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The **Monroe Doctrine**

February 26, 1996 Volume 34 Issue 3

Monroe Community College

"Respect All, Fear None"

**NEWS BRIEFS**

**Trip to Russia is Planned**

In the late spring of 1996 (May 27th-June 8th), Monroe Community College, SUNY, will be conducting its biennial tour to Russia. This should be an exciting occasion for you to join us for a memorable visit to Moscow and St. Petersburg, a monumental city which, in addition to endless sightseeing, rewards its visitors with unique cultural offerings...some of which you will be able to attend.

In addition to the famous regularly visited sites, you'll be able to visit Zagorsk, one of Russia's most renowned religious centers recently renamed Sergiyev Polad, its old medieval name.

This town, with its numerous monasteries and churches decorated with magnificent icons and frescoes by Andrew Rublyov, will haunt your imagination forever.

Our itinerary will also include a visit to Helsinki, the capital of Finland, a city which vaunts a completely reconstructed and ultramodern center with distinctive buildings, idyllic parks, elegant squares and the magnificent cupolas of the Assumption Cathedral, one of the few reminders of the years when Finland was a province of the Czarist Empire.

For more information on this trip, please contact Dr. Thomas A. Fabiano, Professor of History and Political Science, at 292-2000, ext.3254.

**EZ RIDER" Shuttle Service to Begin in May**

The City of Rochester and  
Continued on page 2

**And I Quote...**

We are what we think. All that we are arises with our thoughts. With our thoughts we make our world.

-Buddha

**Robert Channing visits MCC Mind Reader, Or Fraud?**

by, Kat Travis

Club Wednesday had Robert Channing, the mind reader come to MCC to entertain us February 14 in the Forum.

Many people came in skeptics and walked out believers in psychic abilities.

He performed incredible acts. The audience participated in many of his tricks. Through most of the show, he was completely blind folded with duct tape and a two-layer blind fold. At one point he asked the audience to hold up a dollar of any denomination. Then an audience member helping him took one from a person. Not only did he guess the value, but he also told everyone the serial number.

He also asked everyone to put some information on a piece of paper, then he had the papers collected. Blind folded, he picked papers out of a bowl and told people what the pa-

said that he knew I was going to be there and that I was going to go up and talk to him. After seeing his show, I don't doubt it.

When I asked him to explain how he did it, he said that he felt "electricity" that gave him the information. He also said that "What you see here is 35% ESP (extra sensory perception), 35% showmanship, and the rest is luck."

Robert believes that everyone has the ability to do what he does because it is the power of the mind. According to him, all we have to do is be willing to use more of our mind. He is a wonderful person with some unusual talents that have opened up some people's minds here at MCC.



Robert Channing adds Duct Tape to his Blind Fold

Photo by Edith Wade

pers said.

Robert is so confident in his work that he offers a \$25,000 reward to anyone who can prove that he uses people he knows or pays to successfully complete his shows.

After the show I was lucky enough to have a chance to talk with him about his abilities. He

**Striking Occasion**

**The Admissions Office Goes Bowling**

by Eric W. Mack

The MCC Admissions Office does more than just guide students through the educational system; they have a little fun while they're at it.

Sunday, February 11th, twenty-five office members ventured on a leisurely bowling outing at Clover Lanes on Monroe Avenue.

Staff members attending were: Vice President of Enrollment Management Anthony Felicetti; Counselors Marcia Faulkner, Andrew Freeman, Harry Pierre-Philippe, Connie Herrera, and Donna Burke; Clerks Terry Plumart, and Kathy Blain; and Receptionists Kim Dustman, Janette McGimsey, and Carmela Bilby. The friends and families of

the staff were also invited to attend the outing arranged by first-year counselor - avid bowler - Donna Burke.

Carmela's newly anointed spouse, Mike Bilby, was the "big winner" with scores of 173 and 150. Okay, maybe they shouldn't quit their day jobs, but they had fun.

The top scorer among the

counselors was Mrs. Faulkner - who bowled games of 139 and 125 - edging out Mr. Freeman, who drew rave reviews for his smooth form. The nemesises battled to a tight finish tainted only by Freeman's futile attempt to divert Faulkner's attention during her last ball.

Kim Dustman bowled just

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Photo courtesy of Donna Burke

Connie Herrera (left), and Marcia Faulkner (right) find it amusing that Harry Pierre-Philippe would rather not have her picture taken.

**Student Government Beleaguered Senate Tries to Move On**

by Tara A. Connell

Plagued by recent resignations and controversy, the student senate tried to get back to work during the January 13th meeting.

The Search and Rescue Club(SAR) had a proposed addendum to their constitution that was brought up for discussion and passed. At issue were the insurance requirements for students enrolled for nine credit hours or less. Previously, members had to sign a waiver that released MCC from any liability associated with SAR activities. According an amendment of the SAR constitution, all members are required to have accident insurance through MCC's insurance company. Currently, students enrolled for twelve or more credit hours have insurance included in their tuition.

**POSSIBLE BUS TRIPS FOR TRIBUNE'S REGIONALS**

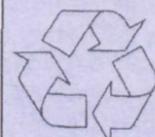
Bus trips for Tribunes' regional basketball games are being organized by Ryan Kaczmarek, Physical Activities Coordinator of the Presidential Cabinet.

Ryan went before the Senate to ask for funding for these trips. The total amount requested was \$1,100. This amount, taken from the Senate

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The Monroe Doctrine is printed on recycled paper and is recyclable in Monroe County.

## NEWS BRIEFS

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nounced earlier this month that Rochester will soon have a new evening shuttle service that will provide a safe and convenient way to link visitors, tourists, and local office workers to cultural and entertainment attractions in the City. Starting in late spring, the "EZ Rider" will begin operation under a one-year demonstration program that aims to boost the City's economy by facilitating increased use of business and entertainment spots.

The "EZ Rider" will operate six days a week. There will be no cost to patrons using the shuttle. Service will be provided from 5:30 p.m. to 10:00 p.m. Monday through Thursday, and from 5:30 p.m. to midnight Friday and Saturday. In addition, free parking for shuttle users will be provided at the High Falls and Metro garages. The shuttle service will cover a route that currently extends approximately 6.8 miles, from the High Falls area on the west to the Monroe and Park Avenue commercial areas on the east. Included on the route are downtown hotels, the Convention Center, East End, the War Memorial, Frontier Field (upon completion), and over 100 restaurants and retail establishments.

## Student Government cont.

Continued from page 1

Contingency budget, would be partially reimbursed with money made from ticket sales. The price of a bus ticket for the men's game, to be held in Genesee, is expected to be \$5. A ticket to the women's game, taking place in Herkimer, will cost about \$7 due to the greater commuting distance.

A motion was made and approved to allocate funds for the bus trip. This vote was taken with the understanding that a cancellation policy, must be agreed upon.

Dates and times still have to be announced, but a promotional campaign that consists of radio and newspaper ads and flyers, is being ironed out by Ryan.

AND FINALLY... Remember, Student Senate meetings are open to the public. This is time set aside for you to air out your concerns about MCC and how to make it better. Meetings are held every Tuesday from 2:15 until 5:00 in 3-105. The Student Senate office is located at 3-115; stop by to ask your senators questions you have about MCC's student government.

## Why Are We Here?

### Value of a College Diploma Re-Affirmed

A college degree no longer guarantees a job, but NOT having a degree practically assures unemployment, according to the New York State Department of Labor.

"Thirty years ago a college degree was almost a guarantee of a good job or career," the Labor Department says in its January newsletter, *Employment in New York State*. "Today that diploma is a prerequisite rather than a guarantee."

Some points of note:

-More education equates to greater participation in the labor force, less unemployment, and higher salaries.

-Individuals with some college education had higher labor force participation rates (82%) than those with no college education.

-Individuals with some college education who worked full-time reported average incomes over \$40,000 in 1993—14% higher than high school graduates and 40% higher than high school dropouts.

-Individuals with a college degree had the highest labor force participation (86%). Their wages and salaries averaged \$60,000—69% more than high school graduates and 108%

more than high school dropouts.

"A college education prepares students for careers, not just jobs" says Chris Belle-Isle, MCC director of transfer and placement. "Employers look for a strong skill base and the ability to learn new concepts and skills. With our world marketplace changing so rapidly, keeping current in your field is incredibly important."

The Department of Labor says the increasing importance of a college degree stems from the decline in manufacturing jobs. Additionally, the manufacturing positions that remain have growing responsibilities, requiring education and the ability to learn continuously, the DOL says.

"Employers are looking for workers who have shown that they can learn and are willing to augment their skills via in-house training or attendance at post-secondary schools," the article says. "Jobseekers who can do this—demonstrate that they have the capacity to learn at a pace set by their employer's requirements—are likely to command higher wages."

## Why Do People Suffer From Ulcers?

We are pleased to introduce a new science column by Jarinda A. Mendez. Let her know how you like it or ask her a science question. Drop her a line in the Editor's Box outside the Doctrine office

by Jarinda A. Mendez

Why do people suffer from ulcers? The opinion of some of the students at MCC, like Lisa Alkhaer, in regards to the formation of ulcers, is that, "It's an emotional condition." Nathalie Semon, said that a relative of hers was recommended, "No intake of hot, spicy foods or salt as a diet for ulcers." Another student, Magali A. Pinhatti, said that ulcers are caused by several factors: the emotional and sedentary condition of the individual or the irregular and over-abundant ingestion of foods creating the overproduction of acid in the stomach.

However, according to the article on "The Bacteria behind Ulcers" of the *Scientific American Journal* in the February, 1996 issue, the ulcer-causing element is the bacteria called *Helicobacter pylori* which hibernates in the thick-mucus lining of the stomach and protects itself from the stomach's acid. Since the *H. pylori* secretes proteins by interacting with the stomach's epithelial cells, in the process it attracts the macroph-

ages and the neutrophils which cause the inflammation and the gastritis. Thus, this bacteria produces urease, an enzyme that breaks down urea into ammonia and carbon dioxide. The ammonia then neutralizes the stomach acid, which in turn helps the *H. pylori* to secrete the toxins needed to survive by forming the stomach ulcers.

