considered going too far ... you don't hug your friend, that's blurring the line of sexuality."

In Korea, it's not the men who walk around affectionately, it's the women. "Women just hold hands as friends," Lee said. "It's one way to interact with each other."

If she saw two women holding hands in America, she would automatically assume that the women were just friends, as she would in Korea.

But, no matter what each person's definitions and opinions of sex is on Valentine's Day, love is in the air. Or, at least, in every store's window display.

Hook-ups. Slip ups and Breakups

"Our relationship was basically over anyway. But instead of handling it maturely, he decided to tell me that the reason he's dumping me was that he was living. Yes, dying. He never told me a legit story that I looked up afterwards. It was in fact a disease that kills. Needless to say, I still see him alive and well on campus today. Occasionally, it's with his new girlfriend."

-Female, 21, Political Science

"He was literally the perfect boyfriend. He was 6'5", tanned and covered in tattoos. He was in a band and even wrote me my own song. The bad thing about dating or breaking up with a musician is that they are very emotional beings. We broke up before going away to college because of distance. It was difficult for us and we missed each other a lot, but I wanted to get over him and he wouldn't let go. I would get constant phone calls of him crying and pleading to get back together. There's breaking up and then there's having to deal with a guy who acts like an emotional child. I had to block him from Facebook and ignore his calls for an entire semester for him to finally get the hint."

-Female, 18, Business

"I hooked up with a girl at her Christmas party, and a week later she asked me out officially. On our first 'date night' we had full out lesbian sex for the first time. I was not used to the intense feeling, so I asked her to stop right in the middle of it all. She thought I was giving her the whole sleeping-with-a-girl thing, so she completely shut down. A day later she texted me, telling me she wanted to talk. She broke up with me, but we continued to hook-up for a year, even when she found a boyfriend. I felt kind of like a dirty mistress, but looking back it was probably worth it. It was still the best sex in my life."

-Female, 19, Biology/Pre-med

"We met at a fraternity party and started dating a few weeks later. We were together, on and off, for almost a year. At first he seemed to be romantic and spontaneous, but later he just became lazy and unmotivated. He never wanted to do much of anything. Most times he wanted to stay in, and on the few occasions when we did go out, he made me pay for everything. Towards the end of the relationship, I had my suspicions that he was cheating on me with other girls. Things hadn't felt right with me after the last time we had had sex, so I made an appointment with my gynecologist. Soon enough, my suspicions were confirmed. He had given me an STD. When I confronted him about it, he wasn't even sorry. We broke up immediately after, and a few months later, when I started seeing guys again, he had the nerve to interject, and even told a really nice guy off once. I was humiliated and insanely angry, and did the only thing I could at the time: I told the entire Facebook world that he was a terrible liar."

-Female, 20, Sociology

"We had been dating for almost two years. I went away to Stony Brook, which is 110 miles away from home. September was okay, October things started to get rocky. In November, everything crashed. Thanksgiving weekend, when we were both at our separate parties (and had done a sufficient amount of drinking) she called me, upset about something or other. We started yelling at each other on the phone, and drunkenly called her one of the few words a girl never wants to be called by her boyfriend. I hung up, and I felt horrible. Trying to avoid an inevitable confrontation. I got on a 4:17 a.m. train from Stony Brook and started the three hour trek home. By the time I got back, no one was awake to pick me up from the train station. I was at least four miles from her place. I ended up walking there. Just to find a 'Let's-Hate-Or-Her-Boyfriend' slumber party. After much convincing on my part, she finally came outside. We talked for at least an hour, and that's how we broke up. A few months later, I found out from a friend at work that she had cheated on me at that party. It had been with a good friend of mine."

-Male, 22, Applied Math and Statistics

Compiled By: Elvira Spektor
STDs at The Brook
At this point in our lives, many of us have become too used to, and even enjoy, talking about our sexual conquests, our number of partners and even our craziest sexual encounters.

But sexually transmitted diseases are very rarely a part of those conversations; They are not something we want to talk about, and while talking over a cup of coffee on a first date. The fact of the matter is, no matter how much we try to ignore the sites of contracting an STD, the risk is there if you're having sex.

According to an e-mail from the student Health Services, Dr. Rachel Bergeson, out of the 24,882 appointments scheduled at the campus health clinic last year, only 393 students submitted themselves to STD screening. According to Bergeson, out of these 393 screenings, 42 students tested positive for an STD – nearly all were chlamydia infections.

While these statistics suggest that the rate of sexually transmitted diseases are low on Stony Brook's campus, according to a survey done out of every four college students will contact an STD, and 50 percent of people will test positive for an STD at one point in their lives. The site also reported that in a study done among college students, more than half of the participants stated that if they could identify a person with an STD just by looking at them. In actuality, most infected people will never experience any symptoms.

The Centers for Disease Control and Prevention reported a national 3 percent increase of five meningococcal meningitis cases in 2009. Of the 1,244,180 cases in the United States, 300,000 of them were gonorrhea cases. Bergeson said that women should be screened for STDs once a year, while men should seek screening if they experience any possible symptoms. If an STD is left untreated for a prolonged period of time, it can lead to infertility,” said Jean Tully, a physician's assistant at Student Health Services.

Tully defined a prolonged period of time as several years. "Many women who experience problems are those who become sexually active in their teens," she said. "They don't get themselves tested and then realize that they can't get pregnant when they're in their late twenties due to fallopian tube scarring." According to the CDC, gonorrhea and the human papillomavirus can be tested for during an annual gynecological checkup. Some tests take as little as 24 hours to have the results returned, while more serious sexually transmitted diseases require blood tests to detect the antibiotics. These tests typically take three to five days to receive the results.

Student Health Services recently began offering the HPV test to the female student body. The technician advises me to sit and, in reality, there's nothing to be embarrassed about and I definitely don't have anything to worry about, either.

After struggling in my typical way when inputting my personal information into the virtual health forms at one of the computer stations, I barely had time to sit myself down on one of the squishy chairs in the waiting room before my name was called. These people rarely show any sign of change your mind and run out the door screaming, because if you're going to chicken out, you might as well do it in style.

I followed a woman who identified herself as Mary into a small room where I was forced to surrender personal information. The number of sexual partners, the date of my last menstrual cycle, is it too late for me to run out the door screaming? I recite the same speech I gave the receptionist the day before. I don't think Mary believes me either, but she doesn't say anything. After I take a breath from Stony Brook Student Journalist explanation, I ask Mary if I only have to take a blood test.

"No, you're actually scheduled for a full gynecological exam," she replies. What? Maybe I should have shaved my legs for this, I thought. However, when a journalist and I need the full experience in order to relay it to you, the reader.

"No, I want a blood test," I tell her.

