

monroe DOCTRINE

VOLUME 18, NUMBER 13

THURSDAY, DECEMBER 6, 1979

Wrestling team wins Niagara tournament

by Barry Vissa

The Wrestling Team established itself as a legitimate contender for National Honors with a surprising win in the Niagara County Community College Student Senate Wrestling Tournament last Saturday.

The Tribunes finished first in the seven team field, beating Westchester Community College which is ranked first nationally in the initial pre-season NJCAA Poll.

Spearheading the win for the 14th ranked Tribunes were Sophomore Captain and defending champion Len Barber, 161 lbs., Freshman Paul Gibson, 193 lbs., and Freshman Joe D'Acquisto at Heavyweight. The three won championship honors in their weight classes.

Coach Ron Kostecke was especially pleased with the balanced scoring from the rest of the squad which helped insure

the team's victory. Nine others also finished as place winners in their weight class.

Placing second were Mark Caternolo 145 lbs. and Charlie Hill 180 lbs. Four third place finishers were Mark Siverd 121 lbs., Mike Serpe 129 lbs., Joe Morone 137 lbs. and Doug Wheeler 193 lbs. Taking fourth were John Irvine 153 lbs., Jim Mooney 170 lbs. and Dave Schroth at Heavyweight.

According to Kostecke, "the victory was a pure team effort. Not only did 12 of our 15 wrestlers place in the top 4 in their weight classes, demonstrating team balance, but also in two weight classes (193 lbs. and Heavyweight) we had two of the top four finishers." Although only the top finisher in each weight class can score points, the second man kept other teams from scoring.

Kostecke added, "They all wrestled with the team in mind, everyone was point conscious. Joe D'Acquisto pinned everyone but the Delhi coach. He decked the four opponents he faced.

Len Barber beat Todd Sumpster, the defending 158 lbs. National Champ of Westchester

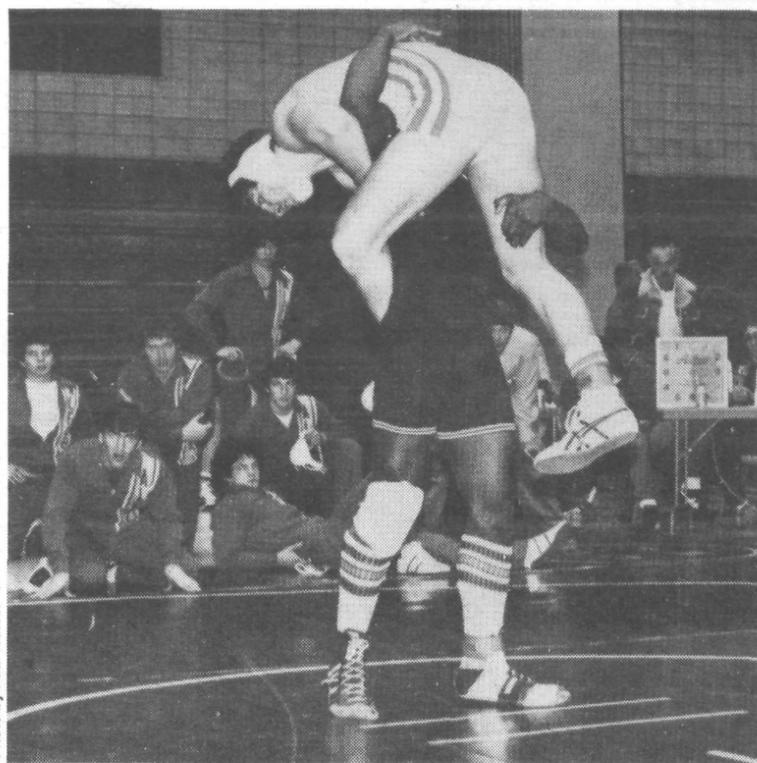


Photo by Paul Nesser

Charles Hill defeats opponent in front of Alfred team.

Community College, in a thrilling 10-9 Championship final bout. Mark Caternolo knocked off the number one seed in the first round 7-6 and really impressed me in finishing second."

The lightweights also came through with some surprises. Mark Siverd, Mike Serpe, Joe Morone and John Irvine turned in strong performances.