The diagnosis suggests that as the *Helicobacter pylori* microbes collect in the stomach's thick layers of the duodenum, within a few months, it progresses into a chronic superficial gastritis, a condition that persists for life in many individuals. As a result, after 10-20 years, the condition develops into a peptic ulcer.

As recently as December of 1995, the FDA approved a new treatment for ulcers. The old method which recommended a bland, acid free diet or surgery have been outmoded. Finally, the FDA approves a treatment cure of clarithromycin (Biaxin) with omeprazole (Prilosec) or ranitidine bismuth citrate (Tritec) for two months. This is definitely a new breakthrough for ulcer sufferers.

## Community Service Internship Available Next Fall

by Doug Brown  
Assistant Director, Student Center

The MCC Student Center has teamed up with the History and Political Science Department and the Cooperative Education Departments, and together they have developed a Community Service Internship program. The CEL 100 course is being offered through the History and Political Science Department and will begin this Fall 1996.

The Community Service Internship will provide students with an opportunity to earn college credit (three credit hours) by working with a community service agency within the Rochester area. The students will work 135 hours during the semester with a community agency and be actively involved in planned, supervised, meaningful service experiences. Students will select agencies that provide experiences related to their future career plans. Students will meet weekly for one semester with an instructor in a classroom setting. A planned curriculum will be followed. The curriculum will place emphasis on stu-

dents' reflections about their volunteer experience. Students will keep a reflective journal of their experiences and set goals to be accomplished at their volunteer site.

Students who participate in CEL 100 will benefit greatly. Students will earn college credit in their major field of study. They will gain experience for future career plans. Students will also perform meaningful services in their community, and will link their education to fulfilling social responsibilities.

Professor Charles Salamone, chairperson of the History and Political Science Department stated, "It's an exciting concept. It offers outstanding opportunities for students to be of real service to our Rochester area community. It gives students a chance to learn about themselves and to earn credit for doing something very positive for a community agency. The course is good for their own well being and self-fulfillment. I'm really pleased that the History and Political Science Department is going to be involved in this."

Two sections of the CEL 100 course will begin this fall se-

mester 1996. One section will be held at the Brighton Campus, and one section at the Damon City Center Campus.

If anyone would like more information on the Community Service Internship, please con-

tact Doug Brown in the Student Center Office at 292-2532, Bill Sigismund in the Cooperative Education Department at 292-3220, or Ed Lundberg in the History and Political Science Department at 292-3354.

## They don't really rank colleges, do they? Transfer students do!

- ✓ #1 Classroom Facilities
- ✓ #1 Residence Halls
- ✓ #1 Personal Safety/Security
- ✓ #2 Class Size
- ✓ #2 Transfer of Credit

\*Taken from the 1994 SUNY Student Opinion Survey of 28 four-year SUNY College campuses.

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**SUNY**  
Institute of  
Technology  
at Utica/Rome

February 26, 1996

# Eyeing the Gold

by Eric Mack first thirty seconds of a round, I know how to fight and beat that man."

Due to a technical problem, this article was not printed in its entirety in last week's issue. We apologize for any inconvenience this may have caused, and present the article now in its entirety.

Lamont "Zone" Jones, a current 20 year old MCC student, has an optimistic outlook on his up-and-coming boxing career. As an amateur southpaw fighter the last seven years, Lamont has won 52 career bouts, some of which came during his stint in the Avenue D Recreational Center.

"I want to represent Rochester and put it on the map - bigger than it already is," Jones said about the local professional boxing community that includes Charles "The Natural" Murray and Robert "Pushup" Frazier. "You gotta want it. They never went to the Olympics - that is my goal - be better than anybody."

Jones is eyeing that supreme goal of making the Olympics, despite the fact that his coach Don Simkin sees him as a long shot. In actuality, his coach views every boxer he coaches as a darkhorse; however, he did admit that Jones possesses all the necessary qualities.

"I know that I'm going to make it; that's the attitude I have to have," Lamont admitted. "Usually after the

Lamont will be looking to beat his opponents at his next match on February 24. His fight is going to be held on Baden St., and for him to make the 1996 Olymp-



pic Games a long hard road must be travelled.

If Jones wins on the 24th, then he will go to Atlantic City to compete in the Eastern Trials. Two more victories would place him in the Olympic trials, which he would have to win.

## Setting His Priorities

Lamont is a lightweight boxer at 132 pounds who emphasizes speed in the ring and discipline out of it. As a member of the Amateur Boxing Federation, Jones has to stay out of trouble and keep himself in focus.

"I just need to make it; this year is really important to me," he said. "As long as I come to practice every day, train, and be well conditioned, Robert Johnson feels as though I can go as far as the Olympics and capture a medal."

Coach Johnson is the trainer who has made the careers of many of the local pros. One of his disciples spent time on top of the world's rankings, and the other (Frazier) is now 8-0 with five knockouts in the first round.

"He taught Charles Murray and Robert Frazier everything they knew," Lamont boasted. "I'm really trying to stay under their wing and do well."

Jones, who now trains Monday through Thursday for two hours, is quick to reminisce about his days training with "Pushup".

"I grew up and fought a lot with Robert Frazier," he said. "I travelled a lot with him, and he always said, 'Lamont keep going; come to the gym.'"

## His Success

The travelling Lamont has done began after he won the first of his Silver Gloves National titles.

"I didn't know my capabilities and talents until I won the Silver Gloves title in 1991, and then I repeated that same title in 1992," said Jones. "That ranked me the best in the nation at my weight class, and that's where I knew I had something to give in the sport of boxing."

This past summer, Lamont won the Empire State Games with a gold medal performance in the 132 pound division. That showing allowed him to accept an offer to travel to Sweden and Italy to box for the U.S. A.B.F. team.

In 1992, Lamont fought in Finland and came away with a 3-0 record - making him the only undefeated U.S. fighter on the trip. The A.B.F. sponsors most of his boxing tours, and Mario Ballone of Salon Orient picks up the rest of the tab.

"There aren't many tournaments that I haven't won," Lamont proclaimed. "The New York State level I'm on isn't that competitive for me."

Coach Simkin agrees that Jones is a step ahead of everybody in terms of experience; however, Lamont had an unusual start to what someday he may call his profession.

When Lamont was 13, his younger brother brought home a boxing trophy that made mother proud. Seeing this, Jones decided that he would like to try his hand at boxing.

"I said, 'None of them can whip me. Man, I can whoop every one of them boys down there,'" he recalled.

Lamont did go down to the ring and make his debut; yet, he was shocked when an eight year old gave him an embarrassing whippin'. This, and other early losses, has instilled in him a philosophy of boxing, including winning and losing.

"It's a mental preparation. Before, I used to win just by shooting punches, but now I think," Jones admitted about differences in style with experience. "When I'm in that zone, no one can take me out. My job is to annihilate everybody that faces me."

"Boxing to me is a lot more than winning and losing," he continued. "You have to take a loss and carry yourself outside the ring. If you can't, you can't be a star in the world of professional boxing."

Whether Jones is Olympic bound or not, he has already set his sights on turning to the pro sport next September. Coach Simkin says that anybody can box professionally if they have a heart beat, but Lamont sees it differently.

"If I didn't feel as though I didn't have a real shot, I wouldn't be in the sport, because I don't like getting hit; it's dangerous," he said.

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# The World Comes to MCC International Students Find a Home at MCC

by Ruhbana Manzur

Inna Buzhor, a Maldovian student at MCC, has been in the United States for the last three years. She came to Rochester with her husband Greg and daughter Yeva. Yeva is ten years old and a student at Brighton Junior High.

Inna, who already has a Bachelor's in Economics, is studying to be a nurse. I asked her why she did not study for her Master's in Economics instead of an associate's degree in Nursing. To this she replied that the economic system in the former Soviet Union was Com-

munist based, which is very different from the present trend towards an open market system. Also, her financial condition dictates that she find a stable and well paid job as soon as possible.

Inna is very proud of her husband Greg. He was a mechanic in their home town of Kishinev and is presently working for RTS. Greg has been Inna's strength and stability in their newly adopted home and in her academic endeavors. At present, all Inna wants is to lead a peaceful life for herself and her family in Rochester.

Marco Almeida, 20, from Rio de Janeiro, Brazil, is a business student here at MCC. Someday, he would like to own a chain of Brazilian restaurants.

His mother, Sandra, an American, had gone to Rio to teach English when she met his father and stayed on for the next 30 years. His father, who still lives back home, is a lawyer for the government.

Marco misses Rio a lot, especially during the Carnival season, especially now during the summer carnival. For a week, the whole city shuts down and everyone is celebrating.

Marco loves soccer and hopes to play for MCC someday. His favorite soccer player is Pele, the legendary Brazilian soccer player. While talking about his country, Marco pointed out that Portuguese is the native language of Brazil and not Spanish, as many people might think.

Girls, this guy is free and would like to meet someone nice here at MCC, someone who likes mathematics, his favorite subject, and would like to travel one day. Marco is hoping to transfer to Buffalo.

Itami City, near Osaka, Japan.

Kanae is a modern day Juliet. She came to Rochester to be with her American boyfriend, Don, when he had to leave Japan after his contract ended. She is a Fine Arts major; her favorite medium is water color. VanGogh is her favorite painter, I wanted to know if she would cut off her ears for Don like VanGogh did for his love. To this she said she would if he did it first.

Kanae misses Japanese food most of all; although she is a good cook, it is hard to find the ingredients to make things like Sushi.

Kanae Nagasawa, is from

## Striking Occasion cont.

### Admissions Goes Bowling

Continued from page 1

one game because she was busy attending to her 18-month old toddler; however, she out-bowled the other receptionists with a 125 game.

Mrs. Plumart had a wide range of scores, with the highest being a 113. Her son, Eric (age 7) was more consistent with two games of 106.