"Well, you can have one of those, too," says Mary cheerfully, as she leads me to an exam room. As if this isn't awkward enough for me, now I have to do it without pants on. Fantastic.

Physician's assistant Jean Tully greeted me. I don't get if it's because I gave her my "I'm a journalist" monologue or because I'm new to Student Health Services, but she takes a good 20 minutes to explain individual diseases and the harm they pose to the body. Then, she manages to make the rest of my time in that room as emotionally and physically painless as possible.

She tells me that I'll hear back about my chlamydia test within 24 hours and my gonorrhea test results should be available within three days.

I think most students spend more time worrying about getting tested than it actually takes to get the results. Jean tells me. I think she might be right, as I've noticed that I haven't spontaneously contracted from people that I don't feel quite as humiliated as I thought I would.

The next day, I walked back to Student Health Services feeling confident, I thought to myself. I had easily be detected and I definitely don't have anything to worry about, either.

The Scoop on STDs
GI Joe once clearly told us that knowing is half the battle. Now that we're grown up and have discarded our plastic action figures and traded in our Saturday morning cartoons for sleeping late, we find ourselves using his words of wisdom for a new chapter in our lives – our sex lives.

Many of us have come to regard sexually transmitted diseases as if those who contract them are social lepers, but the reality is that the statistics dictate that 50 percent of us will contract an STD within our lifetime. Meanwhile, we are neither educated on exactly how these diseases are transmitted and preventive options there are available.

According to the Centers for Disease Control and Prevention, there are an estimated 19 million new cases of people infected with STDs each year and nearly half of these infections occur among people between the ages of 15-24.

There are dozens of different sexually transmitted diseases but we've decided to give you the lowdown on five of the most commonly contracted STDs:

Chlamydia

Contracted through oral, vaginal or anal sex, untreated Chlamydia can lead to Pelvic Inflammatory Disease in women, which can cause infertility. Nicknamed the silent killer, most people will show no symptoms of the infection. Chlamydia can easily be detected by swabbing the inside of the penis or vagina, and can be cured with the use of antibiotics.

Gonorrhea

Gonorrhea can be contracted through the sharing of bodily fluids, blood, saliva or semen. According to the Centers for Disease Control and Prevention, 40 percent of women with untreated gonorrhea will contract Pelvic Inflammatory disease but the infection can also lead to ectopic pregnancy and infertility. Like chlamydia, gonorrhea can be asymptomatic but some symptoms include discolorated discharge from the penis or vagina and difficulty urinating. Gonorrhea can also be cured with antibiotics.

The Human Papillomavirus (HPV) and Genital Warts

Thirty-three percent of people with an STD are infected with HIV. Depending on the study, it is reported that 50 to 80 percent of all sexually active people will have some type of HPV. While most types are harmless, types six and eight will cause genital warts and types 16 and 18 can cause cervical cancer. The Gardasil vaccine can protect women against types 16 and 18 but not the other six. There is no vaccine for a person already infected with HPV but annual pap smears can help a doctor monitor the virus in women.

Syphilis

Syphilis is contracted through direct contact with a syphilis sore during oral, anal or vaginal sex. Initial symptoms for syphilis may be difficult to detect, as they are sporadic and may not occur quickly, but the first symptom is typically an open sore on the mouth, vagina, penis, or anus. Syphilis can be treated with penicillin, but if it is left untreated, it can damage the brain.

HIV / AIDS

Acquired Immune Deficiency Syndrome (AIDS) can be contracted through the sharing of sexual fluids or blood. First reported in the United States in 1981, AIDS, which develops from Human Immunodeficiency Virus, attacks the helper-T cells in the blood stream which causes the body to become vulnerable to serious diseases. People with AIDS tend to develop rare kinds of respiratory infections and cancers which will eventually lead to death. There are currently treatments for HIV and AIDS patients but there are no known cures.
The bedroom is no longer the only place where sex is important—it is now becoming a dominant theme in the classroom as well, and Stony Brook is no exception to this trend.

You may have heard of Sex and Politics in Italian Cinema, or HU 231, taught by Giovacchino Balducci.

"It's a film course. It's about national cinema and old Italian movies with English subtitles," Balducci said. "The title is called sex and politics in Italian cinema, but basically, it is a history of Italian cinema. The reason why we put "sex and politics" is because these two themes prevail in Italian cinema... we talk about the difference in viewing sexuality."

Balducci pointed out the importance of sexual and political themes in old Italian films and the roles that they played in relating to the audience. The novelty of sex in foreign films was what drew Americans to theaters showcasing them.

However, sexual attitudes across the Atlantic are quite different. In Italy, there are no sexual taboos anymore because there is no censorship and people are comfortable with sexual scenes.

"Turn on a TV in Italy and everyone is often naked... it's a scandal anymore," Balducci said.

Balducci insisted that students who take this course learn many life skills, in addition to film analysis, when watching Italian cinema.

"It's nice to see that kids at this time can go to the movies, be moved by films made in 1948, that these films can still appeal to them," Balducci said. "It gives me satisfaction, because that proves that this is a work of art."

In another popular class in this category, HU 235, or Sex, Love and Tragedy in Early Italian Literature, students study 14th century society, and learn "how people behave with a man and a woman... how sex was considered at the time" according to professor Charles Francois.

"The 14th century is completely different than today... there was a lot of promiscuity, cheating was common at the time," Francois said.

Franco also commented on the growing popularity of these courses, saying that "somehow [students] are attracted to the material."

Sex in the classroom is not only limited to literature or cinema; human sciences also explore this concept in classes like Biology and Human Social and Sexual Behavior, or BIO 358.

As Ashton Kutcher is forced to realize in the movie, it’s impossible to make someone change if they don’t want to. So, suggest something fun and carefree, but don’t let yourself become too upset if they turn you up and say they have an abundance of homework. Many just have the Valentine’s Day jitters and just want to spend the day riding solo.

If you’re single, don’t sweat it. After all, it’s a day just like any other and will be over in 24 hours. That doesn’t mean, however, that you should pass that time waving away in your room with the curtains closed, listening to Barry Manilow and eating discounted CVS chocolates. I’ll be alright. Instead, I suggest spending the day in the company of great friends. Throw an anti-Valentine’s Day party. (Or, if you’re not much of a planner, check under your door for fleets, as I’ve definitely seen at least one fraternity on campus planning an upcoming party.) Watch a few ‘Friends’ episodes, catch up on your journalism homework or buy yourself something nice.