Team scoring:
1. Monroe Community College 90 3/4
2. Westchester Community

College 86 3/4
3. Delhi Ag. and Tech. 55
4. Niagara county Community College 46
5. Alfred Ag. & Tech. 42 3/4
6. Corning Community College 32 1/2
7. Du Bois (Penn State) 3 1/2

The Tribunes home opener will be a dual meet against Corning Community College at 12:00 noon on Saturday, December 8. Your Monroe Community College Wrestlers welcome you to this event.

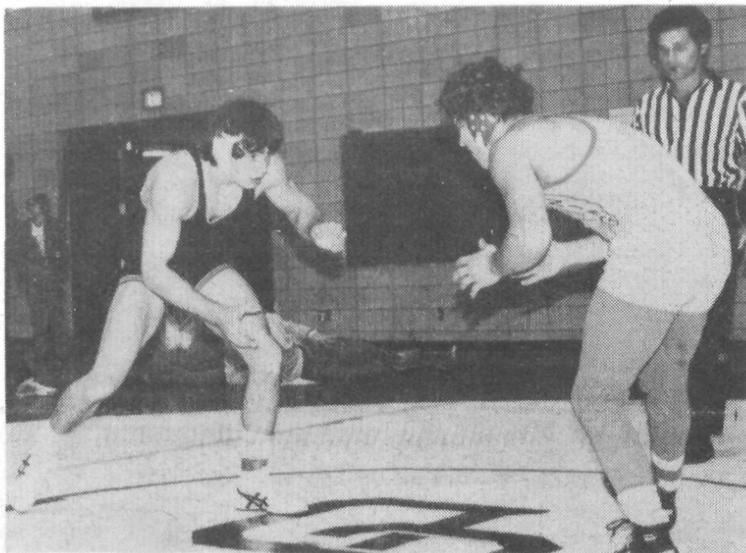


Photo by Paul Nesser

Len Barber begins moves.

Students and DJ trapped in WMCC studio

by Gary Hughson

"Now I know how the hostages feel in Iran," said James

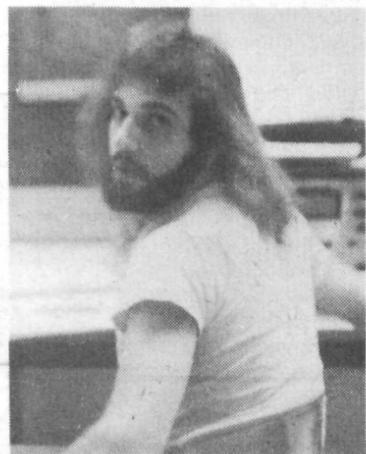


Photo by Patricia Sachs

Sam Scazzarri, trapped DJ on the air.

Cheli news director of WMCC, after he spent 42 grueling minutes trapped in the studio with Sam Scuzzurri the d.j. then on duty and Julie Snyder of Cabbages & Kings and the news speaker for WMCC.

Julie first found out that the door was jammed after the news at 9:50. Her first reaction was "Oh s-", she was supposed to be making up a gymnastic class. However, she missed her make up and said while she was in there, "This is one way to go on a diet," and "if they don't do something quick I will turn into a pyromaniac and burn down the door". Also, "Being locked in here is making me crazy."

James Cheli news director's first reaction was "Oh, we're locked in here," and "I prayed to God I didn't have to go to the



Photo by Patricia Sachs

Julie Snyder anxiously waits to be released.

bathroom," and "Bring me Barb when I get out of here."

Sam Scazzarri the d.j. on the air then first found out at 10:00 when the news staff tried to get out. His first reaction was, "Security will be down in a few minutes to unlock the door. We have been having problems with the door since the middle of October. The handle was hard to turn & the door was hard to close." His only real worry was having the sound come over the air. "It took a long time to get down here because a girl in there had a class to go to and that should have been at a higher priority."

Emergency services was called in at 10:00. They were on the scene at 10:13. 13 members showed up with the emergency

cart. Captain B. Bingham and squad leaders R. Williams, J. Childs, & M. Fairley were among the 13 emergency services people who showed up.

They first tried to pull the lock assembly off. When that didn't work they were considering using a torch on the handle. However, Cal Williams, the senior lock smith, Ray Bower of maintenance, and Paul J. Hergen Roder of security also worked on the door. They finally got the door open by prying the door away from the jam. They then popped the lock out.

When the door was opened at 10:37 releasing a happy Julie Snyder and James Cheli, Sam Scazzarri just kept playing his music.