Mr. Felicetti did not bowl, but he did participate in his own way by attending to the children, including his own. His ten-year-old daughter Kristen bowled the highest game among the bumper

bowlers with a whopping score of 146, while son Alex rolled a 76 and a 93.

Ian McGimsey, son of Janette, nearly pulled off the upset of the day as he almost defeated

his mother by scoring a 120 to her 121.

Mrs. Pierre-Philippe's daughters, Leslie (age 10 scored 74/107) and Nathalie (age 11) were also present.



Leslie Pierre-Philippe (foreground), Terry Plumart (left), Carolyn Felicetti (center), Kristen Felicetti, and Alex Felicetti (right) all watch the action.

Photo courtesy of Donna Burke

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MCC Counseling Center Spotlights

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|-----------------|---|
| March 5         | Career Resources: Design the Best Career Path for Your Future |
| March 5, 12, 19 | Discovering Your Psychological Type                           |
| March 6, 13     | Time Management   |
| March 11        | Steps to Improving Your Self-Esteem                           |
| March 13        | Notefaking  |
| March 15        | Successful Habits of Highly Effective Students                |
| March 18-20     | Developing the Leader Within                                  |
| March 25        | Managing Stress   |

To sign up for a free workshop call 292-2030 or visit the Counseling Center Bldg 1, Room 231

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February 26, 1996

## Not Another Lecture Hall...?

by Zuri Zona  
Opinion Editor

I have two lectures in lecture halls and both have fans that freeze the students in place so they will not run away. The fans can not be turned off because they help to remove the revolting musty odor that is either produced from the professor or the cement floor that supports the 50 students that are bundled in the lecture hall. Then again, maybe somebody has a flatulence problem.

The cement steps that lead to the rows of desks are very wide and are as smooth as glass, especially when they become

wet from the melted snow that is drug in by the students who would rather cut off their left hand than be in the lecture.

The desks are very cumbersome, and why is the top always sticky? Did someone eat their pancakes there and forget to clean up their mess? The chair part is like a mini carnival ride, especially if you happen to sit in the burgundy chairs that not only swing side to side, but toss you back and forth. I always wanted to be a cowgirl, but not this way.

The teachers may not monotone outside of the class, but as soon as they enter the lecture area, they become instantly

neously boring. I am waiting for the professor to call, "Bueller, Bueller, Bueller." Not even half way through the lecture, the teacher becomes drowned out by the 50 students yawning, shuffling their feet, and simultaneously looking at the clock. I do not care what educator you have, by the end of the lecture, all instructors start to sound like the adults in Charlie Brown cartoons.

When the instructor dismisses the class, an enormous feeling of freedom invades the students, and they leave the class rejuvenated.

## First Amendment Gets Stretched Too Far

Dear Editor:

In the article entitled, "Explicit Poster Raises Eyebrows," (February 5, 1996) you asked for opinions on whether "this or other sexual material should be covered under our constitution, or is the first amendment stretched too far to cover everything?" In my opinion it is stretching it beyond its intended purpose.

I believe one of the reasons for the first amendment was to ensure citizens of their right to free speech and protection from federal government control; in order to allow the free flow of ideas and facts to be expressed. Surely the authors of the first amendment must have understood that, as written, it would be open to future interpretation since it was not specific. Yet, I imagine they considered that any breach of the amend-

ment would be interpreted according to the expressed ideals of the American Public represented in the Constitution.

I realize our American Culture is changing rapidly and hardly reflects many of the same values it did 50 years ago, much less those of the late 18th Century, but it is not government laws that initiate the changes: public opinion and demand precedes them. At first, something can be seen as outrageous and unthinkable, but after time and exposure to both public scrutiny and apathy, it can become acceptable, especially if someone's first amendment rights are said to be violated. To me, having the right and having the freedom to do something are not necessarily the same. In its basic state, the first amendment guarantees a person to the right to make a speech uplifting ra-

cial genocide, for instance, but does that mean I have the freedom to do this when it would cause public concern or even rioting.

There is a wonderful poster done by an MCC student which depicts a gun wrapped and tied up in a cloth and states: STOP THE VIOLENCE. It most likely represents the general consensus that people are against violence. Imagine the mixed message that would be sent if someone (heralding their first amendment rights) was able to display a poster next to it portraying a woman blowing a man's head off as an advertisement for a free self-defense seminar! Content matters: it is a reflection of the people it addresses.

I am a student at the Damon Campus and although I do not think the poster was placed on this campus, we are a part of the student body, and I may be wrong, but no one was polled from this campus. Though it was an informal poll it tends to leave the reader under the impression that this is the overall belief of MCC students.

To me all forms of media (including advertising) have a responsibility to the public because they have the power to influence society by emphasizing or diminishing existing mores and social norms. With the presence and threat of HIV virus all around us I think it is irresponsible and selfish to use sexually explicit material for promoting anything whether for entertainment or advertising: since one of the main ways HIV/AIDS is spread is through unprotected sex with multiple partners.

I do appreciate your request for students to write and express their opinions because if the actual majority of students would be offended by explicit sexual content in advertisement (as I would) but remain silent — they deserve the results.

Christine Van Heerden

## In Defense Of Christian Music

To the Editor,

First of all, I would like to apologize from the bottom of my heart to my fellow students for the way Mr's Fillmore and Deforest expressed their feelings toward WMCC's musical selections. As a Christian myself, I was deeply embarrassed, as were many of my friends from InterVarsity Christian Fellowship (IV), a student-led Christian ministry on campus, as we read their letter to the editor. (Please do not believe that all Christians are judgmental and condemning!)

While I do not listen to the groups mentioned, I know there is a more positive way to say that you wish there was more Christian music played on campus airwaves. It is not the idea that it was wrong; it was the presentation. I think they should have spoken up with a more positive and humbler attitude, not one of condemnation; it would have ben

received better. They should not have come on so strong and so defensive.

Saying those derogatory statements about these musicians was not a Christ-like way to request equal time. What these gentlemen need to realize is this: We attend a public college and like it or not, these things are not always going to be the way we wished they were. They also need to realize that the radio station does not purposely not play Christian music! Just like any other wish we have, it needs to be expressed; people have to show some interest and make suggestions. I am sure the disc jockeys are not part-time mind readers!

Now, I would like to say something in defense of Christian music to all who think Christian music comes only from old, withering, decrepit hymnals! Not so! I work at a local Christian bookstore, and

Continued on page 6

## SUNY MISUNDERSTOOD?

Dear Editor,

It is unfortunate that there have been some incomplete and possible misleading news stories concerning program cuts at the State-operated campuses of SUNY.

It needs to be stressed that SUNY and State officials insist that this high quality University system remain accessible to students throughout New York. Therefore SUNY and campus administrators, while preserving SUNY's reputation for quality and access, are properly analyzing many long-range cost saving measures in order to deal with diminished state resources. This includes a review of what appear to be higher cost, low enrollment, and duplicated programs. It is important to understand that the preparation of this overall broad-based list was advisory by system administration. Therefore it does not necessarily mean that all or even most of those programs would be eliminated.

The addition or deletion of programs is a routine and ongoing process initiated at the campus level and ultimately involving the State Education Department. As a result, there has been no secret here. On the contrary, this process has been a free and constant exchange with campus presidents in consultation with other academic administrators. The end result, of course will be fewer programs. At the same time, campuses will be able to ensure students of a higher quality and

more concentrated campus mission.

It is hard to understand how anyone would object to this necessary re-examination of SUNY programs, especially when the Legislature, in its mandate to the SUNY Board of Trustees, called for the "strengthening of academic specialization." This certainly should be no surprise to anyone concerned about SUNY since the "Rethinking SUNY" report issued two months ago specifically and clearly stated "The State University is now engaged in a wide-ranging review of its degree programs at the associate, baccalaureate, master's and doctoral levels. The objective of the review is to eliminate programs of questionable quality as well as unnecessarily duplicative programs, especially those with low enrollment and high costs."

This process will help protect SUNY's goals of access and excellence. To suggest otherwise is a "head in the sand" approach to SUNY's honest effort at better management with reduced resources. It is for this reason that we also need legislative reforms developed by the Trustees over the last six months. Without these measures, SUNY faces even greater obstacles to protecting access and quality.

Respectfully yours,

Ken Goldfarb  
Director, Media Relations  
State University of New York

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### EVENTS

#### on campus:

Watch for local colleges visiting the MCC Campuses. ROCHESTER INSTITUTE OF TECHNOLOGY and the UNIVERSITY OF BUFFALO will be in the Student Center Hallway from 11am-1pm on Feb. 28th. RIT Evening School will be here from 4-7pm. On March 1st, CAZENOVIA COLLEGE will be here from 11am-1pm in the Student Center Hallway.

THE 1996 SCHOLASTIC ART AWARDS AND EXHIBITION will be running now until Friday, March 15, 1996 at the Monroe Community College Damon City Center in downtown Rochester. Exhibit hours At the old Sibley's building, 4th & 5th floors, are from 9am to 9pm Monday through Thursday, 9am to 4:30pm Fridays,

and 1pm to 4:30 Saturdays. For more information, contact Goldee Hecht-Meyer or Susie Cohen at 546-5602.

#### off campus:

THE BIOLOGY CLUB is planning a trip to the Monroe County Medical Examiner's Office on Feb. 29th at 5pm. For more information contact E. Mellas (8-236, ext. 2732) or J. Peters (7-311A, ext. 2194), or stop by the Biology Club Office in Bldg. 3-Rm. 125.