If these ideas just aren’t doing it for you, I’ll bring in an expert. This past Friday, my best friend from Brooklyn visited me, and we spent a lazy evening sitting in Borden, sipping spiked tea with reading British Cosmopolitan magazines. It was there that we met Cosmopolitan’s Sex and Relationship expert, author of the new novel, “Grant Me a Higher Love,” and the Best Long Island relationship expert, author of the new novel, “Grant Me a Higher Love,” and the Best Long Island Psychic of 2011 as proclaimed by the Long Island Press. When I mentioned my column idea for this week, she offered me her advice on the matter.

"Being single on Valentine’s Day gives you so much to celebrate. Be grateful that you’re not in a bad relationship... because then you’ll still have to buy a card. And there’s no card that says, ‘My Relationship Stinks!’ she said.

What does Sansom Braff suggest? "Get yourself a gift. Hang out with your single girlfriends. Get to a positive place. Stand on your own two feet for a while. Heal your own cases. Do some inner homework, and then start preparing for a future relationship. There are a lot of single people out there right now, and that’s good; there’s no place lonelier than being in an unhappy relationship."

If you’re interested in securing a mate right away, this ‘Romance Whisperer’ proposes making a list. "Write a list of your ideal soulmate’s characteristics. And try to be the living embodiment of that. You want someone honest? Be honest. You want someone you can trust? Learn to be trustworthy," Sansom-Braff insists.

Ronald Villano, a charming inspirational speaker and personal counselor was another person my best friend and I had the pleasure of meeting that Saturday evening. The recent author gave me some great advice as well: “Don’t settle for someone who’s not worth your time. And make sure you spend it with somebody. A lot of times there are promises that will never change. His trusted advice? “Be in a relationship with yourself for a while. Make yourself your best friend. Make yourself your Valentine. Wake up and write five things you’re grateful for every morning. I guarantee you’ll be happier. Valentine’s Day can be every day.”

And, if you’re still not convinced, Harvey Aronson and Irene Virag, two lovebirds who teach journalism classes together here at Stony Brook, shared their secrets on how they’ve stayed madly in love for the past 19 years. Having previously been estranged in an editor/reporter kind of relationship, Aronson and Virag fell in love with one another and then fell in love with teaching. “We believe in love. It’s a wonderful feeling. We’ve grateful for you. You can really share your life with someone. And they spend the holiday? ‘He sometimes writes me sweet syrupy poems. Like the ‘roses are red, violets are blue’ kind but with a twist,’ Virag said. ‘He also sends me letters from New York City, he sends me letters from New York City, telling me about life in Manhattan if they have the time, and spend the day happy and in love. ‘Togetherness works for us,’ he explains.

Whether you’re single, flirting or taken, at least the game ‘Angry Birds’ doesn’t discriminate. This past Sunday, they released a new season’s update: the Valentine’s Day Levels. So even if your Valentine is a drag, you’ll always have those feisty birds.
Sex Guru Visits Stony Brook

BY VANESSA OGLE
Staff Writer

Non-Conservative Sex Night with Reid Mihalko was all about unleashing one's inner self — fetishes and all.

The laughter-encouraged event, which was hosted by Stony Brook's Lesbian, Gay, Bisexual, Transgender Alliance, stressed the importance of consent in sexual activity, in addition to discussing other sexual concerns, such as porn and "solo sex."

"You're not a bad person because you're thinking about chasing someone in a panda suit," Mihalko told the audience last Thursday night. "If you're thinking about chasing a panda, on the other hand..."

Senior Zach Knowlton, a history major and member of the LGBTA, thought his talk would be beneficial. "[He covers] things not a lot of sex educators do," Knowlton said.

The black font on the white slides of Mihalko's overhead presentation juxtaposed the rainbow decor spread over a table near the entrance, which offered free condoms and information about HIV testing and counseling.

Through humorous anecdotes, Mihalko gave advice for saving oneself from heartache. "Don't date jerks and don't stick your dick in crazy," he said. "Date your species."

Mihalko also discredited the teachings of health education teachers everywhere. "There's no such thing as safe sex; there's safer sex," he said.

He urged the audience, while lying on his back with his eyes to the ceiling, to have the STD talk with their partners before the situation, which he unabashedly simulated, occurred.

The crowd's active participation allowed the event to stretch past the two hour time slot. Audience members took part in a group breathing session, a question-and-answer period and shared reasons why they came — to the event, that is. At the end of the night, any student who wanted to be part of Mihalko's YouTube demonstration of finger condoms on a cupcake was invited to sit onstage as the guest speaker tended to the white frosting with his hands.

Through humorous anecdotes, Mihalko gave advice for saving oneself from heartache. "Don't date jerks and don't stick your dick in crazy," he said. "Date your species."

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The Art of the Nude Model

BY ABELLE DOHLINGER
Asst. Arts & Entertainment Editor

Growing up, most of us are taught that nudity is inherently bad; that it is completely and absolutely taboo.

Allison Conley, however, believes no such thing.

Conley, a senior at Stony Brook University majoring in digital arts, has been working as a nude model since the summer of 2008, and sees no problem with taking off her clothes.

"I mean, the first 10 minutes I ever did it was a little bit strange," Conley said as she began to describe her modeling experience. "But, after that it's not, it's not weird at all."

Conley began posing nude for art classes in an attempt to improve her own art skills and become more involved within the art community. She said that if she were to see how it felt to pose nude and to become up with creative poses, she would be able to better render the human figure.

According to Conley, who uses figures in her work to bring in emotions, the use of the human figure in a piece of art gives viewers something to relate to; something to identify with.

Jamie Macaulay, a graduate student at Stony Brook's Master's in fine arts program, agrees.

"If somebody shivers, or they blush, we understand the meaning of that in a way that's different than understanding sort of the behavior of an animal," Macaulay said.

Macaulay, who teaches Foundations of Drawing at Stony Brook, teaches his class to draw the human form at the conclusion of the semester because of its complexity.

He says there is a difference between what his students see in pop culture and what they draw in his class.

This then begs the question, "Where is the line between nude art and exploitation of the body?"

You can tell when they're a little bit new because, when you take off your robe, they won't talk to you, it's like a wall goes up," Conley said.

Sophia Dang, a fourth-year Stony Brook student double majoring in studio art and art history, said she felt that way when she first started taking art classes.

"When I first started, I didn't know where to look," Dang said.

But as time progressed, Dang became increasingly comfortable and began to view the human form as simply a group of shapes with differing highlights and tonal values.

Dang said that she no longer feels like she should look away from the nude model standing in front of her, because she no longer focuses on the body as a body. She sees the body as more of an art piece.

"I think the more you do it, the more desensitized you get, and it's not even about the body anymore," Dang said.

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But not all artists feel as comfortable.

"Nudes within art history are often the projection of the ideal nude, which is bound up with something anonymous," Macaulay said.