Photo by Patricia Sachs

James Cheli, makes the best of a prison with a window and waves to onlookers.



Photo by Patricia Sachs

Security guard Paul Hergen Roder attempts to open the door with his locksmith talents.



Photo by Patricia Sachs

At last! Freedom for the trapped. Of course the door needs a new handle.

College claims strong commitment to Affirmative Action

by Brett Hawkes
E.E.O.P. II

"It is the policy of Monroe Community College to provide equal opportunity in employment for all qualified persons; to prohibit discrimination in employment, and to promote the full realization of equal employment opportunity through a positive and continuing program of the College." This statement is made on the MCC Equal Employment Opportunity Policy (E.E.O.P.). But what is the actual policy on this grand jester and is it effective?

The E.E.O.P. is a beautifully written piece of Idealism and politics, yet its apparent policy seems to be a fair and operable system of affirmative action which is not in the least similar to some common misconceptions. The base of the policy I feel rests on the following statement: "Applicants and employees must be evaluated on the basis of their individual abilities and not on the basis of

extraneous factors such as race, religion, national origin, sex or age." This is the type goal which should apply ideally to every business, school, and everyone's personal judgements.

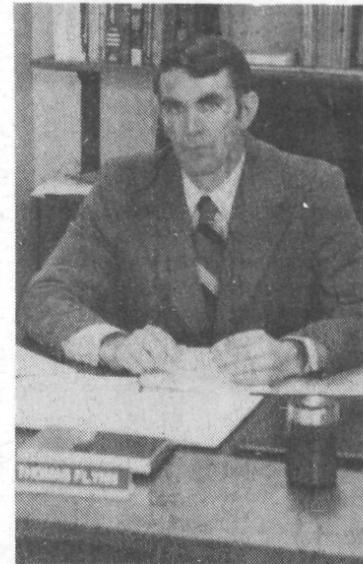
The policy goes on to say, "prohibition of discriminatory acts is not enough to assure



Moses Koch, College President

incentives for self development to permit both upward and lateral mobility within the College. Also, employees are to be given "help in the form of counseling and career guidance." On the publicity angle; the college should be "maintaining communications" with employment opportunities and use them as recruitment contacts for areas not often reached by regular employment publicity. Using the same community groups, the E.E.O.P. promotes the establishment of forums to inform the public of jobs and the skills they need to get these jobs. The College's Policy also provides for follow up studies on employees to make sure they've received proper training, and placement, as well as collecting information on problems. Finally the college offers in E.E.O.P. a consistent state of review and evaluation of itself to keep up with its own goals and the changing needs of the community, the college and its employees.

This all sounds like a perfect program for such a noble cause, yet is it being applied and is it effective? A casual look about the campus leaves one unsure, to the point that one may wonder if there is a caste system of some sort you don't know about. Also, one may look to see if the individual points of the



Thomas Flynn Vice-President of Student Affairs.

other Robert Brown, of the Presidents staff who is the administrative officer of Affirmative Action.

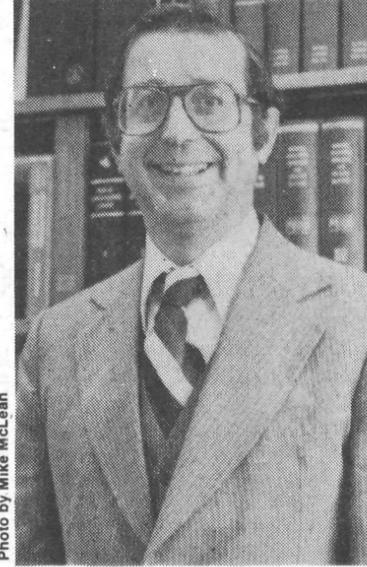
The director of Personnel, Don Nickason, mentions that his department doesn't have sole control in several areas of hiring. Dr. McKinney of the Dean's staff works on the hiring of faculty. Mr. Flynn, head of Student Affairs, oversees hiring of administrators, some teachers and S.A. personnel. Mr. Nickason is directly involved only on the Civil Service jobs (security, secretaries, clerks) and Labor positions. Even in this area, there is not much control available in who to hire. In Civil Service jobs a so called rule of three is in effect. Here, an employer must hire one of the top three persons (top 3 scores of the Civil Service exam) available for the job. In this selection, no data relative to ethnic background is available. In effect, you don't know what you got, until you get it. However, "in areas where we have some control, we've done quite well," says