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ing Home, at 1556 Mt. Hope Avenue, is looking for volunteers to assist residents and staff with a variety of activities. To assist residents, you may may friendly visits, adopt a "grandparent" or assist in group activities. To assist staff, there are currently several clerical positions open. Whatever you may choose, there is a place to fit your interests and to benefit from helping others at Park Hope Nursing Home. FOR MORE INFORMATION,

PLEASE CONTACT SHARON WHEELER, 473-2444, EXT.126

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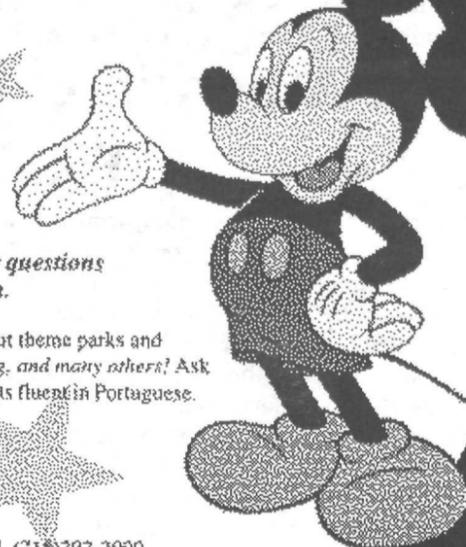
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**Presentation Date:** March 4, 1996.

**Time:** 6 p.m.

**Location:** Room 5100 Building 5.

**For More Information Contact:** Bill Sigismund, (716) 292-2000.



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## Christian Music cont.

Continued from page 5

we have music from Christian artists who are similar in sound to mainstream artists.

I would like to offer a challenge to anyone who still thinks the only people who sing Christian music wear choir robes and shake tambourines: If you like groups such as REM and Nirvana, give a listen to local artists, Jars of Clay. If you prefer rap music, try Gospel Gangstas or another local artist, Micheal Peace. If your taste is more like Green Day, hear Dakota Motor Co. or Sixpence None the Richer. If you like R&B, try Angie & Debbie, Out of Eden, Angelo & Veronica, Kelli Williams. If you enjoy listening to soft and mellow music like Micheal Bolton, listen to my personal favorites, Clay Cross or East to West. So you see, we also have a variety of music. I hope some of you will take me up on it. You will not be sorry that you did!

In closing, I would like to say that even though we do not all love and appreciate that same types of music, it is important that we love and appreciate the same types of feelings of each other; Whatever we say and do should be said and done in feelings of love — lest we put up with more unnecessary barriers.

God Bless You All,  
LeAnn Michele Dey  
InterVarsity Christian  
Fellowship

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February 26, 1996

Entertainment

# All Up In Your Business

by LaDonna "LD" Drake and  
Clay "Bubba" Harley

Dear LD and Bubba,

I have been dating the same guy faithfully for a long time. However, the last couple of months have been the worst. He doesn't listen to my feelings and always brushes them off, as if how I feel is not important. I just feel disconnected to him emotionally because he is so cold to me. Recently, my path crossed with my first love, the guy who I gave my virginity to. We broke up because he moved to the West Coast. Whenever he came home, he would always visit, but we went on with our lives. We felt we were too young to make a commitment to one another. My mother felt that he was too advanced for me (especially after catching him in my room one night after midnight.) Since I have been spending time with him at school, I realize that this is the guy I compared all of my boyfriends to. In short, I still love him. I don't know what to do. I still love my current boyfriend. I can't stop thinking

about how different life would be if my ex was more than my friend.

Signed, Sad and Confused.

LD sez...

Dear Sad and Confused, do what you feel is real, because if love is real you feel it. I want to say first of all, if your current man treats you bad, you should have no problem making this decision. If a man doesn't care about your feelings, 9 times out of 10, he doesn't care about you. If your man is acting cold maybe there is a reason for his action. The first thing you need to do is think, are you really still in love with your ex or the memories you two shared. The person he was then may be different from who he is now (the West Coast does that to some people). Secondly, find out the scoop on your current dish before you start licking elsewhere. Talk to him, tell him how you feel, if he still doesn't care, dump him, but not for your ex, for the way he treats you. If you find your way back

to your ex then let X mark the spot.

Bubba sez...

Dear S and C, confused is right. A thought occurred to me over and over while I was reading your letter, ME, ME, ME. Remember, contrary to popular demand, love is NOT 50/50. You have to give 100% to get the same in return. If you only give half don't expect much more. I get the feeling that you expect to find happiness outside of your self. If you're not happy with the way your man is treating you, then do something about it. Talk to him and let him know that if he doesn't get on the plane with you, then you're going to fly without him. As for your X, it didn't work out the first time and it won't work now. I also feel that the energy that you are spending creeping around with your X can be better spent working on yourself. How would you feel if you found out that your man was sharing all his feelings with an old girlfriend? Tighten up your own

# A Star is Born

## Aspiring Diva Hits the Road

by Tom Fittipaldi

Karena Johnson, a voice major here at MCC, just received a call from her cousin, Dita Jackson, to come and join her on the road! It seems that Dita is part of a cast of singers and actors who will be part of a new Gospel influenced musical called "Sneaky," that is in rehearsal in Dallas, Texas. Karena flew out of Rochester on Thursday, February 15 to join the show. She explained that they took her based on her cousin's recommendation and an impromptu audition over the phone!

Needless to say, she is very excited about the prospects of this nationally touring show with some very well respected names in television and musical theater. Some of the people who will be in the show are Shug Avery, who was in the movie "The Color Purple," Kim Reese, who was in "A Different World," Howard Hewett, a well respected R&B and Gospel

singer, and possibly Melba Moore, who has been in many Broadway musicals and night club revues. Dita Jackson, Karena's cousin, was a former director of the MCC Gospel Choir, an outstanding soloist at MCC's convocation, and a former cast member of another national touring show featuring Melba Moore that appeared here in Rochester not too long ago.

Karena recently had a lovely solo in MCC's production of "Big River" this past fall and she sang for the MCC Gospel Choir and the MCC Concert Choir. Even though this tour means interrupting her education for possibly up to two years, depending on the success of the show on the road, Karena still has every intention of coming back and finishing her music degree.

You can see Karena Johnson in "Sneaky," when it comes to Rochester this April. So be sure to watch for advertisements for this new show and MCC's own rising star!

# Black Man Rising

by Andrea Smith

Black Man Rising is the new play by James E. Chapmyn. This play, with a cast of only three (Kevin Smith, Tim Hunter and James Chapmyn), is a pow-

erful play about hope and change. Black Man Rising was brought to the Damon City Campus by the Student Association Advisory Board (SAAB) on Wednesday, February 14, from 12:30 to 2:00 p.m., in the fourth floor lounge. The play demonstrated the struggles of life through the eyes of Black

men. The play was heart warming, fitting the theme of Valentine's Day. It was also funny and witty at times, bringing laughter throughout the crowd. In the spirit of Valentine's Day, it brought the Damon Campus closer together, regardless of color. Students sat in amazement at the

performance of the actors, who showed everyone they can rise without anyone else having to fall. Optimism rang loud and clear touching every ear, sending out a message to work together and move towards unity. Teachers brought their students down to see the play. There were many members of the faculty and staff present. Mr. Flynn, Vice-President of Student Services, Mr. Phoenix, Assistant Vice-President of Student Services, Dr. Amann, the Executive Dean of Damon City Campus, and Pete Otero, Director of Student Services were in attendance. Four very important men, who thought enough of the students to watch the

play with them.

Black Men Rising had a strong impact on all who watched, and ended with a standing ovation of about 250 people. The three actors, Kevin, Tim and James, stayed after the play to answer questions and sign autographs. They commented on the warm welcome they received and expressed a desire to come back and perform at the Brighton and Damon campuses. Black Man Rising lived up to its name. I believe this because everyone I talked to about the performance had positive and uplifting comments. The play showed the viewers we all must rise to make the world a better place.

## One Sweet Day A Tribute to Selena

by Sonia Rivera

Boys II Men is one of my favorite groups. I loved their romantic songs "I'll Make Love to You", and "The End of The Road". Now, check out their new duet "One Sweet Day," with Mariah Carey. "One Sweet Day," has very special meaning for me. It tells us that even though we may have lost someone special in our life, we can take comfort that that person is with us spiritually. Like the song says, "...I know you're shining down on me from heaven."

This song reminds me of the late Texas singer, who we loved and remember with all of our hearts; Selena.

Selena was one of the most loved Texas singers in the Latin Community. Now she is gone.

Someone took her sweet voice and talent away from us. Thanks to our justice system, that person is now paying for taking a young person's life away.

Selena had many dreams and songs. Some of my personal favorites are, "Amore Proibido", "Como La Flor", the big hit, "La Cumbia".

After her death, her family decided to keep one of her dreams alive. They produced her English hit, "Dreaming of You". A song especially meaningful in the month of Love, February, when we all dream about that special person.

Selena, I know your shining down on me from heaven, like so many friends we have lost along the way. And I know that eventually we will be together, One Sweet Day.

## Community Calendar

### Major Pain Step Team

Mar. 8, 12:00 pm, Step demonstration in the Terrance. Come check us out! General club meetings to be held M-W-F College hour, building 11-306. If you have any questions ask for Kay @ Student Center Desk.

### Memorial Art Gallery

Feb. 27, 5:30 pm, Lecture. Micheal Sladden will give a 30-minute lecture on Henry Moore's sculpture Working Model for Three Piece No. 3: Vertebrae, on view in the Gallery's Sculpture pavilion. Sladden is curator of education at George Eastman House. Free with Gallery admission.

### SUNY Brockport School of Arts and Performance:

Mar. 3, Steven Covey performs the role of John in David Mamet's Controversial and Prize-winning play Oleanna.

### Strong Museum

Louis Armstrong: A Cultural Legacy. The "Satchmo Sundays" jazz series continues with the following musical performances.:

Mar. 10: Monroe Community College Jazz Ensemble and Noon Flyte Vocal Jazz Choir

Mar 17: Allendale-Columbia Jazz Ensemble.

Mar 24: The Rich Thompson Quartet

### George Eastman House

Feb 27: Naked Lunch (David Cronenberg, 1991, 115min.)

Feb 28: Goodbye Darling (Pai Ching-Jui 1970, 90min.)

All films begin at 8pm. in the Dryden Theatre. Admission is \$5 for general public, and \$4 for museum members.

### Penfield Public Library

Feb. 26: 7-9pm, Great Decisions '96. A discussion program offered with the Rochester Association for the United Nations (RAUN) that focuses on U.S. Foreign policy.