According to Conley, the "nude" is simply a representation of the male or female figure, while the "naked" is "kind of stripped down and being laid bare and exposed."

"Nudes within art history are often the projection of the ideal nude, which is bound up with somebody anonymous," Macaulay said.

Arina Skylova, a freshman double majoring in studio art and business at Stony Brook, shares Macaulay's opinion, and said that, "Nude art can evoke a sensual feeling, however, it's more an appreciation of the human body."

But not all artists feel as comfortable.

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Allison Conley, Senior, digital arts major

There must be a reason why we consider Picasso's "Blue Nude," a portrait of a woman's back, to be art, while photos of Megan Fox are not used as an example in art classes.

"It has to do with the difference between the nude and the naked," Conley said.

According to Macaulay, the "nude" is a representation of the male or female figure, while the "naked" is "kind of stripped down and being laid bare and exposed.

"Nudes within art history are often the projection of the ideal nude, which is bound up with something anonymous," Macaulay said.

According to Conley, the "nude" is simply a representation of the male or female figure, while the "naked" is "kind of stripped down and being laid bare and exposed."

"Nudes within art history are often the projection of the ideal nude, which is bound up with something anonymous," Macaulay said.

Though she has been desensitized, Macaulay disagrees.

"Drawing from a model, any kind, is always very deeply sensual, but it's not necessarily erotic," Macaulay said.

Conley said that an erotic vibe is not necessarily the defining factor.

"Even if it's obscene, you can always have a poetry or beauty about something. Art doesn't always have to be pretty," Conley said.

Conley said that depictions of the nude can each be interpreted in whichever way their viewers believe them to be. She said that if children are taught that they do not need to be ashamed of their bodies, they will not look at a naked person as a wholly sexual being.

"I think it's peoples' own, if they find it erotic, it's their own perversion," Conley said.
Your Valentine's Day Playlist

By MELISSA HEBBE
Staff Writer

Whether you're practically married or living the single life, there's a song for you this Valentine's Day. Check out our Valentine's Day playlist.

After a romantic night out, you might want to get some smooching in. Music gets you and your loved one in the mood. Songs to get it on to:

"Crash into Me" by Dave Matthews Band
"Who's got their claws in you" by Def Leppard
"It's Valentine's Day, and you're single. Don't let it get you down. Instead celebrate your single life with some of these tunes:

"Telephonic" by Lady Gaga feat. Beyoncé
"Call all you want, but there's no one home and you're not gonna reach my telephone."
"Yeah" by Usher feat. Lil Jon and Ludacris
"Up in the club with my homies, trying get a lil' V-I, but keep it down on the key."

"F*** You" by Cee Lo Green feat. T-Pain
"I guess she's an Xbox and I'm the remote."
"I'm bringing sexy back, the brightest the chilli pepper engulfs in flames."

Students who wish to rate a professor use a numerical system for topics such as textbook use, interest in class and professor helpfulness. Other topics, such as attendance, professor status, teaching and appointment, are only given two options to choose from. In this case, the appearance choice is either "hot" or "not," but is not mandatory for ratings, unlike other choices. In fact, next to the choice of appearance, it says in quotations "Just for fun."

Rick Martin, a senior majoring in anthropology, admitted to providing feedback for the site. When asked if he takes the appearance part of the rating seriously he shook his head saying, "No, it really has nothing to do with the class. It's not important. The professor could look like Frankensteins monster and still be a good guy."

Richard Reeder, a professor of geology, is one of the elite group of pepper-receivers. Reeder said that he feels flattered about the title and never saw it coming.

When asked to share a piece of advice for those professors who did not receive peppers, Reeder said, "As my mountaineering friend once said, there's not much room at the top!"

Though Reeder's students apparently found him to be an attractive member of the male gender, this is not to say that the only appealing aspect of Reeder is his looks. His students also rated him very highly in all categories but also whether they consider the professor as "hot" or "not."

Ratemyprofessors.com is known by students as a helpful guide for when it comes to choosing classes or researching a potential professor. Once a student selects a professor's name, the site will list the overall rated quality, helpfulness, clarity, and easiness of the professor's grading.

Depending on the professor, there may or may not be a red chili pepper beside the other rating.
How Hot Is Stony Brook?

BY MICHAEL KIMMEL AND RACHEL KALISH

Stony Brook University Sociology Professors

Watch any movie or TV show about college life and you'll get the impression that pretty much everyone is having sloppy, drunken sex with pretty much everyone else. Few people date in conventional ways. Everyone just hooks up. Long-term relationships are more likely to be friends with benefits and booty calls. Hooking up is the new collegiate norm.

So is it? Along with a few of colleagues around the country, we decided to find out. The Online College Social Life Survey has collected online survey data from about 14,600 students at 20 colleges and universities about their sexual activity. This was not a random sample of students. Instead, we sampled schools to make sure we had large and small, public and private, urban and rural, and elite and non-elite. We compared our data to other surveys, and feel confident that the data that we have are pretty close to what's happening nationwide.

Who was surveyed? Here's a chart comparing the national sample with the Stony Brook sample:

- **White**: National 47% vs. Stony Brook 48%
- **Hispanic**: National 8% vs. Stony Brook 5%
- **Asian**: National 4% vs. Stony Brook 3%
- **African American**: National 2% vs. Stony Brook 2%
- **South Asian**: National 4% vs. Stony Brook 4%
- **Pacific Islander**: National 2% vs. Stony Brook 4%
- **Native American**: National 1% vs. Stony Brook 4%
- **Other**: National 17% vs. Stony Brook 42%

So, what are they actually doing? We found that what people call "hooking up" covers many different behaviors, including kissing, 61 percent, and non-genital touching, 51 percent, oral sex, but not intercourse, 24 percent, manual stimulation of the genitals, 38 percent, and intercourse, 23 percent. It can mean "going all the way." Or it can mean "everything but."

Nationally, we found that by their senior year students had averaged nearly seven hook-ups during their college careers. A little less than half, 42 percent, say they have never hooked up, while slightly less than a third, 28 percent, have hooked up ten times or more.

So, hooking up is pretty common, but still, two out of five college students don't hook up at all.

When we asked those who had hooked up what happened, here is what they said:

- **96.3% kissed** (94.7% of men, 97.2% of women)
- **82% touched the other's genitals** (86.3% men, 79.9% women)
- **37.3% received oral sex** (47% of men, 32.4% of women)
- **56.9% had intercourse** (37.9% and 36.4% of women)
- **2.5% had anal sex** (4.9% of men, 1.2% of women)
- **42.7% had an orgasm** (49.3% of men, 39.4% of women)

So, how does Stony Brook compare? Nearly half of all males, 48 percent, have never hooked up. Fewer than one in twelve, 7.4 percent, have hooked up 15 times or more. And more than three-fifths of the females, 62.7 percent, have never hooked up. Just 1.7 percent have hooked up 15 times or more.