Con'd on p.3



Robert McKinney, Vice-President of Academic Affairs.

truly equal employment opportunity....This is accomplished by doing away with barriers such as inadequate publicity about job openings, unrealistic job requirements, tests which lack adequate validity, and insufficient opportunity for upward mobility." In support of these goals the E.E.O.P. mandates that each division of the College design and set up its own goals and programs to enforce the intent of the affirmative action. Job specifications would be periodically reviewed, evaluated and revised in accordance with the needs of the job and the divisional employment program. Under the E.E.O.P. there would be an increasing of



Robert Brown administrative officer of Affirmative Action.

policy are being implemented. Points, which seem lacking in the light of certain upper level promotions activated without affirmative action approval, and the apparent lumping of minorities in certain job categories while excluding them in others. Also noted is the inherent system classification of minorities, appraising each person not as an individual of the human race but as a type of person in a community statistic that must be attended to.

I took my questions on the E.E.O.P.'s effectiveness to several people; the following are replies from two of them. One, Don Nickason, the director of Personnel here at MCC, the



Donald Nickason, Director of Personnel.

Stress leading cause of death linked to heart disease, cancer

by Hope Titlebaum, R.N.
Health Services

We hear a lot about stress these days. It is linked now with cancer and heart disease, with muscle tension, and anxiety. December means THE HOLIDAYS, great fun but stressful or maybe disappointing and stressful. What is stress? Stress is the non-specific response of the body to any demand. It is not a disease; it is a normal state. Dr. Hans Selye, who has been a pioneer in stress research, defines eustress (good stress) and distress (bad stress). So the idea is not to avoid stress. Our goal is to recognize overstress, and to become familiar with our own patterns of response.

Medicine and Psychology teach us that what matters is not so much what happens to us, but how we perceive what happens and how we react.

Where are your Stresses?
Do you have difficulty with your self image?
You need alcohol to "be yourself"
You think "people wouldn't like me if they really knew me"
Do you have difficulty making decisions?

Stress is an unavoidable FACT OF LIFE

SOME stress is a part of daily life — affects everyone. Certain kinds are actually helpful — they keep you on your toes.



BUT — TOO MUCH stress on your mind and body can make you miserable — worried, sad and ill.



You really are preoccupied with worry about making the right decisions.

You often feel stuck making decisions. Do you have difficulty dealing with time?

Time weighs heavy when you have nothing planned. You are often late.

You think of time as an enemy.

Do you have difficulty in relationships?

You have trouble voicing resentments to close friends.

You fear people in authority.

All of these items are part of a stress inventory test.

Join us and take the whole test when Health Services sponsors:

HOW STRESSES ARE YOU?

on **Wednesday Dec. 12, 1979**

in **Student Activities Corridor**

with **Family Services of Rochester**

Health Services Hours
Mon.-Thurs. 8 am. - 6 p.m.
Friday 8 a.m. - 4:45 p.m.



Hope Titlebaum R.N.

Complete steps for financial aid money

If you are a 1979-80 recipient of any of the following financial aids listed below,* this information is important to you.

Tuition bills for the Spring 1980 semester will be mailed to students during the next few weeks. Students who received financial aid during the Fall 1979 semester and wish to apply this aid towards payment of their Spring 1980 tuition must:

1. Report to the Financial Aid Office with their Spring 1980 Tuition bill. The Financial Aid Office will then issue a Financial Aid Voucher to the student. This Voucher will reflect your grants which may be applied towards your tuition.

2. The student must then present this voucher, together with his/her Spring 1980 tuition bill to the Bursar's Office.

REMINDER: The deadline date for payment of tuition for the Spring Semester is **Thursday, Dec. 27th**. If you don't like to wait in long lines, we suggest you complete the above listed procedure at your earliest possible convenience.

*Financial Aid Tuition Vouchers Available for the Following:
Basic Educ. Opportunity Grant (BEOG)
Monroe Community College Scholarships
Nursing Scholarships
Supplemental Educ. Opportunity Grants (SEOG)
Law Enforcement Education Program (LEEP)
Educational Opportunity Program (EOP).