### Eastman School of Music

Feb. 28: Eastman School Symphony Orchestra

Mar. 8: Eastman Philharmonia '96 Concerto Competitions Winners.

## DO YOU EVER WONDER?

\*Who wrote the Bible?

\*Is the Bible true?

\*Was Jesus really born on December 25?

\*Did Jesus really rise from the dead? Does it matter anyways?

\*What did Paul really say about women?

\*What does the Bible say about current issues, such as: euthanasia, abortion, invitro-fertilization?

WOULD YOU LIKE TO DISCUSS THESE AND OTHER ISSUES?

PLEASE JOIN US FOR BIBLE STUDY!

Mondays  
Room 12-205

For more information, contact:

Joan Ann  
in the Chaplain's office  
Room 3-137, x. 2558

# African American Women of History

## Mother Africa

Dear Brothers and Sisters  
Tell my Mother Africa, that I have fallen,  
never to see her again,  
except it to be the will of my father.

Tell my Mother Africa,  
that I long to nurture within her bosom.  
I long to hear her soothing voice,  
with the gentleness of her touch.  
I long to feel her warm breath upon my face,  
every time i feel warm winds upon my being.

Tell my Mother Africa,  
that I have not forgotten,  
the things which she taught me,  
so long ago that has helped me to survive this long.

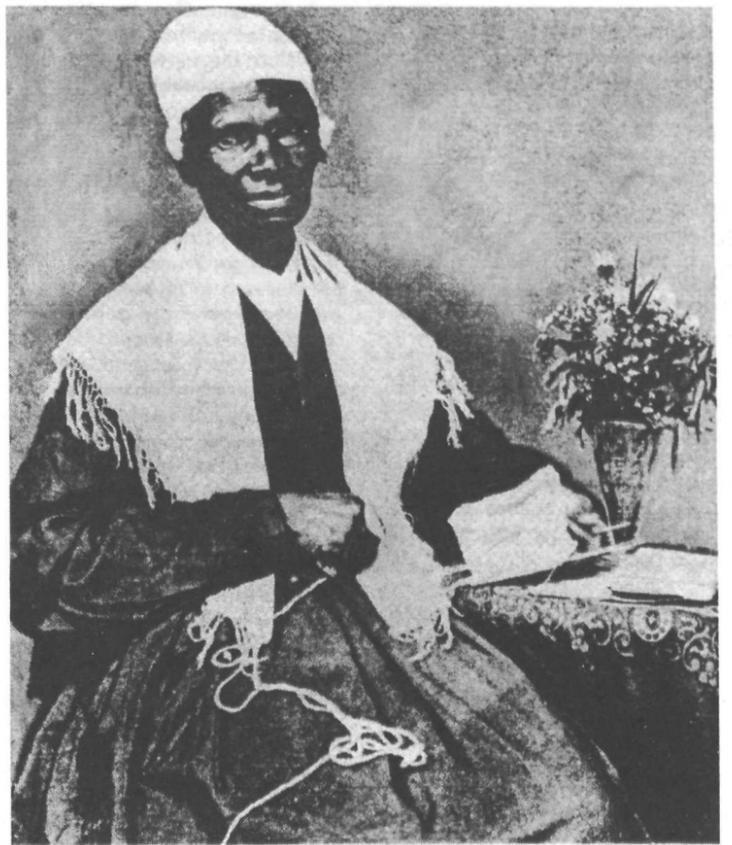
I remember her saying  
"Be smart like the monkey,  
Who listens to every sound about him,  
and plays high in the trees,  
so he can see everything,  
thus so is never caught off guard."

*Continued on page 9*

### Sojourner Truth 1799-1883

Born Isabella Baumfree. Left her job as a domestic servant in 1843 travelled around the country, spreading her idea's on the cruelty of slavery. She adopted the name Sojourner Truth " The Lord gave me Sojourner because I was to travel up and down land showing the people their sins and being a sign to them". She asked the Lord for another name, since most people had two names. Sojourner said the the Lord gave her Truth because she was declared to tell the truth, and she did.

*Upper Right*



### Josephine Baker 1906-1975

Dancer and entertainer. Josephine Baker was a rage in France. While in America, Blacks could perform, but only to segregated audiences. When Baker returned to the USA on tour, she refused to perform unless certain conditions were met. Josephine Baker was the first Black American to house her entire troop in a Las Vegas hotel. She was the first Black to perform to an unsegregated audience. On May 29, 1995, the NAACP honored her the most outstanding woman of the year.

*Center*

### Rosa Parks 1913-

Born in Tuskegee, Alabama. Rosa is considered to be the mother of the modern civil rights movement. December 1, 1955 was the day Rosa sat down refusing to relinquish her seat to a White man. This act of civil defiance led to the Supreme Court decision striking down segregation on city buses. This ended the famous Montgomery bus boycott, organized by Martin Luther King. Mrs. Parks is and has always been an active member of the NAACP. She has been a strong soldier in the battle against injustice for years.

*Lower Right*



### Madame C.J. Walker

(Sarah Breedlove) 1867 -1919 took the name of her husband and added Madame for distinction. " I got myself a start by giving myself a start." Madam C.J. Walker was the first self made American female millionaire. Madame Walker was an inventor- entrepreneur, black hair-care pioneer, philanthropist and a political activist.

*Upper Left*

### Corretta Scott King 1927-

Born in Marion, Alabama. Mrs King worked very closely with her husband in the civil rights movement, she was his right hand, fulfilling any speaking engagements Dr King couldn't. After King assassination, she continued the work in gaining equal rights for every one. In the 80's she was still very active. Delivering speeches, and writing for a nationally syndicated news column. Mrs. King continued to protest injustice by sitting in on a protest on Apartheid in the 80's. She accomplished many things such as being the founding president of the Martin Luther King Center for non-violent social change in Atlanta, Georgia. Her greatest accomplishment was aiding in establishing the first observed holiday for a Black Man.

*Lower Left*



February 26, 1996

# African American Women of History

## Mother Africa continued

Continued from page 8

I remember her saying  
 "Be swift like the cheetah,  
 who is faster than his prey,  
 and can overtake it at anytime  
 and kill swiftly."

I remember her saying,  
 "Be strong in heart like the lion,  
 who knows when to be tender and kind,  
 fearless and merciless."

I remember her saying,  
 "Be wise like the elephant,  
 who never forgets,  
 and knows it's place,  
 from which it came."

Tell my mother Africa,  
 that for a long time,  
 my soul was lost unto me.  
 There were no sounds that I knew,  
 except echoes in my heart,  
 and then I heard a sound  
 that made me cry, all wasn't lost,  
 the one sound which was deep in my being  
 that I knew will never leave me.

The drum is the sound of my mother and my people.

Tell my Mother Africa,  
 that from one I came,  
 to one somehow I shall.....

RETURN.

Love,  
 Lorenzo



**Angela Davis 1944-**

Born in Birmingham, Alabama. Growing up in Alabama, she witnessed many racist acts. Angela Davis was a leftist, radical, activist, fighting for the equality of blacks in America and abroad. Angela was involved with the Black Panther movement, as well a believer in Communism. Angela was the first Black women to ever run for vice president. Running for office in 1980 and 1984 on the Communist party ticket. Angela is a brilliant professor who still lectures today.

Upper Right

**Harriet Ross Tubman 1821-1913**

Conductor of the Under ground Railroad, she helped to set over 200 slaves free.. Harriet was a caring person who wanted every Black to experience being their own free person. Harriet Tubman was the first black on the Black Heritage U.S. stamp in 1979.

Left

**Mahalia Jackson 1911-1972**

Born to be one of the best gospel voices ever heard, loud and rich. She was born in a three room shack in New Orleans, that didn't stop her from performing for the King and Queen of Denmark as well as winning a French Academy Award. Mahalia was also an entrepreneur/producer. She owned and assisted in the operation of her own radio and TV show that ran from 1954 1955. Mahalia also owned real estate, a flower shop, as well a beauty salon after receiving training from Madam C.J. Walker.

Lower Right



# Students Get a Kick Out of Free Lessons

## Open Tae Kwon Do Class Meets M.W.F

### INTRAMURALS

by Rubana Manzur

What is it that you, the average MCC student, don't have in common with VanDamme, Bruce Lee and Jackie Chang? Besides the fact that they are/were handsome, rich, famous movie stars, and you are not. It's the martial arts; and these men had to pay for their lessons while MCC has already paid for yours.

These free classes are held every Monday, Wednesday and Friday, between 4 and 6pm at the dance studio. The room opposite of the women's locker room and to the right of human performance lab (Gym for the politically incorrect) in building 10. For the new students who still don't know their way around MCC, Building 10 comes after 9 of the science side of MCC.

Now that you have made your way to the studio, what are you going to see? You'll see men in tight, black leotards with figures a woman would kill for, sweating to the oldies. No wait, that's the Tuesday/Thursday class! In the Tae Kwon Do class, you'll meet Mr. Highsmith, the talented instructor. Don't however let his 6'3", 270 pound frame intimidate you. He is as gentle as a

lamb (his wife says so!). Mr. Highsmith has a third degree black belt, has been involved in the sport for 15 years, and an instructor since 1986.

Martial arts has an international appeal, with many nations developing their own variety. Tae Kwon Do is Korean and when translated means, fighting for self defense only. Kungfu is Chinese, Karate has its roots in Japan, Kickboxing is Thai and of course, Lathial is from Bangladesh. Despite what Dr. Deepak Chopra, and my fellow Asians would like you to believe (so you'll buy our books and videos) martial has nothing to do with the har-

mony of nature. I told her to become a vegetarian, listen to the sitar and only buy "made in Bangladesh".

All forms of martial arts came into existence from when the farmers needed to protect their land, crops, and possessions. If you would like to know more

8" tall and weighs in at only 80 pounds. Despite this, she can flip men more than twice her size over her shoulder. She spars with Mr. Highsmith, who as I mentioned, weighs 270 pounds and is 6' 3" tall.