And what happened when they did hook up? Just over two-fifths, 40.6 percent, have vaginal sex; 40.1 percent have oral sex. At their last hook up, 44.4 percent of the men and 22.9 percent of the women had orgasms. So there is a slight orgasm gap.

One interesting finding is that 37.9 percent of the women thought their partner had an orgasm at last hook up — pretty close to the percentage of men who did. This means the women can tell. On the other hand, the men dramatically over-estimated the orgasms of their female partners — by nearly 200 percent! Though 22.9 percent of women had an orgasm; 43.7 percent of the men think their partner had one. Are the women faking it, or are the men just awful judges of female sexuality?

In most respects, then, Stony Brook naked looks pretty similar to everywhere else. We're more diverse racially and ethnically, but fewer Stony Brook students hook up. When they do, they do what everyone else does — and with similar "results."

College students are not nearly as hot as the media seem to suggest, whether at Stony Brook or elsewhere. So if someone tells you that they have had 15 hook-ups or more, and they did not come from an elite college, be skeptical. Likely they are just telling a story. If they are telling the truth, they could be lying.

The authors are in the Department of Sociology and have conducted the largest sex survey of college students in American History.
It's Not Just About the Sex, or Is It?

Top 10 Best Sex Scenes

By YOUNG CHUNG
Contributing Writer

Sex. We all do it. Humans do it. The birds and the bees do it. "Love and Other Drugs" (2010) and "Nine: String Attached" (2011) are two recent movies that are based on the premise of casual sex. Despite the increasing number of sex scenes found in movies, we avoid talking about them, and they are quickly forgotten like some traumatic memory. But the fact is cinematic history has preserved a multitude of sex scenes. Here are what I consider the 10 most notable sex scenes based on their relevance, popularity, and peculiarity.

1. The Notebook (2004, PG-13)

A film based on the novel by Nicholas Sparks, "The Notebook" is a popular romance that stars Ryan Gosling and Rachel McAdams. It also contains one of the most romantic sex scenes of all time, including classical piano, rose petal paths, candles, and a decent amount of sex. While it isn't the steamiest sex scene and probably the least realistic of the list, "The Notebook" has one of the most enviable portrayals of premarital sex that any teenage girl or boy could wish for.

2. Vicky Cristina Barcelona (2008, PG-13)

During their summer stay in Spain, two friends — Vicky, played by Rebecca Hall, and Cristina, played by Scarlett Johansson — fall in love with painter Juan Antonio, played by Javier Bardem. While this Woody Allen film has a number of sensuous scenes, the best sex scene in the film contains no sex. In Juan Antonio's first encounter with Vicky and Cristina, he asks them both to join him on a lovers' holiday only a few weeks later. "...I'll show you around the city, and we'll eat well. We'll drink good wine. We'll make love," Bardem's character says.

3. Nine ½ Weeks (1986, R)

Mickey Rourke was a sex symbol even before he starred in "Iron Man 2." "The Wrestler," and "Sin City," most notably in the erotic drama "Nine ½ Weeks." Kim Basinger, who plays the protagonist Elizabeth, is the Angelina Jolie of her era. This film portrays a number of fetishes including cross-dressing, playing with ice, spoon-feeding, strip teasing and having public sex in the rain among a number of other erotic acts. While "Nine ½ Weeks" has been called "soft-core porn," it has a decent story and cinematography. "Nine ½ Weeks" builds a sadomasochistic romance and focuses on the sexual growth of the female protagonist Elizabeth in a delicate, titillating manner.

4. Thank You For Smoking (2005, R)

Jason Reitman, director of "Juno" and "Up in the Air," also directed "Thank You For Smoking," a satirical portrayal of the tobacco industry through the eyes of its main spokesman Nick Naylor, played by Aaron Eckhart. In one scene, Nick and his lover have sex while his lover watches Nick on TV. The best scene, however, is when Nick Naylor bargains with a Hollywood agent on key cigarette placements in movies. "Brad Pitt. Catherine Zeta Jones. They’ve just finished ravishing each other's bodies for the first time. They tie naked, suspended in air underneath the heavens. Pitt lights up. He starts blowing smoke rings all around Catherine's naked, hairless body as the galaxies go whizzing by over the glass dome ceiling. Now tell me if that doesn't work for you," Eckhart's character says.

5. American Psycho (2000, NC-17)

"American Psycho" is the cinematic adaptation of the novel by Bret Easton Ellis. The film centers on Patrick Bateman, played by Christian Bale, who is a good-looking Wall Street yuppy with psychopathic serial killer tendencies. While he is handsome, affluent and engaged to a beautiful girl, he is played by Reese Witherspoon, he also has a need that seems to be only satisfied with violent, homicidal acts. There are a great number of critical issues with the film and the novel, including those with gender and humanism. Still, one famous scene is when Patrick Bateman hires two prostitutes and then films himself having sex with them. While breathtakingly beautiful, it is Bateman's reflection in the mirror and how he looks while with two women at once. The popular Internet image scene is "Bale winking and pointing out of the frame originates from "American Psycho.""

6. Black Swan (2010, R)

Darren Aronofsky films usually contain sex, from the carbohydrate romance and focus on the sexual growth of the female protagonist Elizabeth in a delicate, titillating manner.

7. Salon Kitty (1976, NR)

Tinto Brass, infamously known as "Tinto Ass," is one of the most erotic directors in cinematic history. Some consider his work to be pornographic, while others find him notable in the genre of erotic cinema. Brass has said, "I put two balls and a big cock between the legs of the leading lady... "Salon Kitty," which falls under the Nazi saecapitalism genre, is about a Nazi prostitute who spits on her heart in the Nazi brothel named Salon Kitty. An infamous scene shows young women auditioning to be Nazi agents for the brothel. A string of white, pretty and patriotic German women march onto the stage and then demonstrate their sexual prowess with Nazi soldiers. The difference between erotic films and pornography can be seen clearly in Tinto Brass films. They include beautiful women, showcase beautiful cinematography and offer a visually stunning experience despite the sex. There is more to the sex, which can be seen in the plots, characters and visuals of his films.

8. The Matrix Reloaded (2003, R)

"The Matrix" by the Wachowski brothers is one of the most technologically advanced films of the last decade. "The Matrix Reloaded" was the highly anticipated sequel that succeeded in entertaining the audience while also being intellectually stimulating. A notable feature is one of the most random, unexpected sex scenes on the big screen. One second the people of Zion are cheering, stomping and having a spontaneous party rife with sexual tension and music, and the next second Neo, played by Keanu Reeves, and Trinity, played by Carrie-Anne Moss, have sex quite explicitly.