AUDITIONS FOR SWING CHOIR TOUR

The M.C.C. Swing Choir is seeking interested singers and instrumentalists for their spring semester tour. Last year the group along with the M.C.C. Jazz Ensemble toured schools in the Toronto area during the April break.

Tour details for this year are still being worked out, cities being considered are Boston, Philadelphia and New York City.

Auditions may be arranged by contacting Mr. Fittipaldi, Office 1, Bldg. 4 (Ext. 3114) sometime before Dec. 14th.

Submitted by Tom Fittipaldi, Music Department, Ext. 3114.

Continued from p 2 Affirmative Action

Mr. Nickason. An affidavit to this is the 70% minority employment in the Housekeeping department of school. It's this figure and low % minority figure in many of the Civil Service jobs that may account for the seemingly imbalance of Minority Placement in school. When asked why more minorities weren't in the top 3 exam lists for jobs, Mr. Nickason, replied that it's probably due to the fact that many either do not know about the exam or just are not bothering to take it. It seems to be a problem of publicity and knowledge rather than any discrimination.

There are quite a few people on campus who are enthused and happy with the affirmative action here at MCC, but by far the man with the best feelings about it seems to be Mr. Robert Brown, assistant to President Koch. Mr. Brown is responsible for coordinating and developing affirmative action in the College.

He is also the college's negotiator with the staff and faculty. Since the E.E.O.P.'s mandated start on March 27th 1975, Mr. Brown and MCC have tried "to do more than provide equal employment opportunities, to go beyond and take affirmative positive steps to affect the hiring and promotion of minorities and females." Since its conception, says Brown, the "program has enjoyed a degree of success." Brown expects, as we enter the 80's, there will be a growing awareness and genuine commit-

tment by individuals, business and government to affirmative actions ideals and progress. Brown said, "I have witnessed more sensitivity toward the action program and sincere attempts by most individuals to adjust and promote the principles adopted by the Trustees and Academic governors board....."

In answer to the question: will there be a completion date, or phase out of the affirmative action policy, Mr. Brown said no, "it's necessary and will be continued to be utilized by MCC and others as long as discrimination continues to be with us." Brown stated that the college, using the E.E.O.P. should reflect and represent the community that it is in, including its racial and ethnic composition.

On paper, and in the eyes of its administrators, the E.E.O.P. has been successful here and has been approaching its goals of Equal opportunity and minority and female representation. Though the College has been charged with reverse discrimination in a couple cases: the Courts defended MCC position and overturned any discrimination charges.

Next week, we'll take a look outside MCC. Is the E.E.O.P. message really getting to where it is supposed to? What may employers ask of you in interviews? Where do you go for information on E.E.O.P. in MCC, in New York State? And is E.E.O.P. still necessary?



Library adds microfiche reader-copier service

by Kathye Reilly

Microfiche Reader-Printer

The library has acquired a reader-printer for the Career Section on the plaza level. The source document image on the screen is over 100 percent of the original and the printer will deliver a dry copy in 10 seconds.

The reader-printer will provide hardcopy of information

needed from the college catalog collection, ERIC documents and other sources available on microfiche.

The reader-printer is self-service with assistance available at the information desk. Library users will be charged 10 cents per page payable at the check-out counter. Faculty and administrative copies may be obtained without charge by

applying at the information desk or Ext. 2318.

SUNDAY HOURS

The library will be open two Sundays before final exams:

December 9, 1979: 1:00 p.m. - 5:00 p.m.
December 16, 1979: 1:00 p.m. - 5:00 p.m.

Beware junk food!

Diet therapists battle poor nutrition

by Pat Askloff and Ann Terhaar

Are your snacks nutritious? This was the title of the Diet Therapy student's display at the Health Fair recently. The objective of these students from the Food Service Administration Department was to provide information on weight control. A question box was available for anyone who wanted help on nutrition or dieting. The questions were answered via mailfolder. The most frequently asked were:

Q. How many calories do I need daily?

A. An average young woman needs about 2000 calories; the average young man needs about 3000.

Q. How can I reduce?

A. The easiest way to reduce is to eat foods from the Basic Four Food Groups. This supplies about 1200 calories a day. You may then add extra calories as

your weight allows. (Sounds like something you heard in the 4th grade, but don't let it turn you off, it's actually still the one!)

The Basic Four Food Groups and their amounts are:

1. Milk - 2 servings. You might want to choose lowfat milk for dieting. If you don't need to worry about calories, there is ice cream, cheese, and pudding.