Other students of Mr. Highsmith include Bill, a single parent enrolled in 16 credits, who said he is incorporating the discipline his is learning from Tae Kwon Do to better handle stress in daily life. Tom, a Physics major, agrees with Bill, adding that when his mind is full Taekwon-do helps him unwind.



Photo by Marie Rice

One Tae Kwon Do participant refines his left kick.

mony of nature. As a matter of fact, I didn't even know that nature had harmony, until I came to the United States when an American asked me to teach her ways to be harmonious

information ask Yong-Goo Bea, he is Korean.

Mintra, 24, is probably the best example of what dedication combined with martial arts can do for you. She is only 4'

Tae Kwon Do belts start with yellow and end at a black belt. Then one starts earning degrees. MCC students have to test in front of Master Park Bullwang, and yes you even have to bow in front of him. The MCC class is affiliated with Unified Tae Kwon Do and follows their method of teaching. If you are too busy to attend the class, but are interested, contact Mr. Highsmith through the Athletic Department (extension 2830).

Tae Kwon Do not only makes one physically fit and agile, but also gives you girls a chance to scare off that obnoxious person that always sits behind you in class. It also makes you guys look cool to the girls.

## Recent Women's Basketball Summaries

by Eric W. Mack

### MCC 69, Niagara 45:

St. John Fisher- The Lady Tribunes showed February 13th that they are clearly the second best team in the Western N.Y. Athletic Conference by trouncing Niagara 69-45.

Tasha McKenzie was the hot shooter in the first half with 15 points. She totaled 17 for the game to lead all scorers. Teammates Lisa Biletzky and Shawna Williams added 14 and 13 respectively.

The Lady Tribes jumped out to

a 39-23 lead at the half, and Niagara (third in W.N.Y.A.C.) fell to 14-7.

### Scoring Summary

MCC- Heidi Kimmel 6, Tasha McKenzie 17, Lisa Biletzky 14, Shawna Williams 13, Anna Valeria 2, Colleen Gilligan 2, Christy Henry 7, Renee Lassiter 8, Kerri Schillaci 0. NCCC- E. Belkota 2, S. Krentz 1, K. Platt 6, M. Wayda 13, K. Jurek 3, D. Reid 11, V. Baker 9.

### MCC 81, Alfred 48:

Nazareth- The Lady Tribes improved their overall record to 22-2 after they soundly defeated Alfred State 81-48 on

February 18th.

Lisa Biletzky was the catalyst for MCC with her nine first half points that helped her team to a commanding 45-26 half-time score. Lisa scored a game-high 17 points, while teammates Heidi Kimmel and Shawna Williams added 14 points apiece.

Five MCC women reached double digits in scoring. Tasha McKenzie chipped 12 points, and Colleen Gilligan tallied another 10 points.

McKenzie and Williams were a combined 11 for 13 at the foul line.

With the loss, Alfred State fell to 9-13 overall.

### Scoring Summary

MCC- Heidi Kimmel 14, Tasha McKenzie 12, Lisa Biletzky 17, Shawna Williams 14, Anna Valeria 2, Colleen Gilligan 10, Christy Henry 5, Renee Lassiter 2, Kerri Schillaci 5. ASC- E. Bastian 4, K. Brightman 2, D. Dockstader 13, T. Darling 6, K. Evener 4, C. Gosper 7, A. Cerrillo 2, Andrea Lazauskas 5, S. Luxton 5. Fouled Out: Cerrillo.

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The Monroe Doctrine accepts for consideration for publication articles, letters of opinion, photographs, and art pieces by any member of the MCC community. If you have something that you would like to submit, you should direct it to the attention of the appropriate section editor (editors' names appear in each edition of the paper) and either put it in campus mail addressed to the Monroe Doctrine or drop it in the box near the MD office door.

Please be sure to include your name and a phone number at which you can be reached on all correspondence to the paper.

The Opnion's expressed in the Monroe Doctrine are not necessarily reflect those of the MD, student body, the Administration, or Faculty.

Unhappy with your current program?  
Thinking about a different major?  
*Maybe it's time for a change!*  
The Counseling Center Staff wants to talk to you!  
Contact the Counseling Center for more information.  
Bldg 1, Room 231  
292-2030  
Applications for a program change may be submitted from  
February 5, 1996  
to  
April 29, 1996.

**Bi-Sexual  
Gay & Lesbian  
Union  
(Bi-Glu)**

MEETINGS HELD  
ON MONDAYS

COLLEGE  
HOUR:  
ROOM 7-215

**MEN'S AND WOMEN'S BASKETBALL STATISTICS, AND STANDINGS**

**REGION III REPORT - MEN'S**

**STANDINGS**

| TEAM          | OVERALL     | DIV. I      | REG. III   |
|---------------|-------------|-------------|------------|
| Genesee       | 23-4        | 9-2         | 12-1       |
| Champlain     | 23-4        | 12-4        | 10-2       |
| <b>Monroe</b> | <b>20-6</b> | <b>10-5</b> | <b>5-3</b> |
| Albany        | 15-12       | 4-7         | 3-7        |
| Erie          | 13-11       | 2-6         | 2-6        |
| Niagara       | 10-18       | 1-8         | 3-9        |

**TEAM STATISTICS**

| TEAM OFF.        | TOT. PTS.   | AVG.        |
|------------------|-------------|-------------|
| 1. Champlain     | 2609        | 96.6        |
| 2. Albany        | 2278        | 84.3        |
| 3. Genesee       | 2278        | 84.3        |
| 4. Niagara       | 2173        | 77.6        |
| 5. Erie          | 2004        | 77.1        |
| 6. <b>Monroe</b> | <b>1998</b> | <b>76.8</b> |

| TEAM DEF.        | TOT. PTS.   | AVG.        |
|------------------|-------------|-------------|
| 1. <b>Monroe</b> | <b>1683</b> | <b>64.7</b> |
| 2. Genesee       | 1769        | 65.5        |
| 3. Champlain     | 1967        | 72.9        |
| 4. Albany        | 2226        | 82.4        |
| 5. Niagara       | 2375        | 84.8        |
| 6. Erie          | 2232        | 85.8        |

**INDIVIDUAL STATISTICS**

| PT. LEADERS        | SCH. | G. | FG. | 3PT. | FT. | PTS. | AVG. |
|--------------------|------|----|-----|------|-----|------|------|
| 1. Killroy Jackson | ECC  | 23 | 240 | 7    | 144 | 645  | 28.0 |
| 2. Jeremiah Wilkes | NCCC | 28 |     |      |     | 548  | 19.6 |
| 3. Antonio Simmons | GCC  | 27 |     |      |     | 471  | 17.4 |
| 4. Ulysses Barber  | NCCC | 28 |     |      |     | 481  | 17.2 |

| REB. LEADERS           | SCH.       | G.        | RBS.       | AVG.       |
|------------------------|------------|-----------|------------|------------|
| 1. Sharif Beecher      | ECC        | 23        | 292        | 12.7       |
| 2. Ulysses Barber      | NCCC       | 28        | 268        | 9.6        |
| 3. <b>Boswell King</b> | <b>MCC</b> | <b>23</b> | <b>213</b> | <b>9.3</b> |
| 4. Shawn Hargrove      | GCC        | 27        | 245        | 9.0        |

| ASSISTS            | SCH. | G. | A.  | AVG. |
|--------------------|------|----|-----|------|
| 1. Jeremiah Wilkes | NCCC | 28 | 228 | 8.1  |
| 2. Ashanti Hall    | CC   | 27 | 200 | 7.4  |
| 3. John Thomas     | GCC  | 22 | 151 | 6.9  |
| 4. Shaheed Brown   | JCA  | 23 | 121 | 5.2  |

| 2PT. FG%              | SCH.       | FGA       | FGM       | %           |
|-----------------------|------------|-----------|-----------|-------------|
| 1. <b>Johnny Osby</b> | <b>MCC</b> | <b>73</b> | <b>49</b> | <b>67.1</b> |
| 2. John Thomas        | GCC        | 170       | 105       | 61.7        |
| 3. Kojo Mensah-Bonsu  | CC         | 227       | 140       | 61.7        |
| 4. Terrell Baker      | CC         | 199       | 118       | 59.3        |

| 3PT. FG%           | SCH. | 3FGA | 3FGM | %    |
|--------------------|------|------|------|------|
| 1. Terrell Baker   | CC   | 79   | 34   | 43.0 |
| 2. Antonio Simmons | GCC  | 231  | 97   | 42.0 |
| 3. O'Neil Kamaka   | CC   | 109  | 45   | 41.3 |
| 4. Jason Mathias   | JCA  | 162  | 65   | 40.1 |

| FREE THROW%           | SCH.       | FTA       | FTM       | %           |
|-----------------------|------------|-----------|-----------|-------------|
| 1. John Thomas        | GCC        | 90        | 76        | 84.4        |
| 2. <b>Johnny Osby</b> | <b>MCC</b> | <b>31</b> | <b>26</b> | <b>83.8</b> |
| 3. Ashanti Hall       | CC         | 73        | 59        | 80.8        |
| 4. Jason Mathias      | JCA        | 92        | 71        | 77.1        |

**WESTERN N.Y.A.C. - WOMEN'S**

**STANDINGS**

| TEAM          | SEAS.       | WNYAC      |
|---------------|-------------|------------|
| <b>Monroe</b> | <b>23-2</b> | <b>8-2</b> |
| Genesee       | 19-3        | 9-0        |
| Niagara       | 15-7        | 1-4        |
| Jamestown     | 8-9         | 2-2        |
| Alfred        | 8-11        | 1-2        |
| Erie          | 5-8         | 0-4        |