9. Spice (2009, R)

"Spice" is a horror-sci-fi film that toys with the viewer's mind. Like "Oldboy" by Park Chan—Wook, the types of erotic relationships between parents and child, but in "Spice," the parents are the scientists and the child is the experiment. As the genome has gone wrong. More specifically, it's a petri dish of human and animal DNA that lives, breathes and fornices.

10. Antichrist (2009, NR)

"Antichrist," directed by Lars von Trier, is a film about the most horrific sex scenes of all time. While some of its sexual scenes have the potential to arouse with their depiction of sexual acts, most of the scenes are horrifying and emotionally numbing. For example, the opening scene of "Antichrist" has to be one of the most beautifully executed but horrifying sex scenes of all time.

The Real Valentine's Day Story
What Love Really Means

BY DAVID O'CONNOR
Asst. Sports Editor

So, by now you've noticed a theme in this issue. There's been a great deal about sex and all the fun, scandalous stuff that goes with it. If you're enjoying this so far, you might not want to read this article, though I strongly hope you do.

If you're not enjoying this, this may be the thing for you. I'm going to go into what I believe Valentine's Day is about; you can take it or leave it, but here is what I have to say.

The story of St. Valentine is this: in a time when marriage in ancient Rome was forbidden, he officiated weddings in secret. When the Romans discovered this, he was imprisoned. According to legend, he fell in love with a blind girl while in prison. The story goes that his faith and love were so powerful they cured her of her blindness. He later sent her a letter, the first she would have read, it said: "From your Valentine"

By the way, this is not going to be some religious "fire and brimstone" speech, in case you were worried. But I felt the need to start here. The day we're celebrating is named after St. Valentine after all. This story means one thing to me, (and tell me if you've heard this from some Disney movie somewhere): true love conquers all.

This is not physical love, but love of the heart and soul. It is the most pure thing that anyone can feel. Perhaps we don't see women suddenly regaining their sight as the result of another person's love every day, but the power of love is on display both in our stories and in our real lives.

For example, since I'm a nerd, I'd like to bring up "Star Wars." What was it that brought Anakin back from the dark side? It was his love for his son, Luke, who was not available for comment on this article. The emperor couldn't understand the love that binds a family together, and that was, in the end, what destroyed him.

Getting away from "Star Wars" for a second, I'm sure that everyone has had their own love story tucked away in their mind. It's that fuzzy little thing we look to when we feel down and need a ray of hope. The ending might not always be happy, but we never fully forget that feeling.

My overall point is this: there's more to love than what goes on in the bed. I'm no expert on sex see the part that I love "Star Wars" above but I know that such things are always temporary. It comes and goes just like the tide; it never endures. But that fuzzy feeling, it never goes away. Whether it's for family, friends or that special someone, it will have an imprint on us for the rest of our lives. And in the end, love is the driving force behind all that is good in this world. Love of kin; love of freedom; love of justice; love of peace; etc.

Therefore, this Valentine's Day, discover something that you love and watch it drive you— for your benefit and the benefit of those you care about.

A Valentine's Day Message For Wolfie

BY ELIZABETH BRENNER
Contributing Writer

This February we celebrate not just Valentine's day, but we mark a mile stone for our beloved Seawolf: his 16th birthday. He celebrated it by inviting all of us, his Stony Brook friends and family, to a huge birthday celebration. But there is one holiday close to his birthday. A day when most of us probably forget about Wolfie.

The day when you can tell others how much you love them and appreciate their friendship: Valentine's day. Has Wolfie ever received a valentine in his 16 years of life? No one should be left out on Valentine's day, including Wolfie.

I think he deserves a Valentine, and this why: Think about it, for every moment of his 16 years, Wolfie has been here at Stony Brook University promoting school spirit. This has me thinking, Wolfie never went to elementary school where he would have gotten a valentine from his class mates. He never went to high school where he could have gotten a flower from another Seawolf. He skipped all that to come to Stony Brook; he is family. He's been here for us through thick and thin through wins and losses. It's time that we give back to the Seawolf that has given so much to us. We should give him what all of us have had at one time or another: a valentine. I am determined to make sure that Wolfie will not have to go another year without a valentine. I am sending a public valentine to our beloved Wolfie.

Dear Wolfie,

With hair so fine it shines like silver pavement on a cold winter's night,
For more than a decade you've stood by our side, whether it's a hot August day, or a cold, snowy night.
You're there cheering us on no matter the score,
Your pawprint is forever inscribed as the hallmark of Stony Brook Pride.

You've given your time to spread happiness and cheer, and you should know that with you as our mascot we have no fear. Your battle cry can be heard from the mountains to the pacific seas.

And we hope you'll be here forever and never leave.

On behalf of Seawolves far and near, we hope you know just how much you mean to our Stony Brook teams.

Wolfie should not be forgotten this Valentine's day. So whether or not you have a Valentine, take a moment to thank Wolfie and send him a Valentine. No one should be left out on a day hallmarked by love.

Wolfie — I'd love it if you'd be my valentine.

— Elizabeth Brenner

Guidelines for Opinion Submission

Letters to the editor or op-ed contributions can be submitted online at www.sbstatesman.com, by hand at our office in the Student Union Rm. 057 or by mail ing it to us at the address in the left column. They must be received at least two days before the next printed issue. The Statesman reserves the right to edit or not print any letter based on appropriateness, length, timeliness or other reasons at the discretion of the editorial board. Letters should be no longer than 500 words and opinion pieces should not exceed 600 words. Please include your full name, phone number and email address for verification. Phone numbers and mail addresses will not be printed. Letters submitted anonymously or under false names will not be considered for publication.
Letter From The Editors

You may be wondering why The Statesman chose to produce an entire issue devoted to sex and relationships. Besides the fact that Valentine’s Day is the appropriate time to do so, the simple answer is that it’s fun. Here in the office, we felt that we needed to do something edgy and something that has never been done by former Statesman editors and staff in years past.

This is clearly a topic that can be dealt with in a multitude of ways. It can lack taste or can have class. We wanted to take a serious look at sex and relationships on the Stony Brook campus. Although talking about sex with your friends may seem more than easy, we can assure you that writing about it is not an easy task. Each name that appears in the masthead and throughout the 20 pages that we have put together has gone above the call of duty to ensure that you, the reader, are getting everything that you would expect out of a college newspaper.

We understand that The Statesman is not viewed as a paper that would devote an entire issue to a topic as controversial as sex and relationships. We haven’t forgotten the paper’s devotion to news and other happenings around the campus community. Coverage of Aziz Ansari, along with multimedia to complement the story and other campus news will be made available throughout the week and most assuredly for next Monday’s issue, at which point The Statesman will return to our more standard format.