**TEAM STATISTICS**

| TEAM OFF.        | TOT. PTS.   | AVG.        |
|------------------|-------------|-------------|
| 1. Genesee       | 1725        | 78.4        |
| 2. <b>Monroe</b> | <b>1880</b> | <b>75.2</b> |
| 3. Niagara       | 1425        | 64.8        |
| 4. Alfred        | 1226        | 64.5        |
| 5. Jamestown     | 1024        | 60.2        |
| 6. Erie          | 737         | 56.7        |

| TEAM DEF.        | TOT. PTS.   | AVG.        |
|------------------|-------------|-------------|
| 1. Genesee       | 1058        | 48.1        |
| 2. <b>Monroe</b> | <b>1261</b> | <b>50.4</b> |
| 3. Jamestown     | 957         | 56.2        |
| 4. Niagara       | 1356        | 61.6        |
| 5. Alfred        | 1273        | 67.0        |
| 6. Erie          | 883         | 67.9        |

**INDIVIDUAL STATISTICS**

| PT. LEADERS               | SCH.       | G.        | PTS.       | AVG.        |
|---------------------------|------------|-----------|------------|-------------|
| 1. Mariann Wayda          | NCCC       | 22        | 346        | 15.7        |
| 2. <b>Shawna Williams</b> | <b>MCC</b> | <b>22</b> | <b>339</b> | <b>15.4</b> |
| 3. <b>Lisa Biletzky</b>   | <b>MCC</b> | <b>24</b> | <b>363</b> | <b>15.1</b> |
| 4. Vicki Baker            | NCCC       | 22        | 322        | 14.6        |

| REB. LEADERS     | SCH. | G. | RBS. | AVG. |
|------------------|------|----|------|------|
| 1. Mariann Wayda | NCCC | 22 | 255  | 11.6 |
| 2. Vicki Baker   | NCCC | 22 | 246  | 11.2 |
| 3. Casey Gosper  | ASC  | 12 | 108  | 9.0  |
| 4. Petra Pankova | GCC  | 22 | 199  | 9.0  |

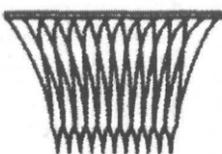
| ASSISTS                  | SCH.       | G.        | A.         | AVG.       |
|--------------------------|------------|-----------|------------|------------|
| 1. Danielle Reid         | NCCC       | 22        | 158        | 7.2        |
| 2. <b>Tasha McKenzie</b> | <b>MCC</b> | <b>25</b> | <b>168</b> | <b>6.7</b> |

| 2PT. FG%                   | SCH.       | FGA        | FGM        | %           |
|----------------------------|------------|------------|------------|-------------|
| 1. <b>Lisa Biletzky</b>    | <b>MCC</b> | <b>280</b> | <b>153</b> | <b>54.6</b> |
| 2. Tracy Sroka             | GCC        | 219        | 119        | 54.0        |
| 3. Petra Pankova           | GCC        | 242        | 125        | 51.0        |
| 4. <b>Colleen Gilligan</b> | <b>MCC</b> | <b>178</b> | <b>89</b>  | <b>50.0</b> |

| 3PT. FG%                 | SCH.       | 3FGA      | 3FGM      | %           |
|--------------------------|------------|-----------|-----------|-------------|
| 1. <b>Tasha McKenzie</b> | <b>MCC</b> | <b>35</b> | <b>17</b> | <b>48.6</b> |
| 2. Jerri Beamon          | GCC        | 33        | 12        | 36.0        |
| 3. Noelle Hunt           | GCC        | 73        | 25        | 34.0        |

| FREE THROW%               | SCH.       | FTA       | FTM       | %           |
|---------------------------|------------|-----------|-----------|-------------|
| 1. Casey Gosper           | ASC        | 30        | 24        | 80.0        |
| 2. <b>Shawna Williams</b> | <b>MCC</b> | <b>92</b> | <b>67</b> | <b>72.8</b> |
| 3. <b>Tasha McKenzie</b>  | <b>MCC</b> | <b>75</b> | <b>54</b> | <b>72.0</b> |
| 4. Petra Pankova          | GCC        | 79        | 54        | 68.1        |

*These stats were compiled by Chris Meehan, Sports Information Director at MCC. Printed by Eric W. Mack, M.D. Sports Editor. Updated through Feb. 5, 1996.*



**SCHEDULES**

**BASKETBALL**

Revised - 1/30/96

**Tuesday, Feb. 27**  
@ Genesee C.C.  
Men - 8:00 P.M.

**Saturday/Sunday, Mar. 2/3**  
Region III Tournament @  
Genesee C.C.  
Men - TBA  
Region III Tournament @  
Herkimer C.C.  
Women - TBA

*Note: The dates, locations, and times may be subject to change.*

**Intramurals**

**Aerobics** @ the Dance Studio  
M.W.F. - College Hour 12-1

**Human Performance Lab**  
M.W.F. - College Hour 12-1

**Karate** @ the Dance Studio  
M.W.F. - 4:20-6:20 P.M.

**Volleyball** \*\*\*  
M.W.F. - College Hour 12-1

**Basketball** \*\*\*  
M.W.F. - College Hour 12-1

*Note: These programs are open to interested students, faculty, and staff.*  
\*\*\* *These programs are scheduled to begin the week of March 4th.*

**Evening Rec**

**Pool**  
M.W.F. - College Hour 12-1  
8:30 P.M. - 9:30 P.M.  
T.R. - 6:30 A.M. - 7:45 A.M.

**Racquetball**  
M.W.F. - College Hour 12-1  
5:00 P.M. - 8:00 P.M.  
T.R. - 4:00 P.M. - 8:00 P.M.

**Human Perf. Lab - (NO GUEST POLICY)**  
M.W.F. - 4:00 P.M. - 9:30 P.M.  
T.R. - 3:30 P.M. - 9:30 P.M.  
Sat. - 10:00 A.M. - 2:00 P.M.

**Recent Men's Basketball Summaries**

by Eric W. Mack

**MCC 87, JCC 45:**

St. John Fisher- The Tribunes, behind Johnny Osby and Marlin Johnson, cruised past Jamestown Community College 87-45 on February 10th.

Osby scored 16 first half points, accounting for most of his game-high 18 points. Johnson was also key in scoring 10 first half points and 16 for the game.

Teammate Rob Dixie chipped in 14 points and went 5 for 5 at the free-throw line.

Kevin Harder led Jamestown with 17 points, going 8 for 9 at the line. JCC dressed only six players.

**Scoring Summary**

**MCC-** Rob Dixie 14, Boswell King 5, John Osby 18, Trevor Challenger 6, Marlin Johnson 16, Delawn Grandison 8, Calvin Hill 6, Bob Parks 4, Darryl Washington

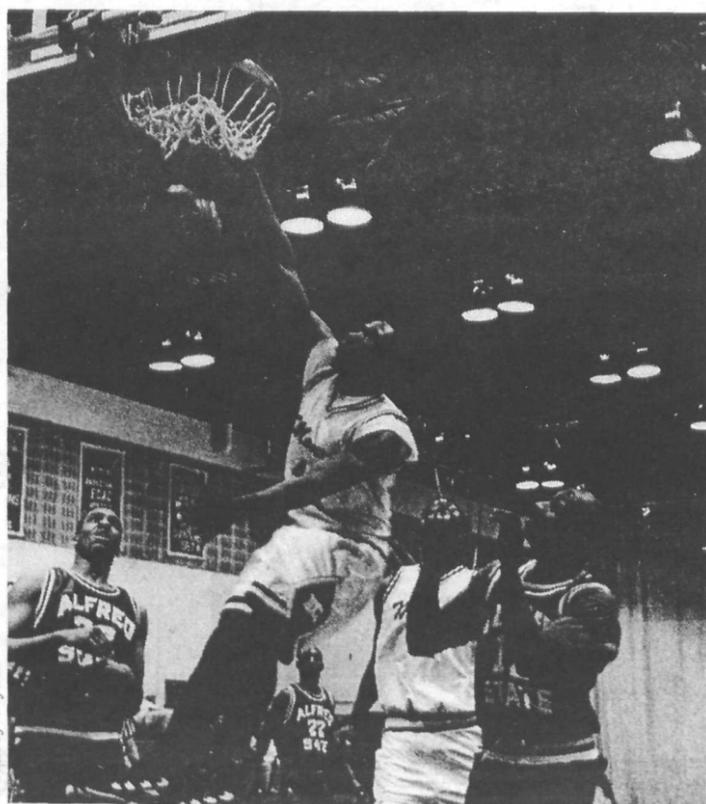


Photo by Terry Doll

6, Will Washington 4. **JCC-** Kevin Harder 17, Jamal Griggs 4, Jim Lavelle 8, Dave Murray 13, Charkunda Taylor 3.

**MCC 113, NCCC 73:**

St. John Fisher- The Tribs' offense exploded for 113 points against Niagara C.C. on February 13.

Six Tribunes scored in double digits, led by Trevor Challenger and Marlin Johnson's team leading 20 points apiece.

NCCC's Jeremiah Wilkes led all scorers with 27 points.

**Scoring Summary**

**MCC-** Dixie 8, King 17, Osby 11, Challenger 20, Johnson 20, Grandison 14, Hill 12, Will Washington 2, Parks 8, Tarek Garrett 1. **NCCC-** Russell Smith 7, Rasheem Moore 10, Todd Guetta 6, Ulysses Barber 15, Jeremiah Wilkes 27, Eric Owens 4, Jason Keller 4.

**MCC 63, ASC 59:**

Nazareth- The Men's basketball team got a run for their money against Alfred State on February 15th. The Tribunes held on for victory, led most of the way, but were challenged by ASC.

Antoine Sims hit on two big three pointers in the game and led all scorers with a game-high 18 points.

Delawn Grandison keyed the victory with 12 points in the second half; he scored a team-high 15.

**Scoring Summary**

**MCC-** Dixie 4, King 7, Osby 2, Challenger 6, Johnson 13, Grandison 15, Hill 5, Will Washington 3, Parks 6, Darryl Washington 2.

**ASC-** Jim Underhill 6, Narvell Benning 8, Ed Battle 12, Antoine Sims 18, Reggie Hokes 5, Steve Griffin 2, Andy Potter 8.

*Six-foot three inch sophomore forward, Marlin Johnson puts it down in the game versus Alfred. Johnson scored 13 points.*

Read page 10 for information about the Tae Kwon Do class.