Also, we would like to offer a special thanks to Adil Hussain for his stellar graphic design skills that he applied throughout this issue.

Enjoy,
The Editors

Career Center Falls Short at Internship Fairs

Editors Note: This submission was run anonymously at the discretion of the editorial board.

While the summer may seem far away, the time to apply for internships and full-time jobs is quickly approaching. Many students — graduating or not — try to make the most of the summer by gaining experience in the fields that they have interest in. Many companies look to college campuses to recruit interns because they can find extra help for the summer while training them directly for a possible career later on. At an institution such as Stony Brook University, this is done through the Career Center that hosts several career fairs during the semester and has connections with many Long Island and national companies.

Having attended many career fairs over the years, it is clear that the same companies continue to come back and while these organizations are successful and well known, it may not be what the majority of students are looking for. Besides the IT and Healthcare professions, which require a specific degree or interest, there are many companies with branches on Long Island that look for local residents to work at their offices. These companies include: Geico, Enterprise Rent-a-Car, Frito-Lay and others that offer a summer internship or entry-level position. Those jobs usually provide sales experience and offer limited promotions for the interns to advance within these companies. The benefit of these sales positions offered by the companies is that many students are trained extensively by the companies, have the possibility of a job after graduation, and gain experience in the “real world” in a position that is more common than most people would believe.

There is, however, a negative to the career fairs and what they can offer. What the fairs fail to offer are positions that the broader population of Stony Brook can benefit from. With a diverse campus such as Stony Brook, many of the students are not from the area and are not planning on staying in the area after they graduate. While companies like Geico and Enterprise offer positions around the country, the fairs are rather limiting for many students who want to experience internships away from campus and Suffolk County. The job fairs do not do this oversight on purpose though it is important for the Career Center to take advantage of the fact that Stony Brook is within commuting distance of New York City, a business capital with many opportunities for young adults with bachelors and masters degrees.

Though many graduates at Stony Brook can expect a sales job upon leaving school, they should not be limited to living on Long Island and the career fairs should account for this fact. A commute into Suffolk County may be extensive for many New York-based companies but most would jump at the chance to recruit interns from a state university with literally hundreds of eligible potential employees, especially if some of that population is looking to relocate west to New York City.

New York-based companies do come to this campus to have their pick of many talented, young adults. It is the students looking for positions in human resources, marketing, advertising, operations and many that are limited to a sales job most likely on Long Island.

Having taken advantage myself of one of these internship sales jobs, I attend these career fairs now and see very little opportunity to actively move away from Long Island. I am grateful to have sales experience and have realized that it is very likely that I will work in a sales position but I have little inclination to stay in Long Island after graduation and would like the job fairs to further work to bring meaningful internships and positions not associated with sales.
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HOOPS: Stony Brook overcomes 12-point first-half deficit to win

From HOOPS on 20

after Gerald McLemore stole the ball from Hayes, but he missed his jumper, giving Stony Brook possession.

Center Dallis Joyner (Norfolk, Va.) came up big on the ensuing play, grabbing two offensive rebounds before drawing a shooting foul. Despite shooting just 40 percent from the free throw line this season, he calmly sank both free throws to give Stony Brook a 59-57 lead.

Two possessions later, Troy Barnics was able to get around his defender for a layup to tie the game at 59-59. Dougher missed a game-winning three-pointer to send the game into overtime.

As it turned out, St. John's Franki Chatman was unable to start overtime. Hayes took over, drilling a three-pointer and hitting a jumper from the top of the key on back-to-back possessions to give the Seawolves a 64-61 lead.

“We were just running a simple offense,” Hayes said. “They were doubling Bryan so I was open.”

Dave Coley (Brooklyn, N.Y.) extended the lead to six with a pair of free throws, but the Black Bears fought back with free throws of their own to cut the lead to one at 66-65 with 1:37 left. On the ensuing possession, Joyner made a big play, grabbing another offensive rebound after a missed three-pointer from Dougher.

After a timeout, Dougher connected on a floater put Stony Brook up three, 68-65. Maine tried to answer back, but Joyner came up big again as he drew a charge to give the Seawolves possession.

Stony Brook would hit its free throws on its way to victory. Stony Brook hit 11 three-pointers for the third time this season and outbounced Maine 40-34, including 14 offensive rebounds that led to 17 second-chance points. Joyner finished the game with 10 rebounds to go with four points. Carter chipped in with 12 points, all of them coming in the first half. Jackson finished with eight points and three assists.

For Maine, McLemore led all scorers with 23 points, making all ten of his free throws. Barnics finished with 28 points and 15 rebounds.

The Seawolves will be back on the road on Monday to face Albany at 7 p.m. (TV: MSG+). The two teams are separated by just a half mile in the conference standings.

Danny Carter

JOE DONNELLY/THE STATESMAN

W BBALL: Second conference win

From W BBALL on 20

and scoring high percentage shots as opposed to trying to rain down three-pointers from the heavens. This was their strategy from the beginning.

“It was certainly a strategy,” Thompson said. “We had the advantage down low.”

The Black Bears became tired of being scored on, so they forced the Seawolves, notably sophomore Juanita Cochran (New Orleans, La.) to the line. She would be forced to take eight free throws down the stretch.

Maine actually made the game a contest in the closing minutes. The closest they got was 63-60 in favor of Stony Brook with 23 seconds left. However, two free throws each from Jeter and sophomore Sam Sanders (LaGrange, N.Y.) and the Seawolves 66 points, and that would prove to be enough.

The women will play next at Albany on Feb. 23 at 3 p.m. They will then play at Stony Brook on Feb. 23 against Hartford at 7 p.m. as well.

Around Seawolves Country

Lucy Van Dalen sets school record in 3000 meters

History was made at the Valentine Invitational in Boston on Friday night. Senior Lucy Van Dalen (Wanganui, New Zealand) ran the fastest time in the country with an 8:56:77 in the 3000. It was less than a half-second faster than the previous mark and 18 seconds more than the school record. She has automatically qualified for the NCAA Championships.

Sophomore Annie Keown (Auckland, New Zealand) took third in the 3000 (16:10.52). Her time was just three seconds shy of the automatic qualifying time.

Van Dalen's sister, Holly (Wanganui, New Zealand), ran in the same event, finishing with a time of 9:33:26, qualifying for the ECAC's (Eastern College Athletic Conference).

Junior Kristal Conklin (Middletown, N.Y.), freshman Olivia Burne (Palmerston North, New Zealand), junior Hayley Green (Wellington, New Zealand), junior LaQuisha Hall (New York, N.Y.), junior Mary O'Connor (Waterford, Ireland) and senior Laura Huett (Carrickmines, Ireland) also qualified for the ECAC's.