# Tribune Sports

Check the Hoop's stats, standings, and revised schedule inside!

## No Matter the Weather SWIMMING

Who Thinks of Swimming When the Weather is as Gloomy as this?

by Deborah Najarro

From the chilly snow and rain, to a balmy eighty degrees inside the pool area wearing a bathing suit, just doesn't seem a natural course of action for average Rochesterians in the middle of February. For the MCC Swim Team, it's a necessary everyday transition. Getting in the pool isn't half as troubling as knowing why your getting in.

They, the serious athlete swimmers, get in to work hard, swim 5000-6000 yards per workout, and swim their way to Spring Nationals Competition in Florida.

The last two swim meets were traveling meets, one in Morrisville and the other in New Jersey.

### Morrisville

The weekend of Feb. 10th was the 21st Annual Morrisville Invitational. Monroe men placed 4th and Monroe women placed 5th in the overall competition.

The relay teams showed excellent group efforts and fared better than some of the individual accomplishments.

The women's relay team of Beauchamp, Arnold, Kossykh, and Najarro placed 3rd in the 200 Free and 400 Free relays. The men's relay team of Cudzilo, Elhassen, Puchades, and Trobia placed 4th in the 200 Free and 3rd in the 400 Free relays.

Ivan Puchades, an all-around strong swimmer, originally trained in Barcelona, Spain, placed 1st in the 400 IM and 2nd in the 100 Breast. Adam Elhassen, former Sperry swimmer and Nationals hopeful, placed 3rd in the 100 Breast and 4th in the 200 Free. Carolyn Arnold had a 2nd in the 200 Free.

### New Jersey

The following weekend at the NJCAA Northeast Championships Ocean County College in Toms River, NJ proved again that MCC puts forth every effort and shows promising results for the upcoming Nationals in Florida.

Trobia went so far as to shave his head for the event and dropped seven seconds off his 50 Free time. Both him and Beauchamp broke 30 sec. for



## Now They're Top Dog MCC's Women Ranked Number One in the Nation

by Eric W. Mack Sports Editor

### WOMEN'S HOOPS

R.I.T.- The MCC Lady Tribunes have vaulted themselves into the number one slot in the N.J.C.A.A. rankings with their most recent three game sweep over the break. Last Wednesday, February 21st, the Tribs

downed Erie Community College 66-53 on the strength of a late second half surge initiated by sophomore guard Tasha McKenzie.

Erie pulled themselves back into the game after being down by as much as 15. The Lady Cats worked their way to within three points before McKenzie hit a spontaneous three point field goal with 2:20 remaining.

The shot started a 12-2 run that closed out the game for E.C.C. Shawna Williams scored five points in the final two minutes, three of which came off of a rebound hoop and an ensuing free throw.

The Tribs finished and started strong; however, everything in between, according to head coach Art Barrett, left something to be desired.

"It was sloppy," he said. "We had 18

turnovers in the first half; it just didn't seem like the team that we've had all year, but it's a win."

The MCC Ladies battled to a ten point lead to start the game, 18-8. Williams keyed the surge by hitting both free-throws at the line and then taking the feed from McKenzie, converting an easy lay-in.

Shawna led all scorers with a game-high 21 points, while teammate Lisa Biletzky added 15. Heidi Kimmel chipped in another 12 points, and Christy Henry also reached double digits with 10.

Erie capitalized on MCC's miscues to pull to within two at the 5:00 mark in the first half.

"They came out and out-hustled us," Barrett said about ECC closing the gap. "With the play-offs starting, maybe (the team) took Erie for granted. It wasn't a top performance, we can play a lot better."

The Tribunes, now numero uno in the nation, look to challenge for the W.N.Y.A.C. championship held this weekend.

"Now we are in Division III," Barrett said concerning the Lady Tribs prospects for a national title. "And this is the first

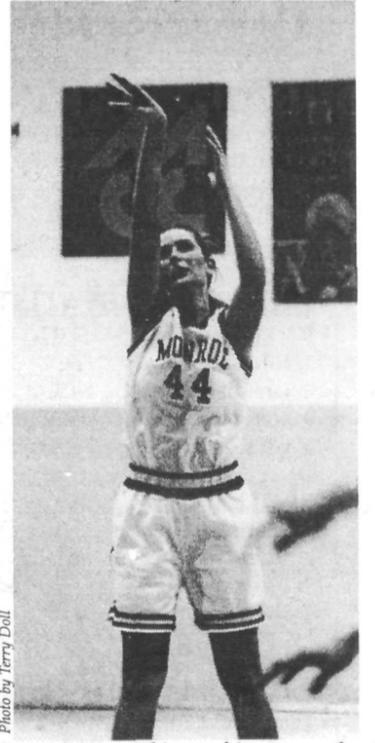
time I believe MCC has been ranking number one in the country."

### Scoring Summary

MCC- Christy Henry 10, Tasha McKenzie 8, Shawna Williams 21, Heidi Kimmel 12, Lisa Biletzky 15. ECC- Mekesha Garner 13, Kathy Meyer 11, Amanda Oddo 6, Ayanna Tramont 5, Shawna Klein 14, Megan McGhee 6.



Shawna Williams shown shooting a 12 foot jumper earlier this season.



Heidi Kimmel is one big reason the Lady Tribs are atop the nation.

the 50 Free. Cudzilo took 3rd in the 100 Back and 100 Fly to end the season with a strong finish. They hope to see him back next year.

Elhassen placed 2nd in the 200 Breast and 4th in the 100 Breast. Puchades was 2nd in the 100 Breast, 200 Breast and 3rd in the 200 IM. Arnold placed 2nd in the 500 Free. Medals were awarded for each place finish. Congratulations to all those who attended and especially to those who received medals.

The trip was long and somewhat treacherous, including coughing and sneezing with an extra-day layover due to bad weather. It's not easy, as all student-athletes know, to be on the road and keep up with classwork. The week of Mid-Winter break was needed and restful, but everyone's ready to pick up the pace for the final stretch towards the end of the season.

"The team held it together real nice this season," comments Coach DuBois, "And the kids going to Florida, with tapering and a good shave, should score well and drop seconds of their times."

DuBois is looking forward to a good showing for the MCC athletes.

Also... A 2000 yard free-swim, by the athletes going to Florida, will take place soon to drum up financial support for the trip. All interested sponsors stay tuned for details on this upcoming event.



by Eric W. Mack Sports Editor

## Coming Around Men's Team Starting to Rebound

### MEN'S HOOPS

At the half, Monroe held an insurmountable 13 point advantage at 34-21.

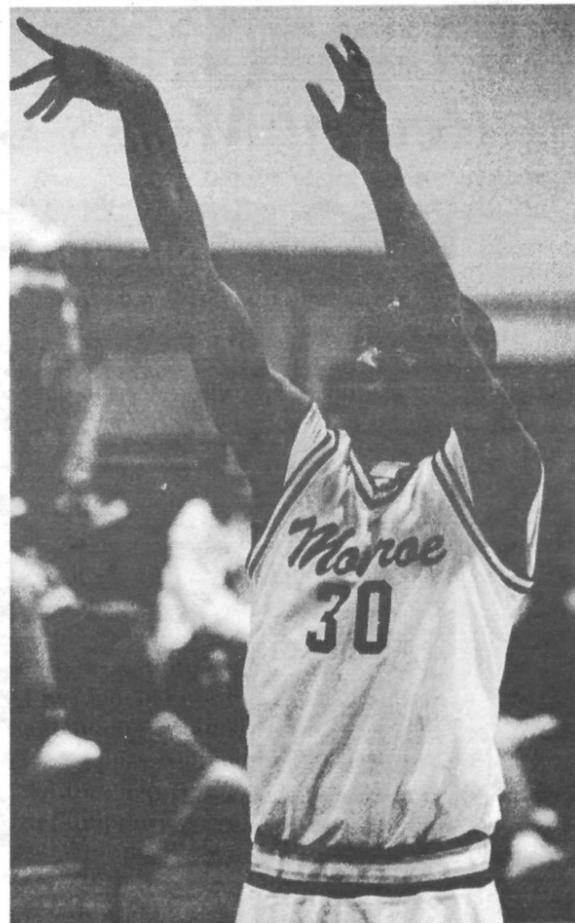
"We are coming around," Burns said. "A lot of hard work is going into it, and 23-6, I am pretty happy with that."

R.I.T.- The MCC Men's team look to have finally come together to play as a team that would challenge for a Region II, or maybe even a N.J.C.A.A. national title. On February 21st, the Tribunes handled the Erie Cats, taking home a 86-57 victory.

Earlier this season, MCC fell to ECC, a loss that the team and coach Jerry Burns didn't forget.

"We didn't have everybody together in that game," Burns recalled before mentioning that last Wednesday's effort was more acceptable. "This game we were a lot more focused."

The game was never as close as the opening score, and the Tribs dashed for an early 8-0 run. It was capped by a three point play by Rob Dixie (11 points).



Calvin Hill lines up for a free throw attempt. The sophomore was one of ten players honored for playing their last "home" game as a MCC Tribune.

The hardworking unit looked like a team ready to rise to the play-off occasion in the second half. Monroe ran for ten early in the second half, capped by Marlin Johnson's three point play.

"We did a better job defensively in the second half,"

Burns said. "If we got everybody together we would be a tough team to beat, but it would be nice to get on our floor (to practice) for a week."

Delawn Grandison led the Tribs with 19 points, while Marlin Johnson chipped in 16 points that were punctuated by a couple of dunks.

### Scoring Summary

MCC- Trevor Challenger 8, Rob Dixie 11, Calvin Hill 2, Marlin Johnson 16, Delawn Grandison 19, Bobby Parks 8, Marlon Sewell 2, Darrell Washington 7, Boswell King 12. ECC- Killroy Jackson 27, Sharif Beecher 12, Louis Mason 6, Dan Spencer 2, Thomas Sims 5, Allen Krajewski 2.

Note: See page 10 and 11 for other summaries of games played over break.