From the men's team, senior Johnathan Spain (Strongton, England), senior Shannell Forbes (Springfield Gardens, N.Y.) and junior Gerald Harley (Setauket, N.Y.) qualified for the ICAAs.

Women's lacrosse

The Stony Brook women's lacrosse team fell to Colgate in their season opener, 17-15 on the road in Hamilton, N.Y.

“It took too long for us to start today,” head coach Allison Comito, who is in her sixth season with the Seawolves, said. “We dug ourselves a hole we couldn’t come back from.”

Seniors Melissa Cook (Bay Shore, N.Y.) and Samantha Djaha (East Islip, N.Y.) each scored four goals.

Freshman Alyssa Cardillo (Farmingdale, N.Y.) had the team's only assist. She also scored the first five goals of the game. Then Stony Brook retaliated with three goals of their own.

To continue the rug-of-war, Colgate scored the next four goals and led 11-6 at halftime.

Stony Brook scored five of the first seven goals of the second half, but Colgate was able to squeeze out a win in the end.

The Seawolves will have their home opener on Wednesday in LaValle Stadium at 3 p.m.

LOVE: Athletics can bring people together (or inspire singularity)

From LOVE on 20

interests besides running,” said Varone, a 21-year-old health sciences major and Seawolves distance runner. “We...still have many other things to talk about. Also, I believe that when you find the right person, your interests become her interests when they were there to begin with or not.”

Fausc and Varone met before school began when Fausc was visiting his roommate, another runner who was already on campus for preseason.

Fausc accompanied her roommate out to her car, where they bumped into Varone and a few of his teammates.

“I couldn’t wait for college to start,” Fausc, a 20-year-old mathematics major and mid-distance runner, said.

Track and cross-country have unique time-management concerns that basketball players don’t have to deal with. “Our meets are always changing [times and dates], and we have to plan to get our schedules, but we still find time to spend together,” Varone said.

However, many times the meets coincide with each other, allowing the couple to make up for weekend time that might normally be spent going out together.

“To the most part, we get to spend time with each other at the meet itself,” Varone said. “Also, we have practice at the same time in the morning so we are able to see each other if we practice before we start our classes. Having the same practice time makes it much easier to see each other and talk about things that we are thinking about.”

Neither Fausc nor Varone said that running was an essential part of their relationship, but added that the time spent together enhances it.

“We have practice together every morning, and just the exchange of a smile to each other starts my day off right,” Fausc said.

Tackling the Single Life relationship is met with by every athlete. C.J. Olson, a 21-year-old junior, plays wing for the men’s club rugby team. Olson said when he first came to Stony Brook, he had a girlfriend from high school, but that the long-distance relationship has since ended.

“I never forgot to call her, but it was another element of life that added strain,” the engineering science major said. “Honestly, being single is a lot easier for me.”

Even though rugby isn’t an official Seawolves sport, the players still have a rigorous training schedule. The team practices three nights a week for 2-3 hours, and players who wish to play on the “A” team must go to the gym at least five times a week for two hours each time. On top of that, Olson, who is the vice president of the rugby club, tackles about two to five hours of administrative work a week.

Still, he said, he wouldn’t mind having a girlfriend as long as she didn’t distract him from his work.

“I’m sure a girlfriend would bring out something different in me that I don’t normally have,” Olson said. “It will probably make me a little more well-rounded...If a girlfriend truly cares about you, she’d try to keep me on track.”

Olson said teammates don’t shy away from relationships even with the time constraints.

“My [teammate] is ecstatic that he has a girlfriend,” Olson said. “She’s his first ever girlfriend.

“It’s funny because he’s making all of these rookie mistakes in the relationship,” Olson said, laughing. “I don’t think he understands the dynamics yet.”

But as soon as he steps on the field, the only focus is on the sport.

“It’s like a switch—there’s a social time, and then when there’s a game time, he hits the switch,” Olson said.
Seawolves stun Maine in OT

BY DORIC SAM
Staff Writer

Stony Brook's men's basketball team put on a show for a sold-out crowd of 4,423 at Stony Brook Arena, defeating Maine 71-69 in overtime in an exciting back-and-forth battle. The game was televised on ESPNU for Stony Brook's first regular-season national home telecast and a part of Seawolves Winterfest 2011.

"It was a great environment here today, and I think that helped our team win today," head coach Steve Pikiell said. "It was a tremendous crowd, and it was a proud day to be a member of the Stony Brook community."

The Seawolves have now won back-to-back games to improve to 11-14 overall and 6-7 in the America East Conference, moving them into fourth place.

"We're playing good basketball now," Pikiell said. "We're better defensively and we're rebounding better, so I'm really pleased with how we're progressing down the stretch."

The Black Bears, who entered the game in second place in the conference, have now lost four straight games, falling to 14-11 overall and 8-5 in the conference.

Junior Bryan Dougher (Scotch Plains, N.J.) led the Seawolves with 20 points, all of which came after halftime. Sophomore Leonard Hayes (Voorhees, N.J.) added 16 points and six rebounds.

Maine came out firing in the first half, jumping out to a 14-2 lead. But Stony Brook battled back with a layup and a floater on back-to-back possessions, sparking a 17-8 run by Stony Brook. His three-pointer gave Stony Brook its largest lead at 51-41.

"I loosened up a little bit and got better looks," Dougher said. "In the first half I forced a couple shots, so I just let the ball find me [in the second half]."

Defensive lapses allowed the Black Bears back into the game, as Maine cut the lead to 57-57 with three minutes left. Pikiell said that he will use this game as a springboard for the rest of the season.

"We need to use this as a springboard," Pikiell said. "We're playing good basketball right now, and we're better, so I'm really pleased with how we're progressing down the stretch."

However, Stony Brook continued to fire back up as time went by. Spurred by senior guard Manny King (Elmont, N.Y.), the Seawolves secured a 35-26 lead at halftime. However, Stony Brook began to stop playing good basketball as time went by, allowing Maine to cut the lead to 66-62 at the end of the game.

Sophomore Leonard Hayes (15) scored 16 points, including six in overtime, to help the Seawolves comeback and win.

The Seawolves had 22 offensive rebounds against 19 by Maine, a game-high. They primarily focused on using offensive rebounds. Stony Brook scored 16 of its 22 points on offensive rebounds.

Van Hoven (Vaughers, N.J.) led the Seawolves with seven in the second half. The couple said they don't fight much because they have learned to understand tough schedules.

Dani Klupenger and Bryan Dougher, both basketball players at Stony Brook, say understanding tough schedules is key to their relationship.