2. Meat - 2 servings. A serving is 2 to 3 ounces. Instead of meat, you can select fish, poultry, eggs, and occasionally dried peas and beans. This may even help you save money.

3. Fruit - Vegetable - 4 servings. It's a good idea to include green and yellow vegetables 3 or 4 times a week and a citrus fruit or equivalent every day.

4. Grain - 4 servings. This can be from breads or cereals. Pasta is also included in this group, but beware of portion sizes: 1/2 cup of pasta fills one of the day's servings.

Q. What snacks should I pick to include in my diet? I can't possibly go without any.

A. Some snacks are nutritious, others are just high in calories. It's important to remember that calories aren't the only consideration; you must also consider

whether the food sources of these calories are nutritious rather than just "empty calories". Select foods that have vitamins and minerals, such as an apple providing only 70 calories, or 2 saltine crackers with 1 oz. of cheese giving 135 calories. However, some snacks have little or no nutritional value to accompany their calories. For example, beer, pop, and candy bars each have 150 calories. If you have several of these, you'd better start your diet over again tomorrow. Sometimes snacks can also spoil your appetite for more nutritious foods. At the Health Fair, we handed out samples of unbuttered popcorn at only 25 calories a cup to demonstrate a low calorie snack.

Q. Do fad diets work?

A. No. Avoid fad diets that leave out nutritious foods. You have to learn to eat properly or you'll regain the weight you lost. We realize that diet books are big business. If all the diets made popular in paperbacks were effective, overweight wouldn't be the number one nutrition problem in the U.S. Beware of the diet of the month club.

Now that you've digested these questions and answers, remember that calories aren't "bad". They're necessary for life. It's the extra weight that isn't good for health or looks. The general rule is "energy in = energy out." In other words, to maintain weight, your calories taken in should balance the calories used in activity. To lose, lower your caloric intake and/or increase physical activity.

Good nutrition doesn't have to be expensive and there's no need to go hungry. Nutritious foods can taste good. Just don't eat too much, as many of us do during the holidays. Don't eat all the popcorn - save some to trim the trees. If you would like the nutrition and snack handouts from the Health Fair, drop by Mrs. Terhaar's office, Room 3-128A, across from the Faculty Dining Room.

Student members of Academic Grievance Comm. approved by SA Senate

by Gary Hughson

The student senate approved Tom Carroll as a voting member and Joe Hwalck as an alternate voting member of The Association of Rochester Colleges Students (A.R.C.S.) to vote in the absence of Tom Carroll and the S.A. President Peter French.

Now for something that every student should know, the members of the Academic Grievance Panel. These people are: Linda Burke, Cheryl Embling, Denise Harrison, Lisa Sheldon, and Marvin Webb. These are the people who help make the final decision on any grievance a student has.

During Presidential Staff Reports, Peter French, S.A. Presi-

dent reported meeting with Bob Colling to discuss the rules for the raquetball courts. He also said anyone interested in having a Christmas Dance should speak to him.

Later in the meeting, Mr. Richard Degus inquired about the Intercultural program coordinator. Peter French answered that he has not been able to get in contact with Glynnis Brady. Marvin Webb said she was not sure about her responsibilities. The senate then asked for a formal report by her by the end of the semester.

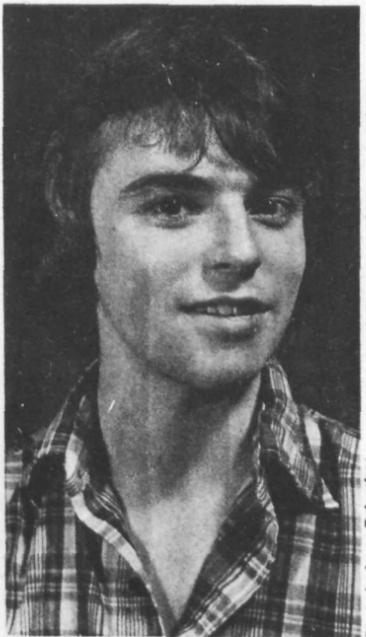
Coffee House to hold morning guitar concert

by Jeff Schumacher

Don't take them! But seriously folks, on Wednesday, December 12th, from 9:00-11:00 a.m. in the Brick Lounge your ears will be given a treat.

A Coffee House guitarist, Dennis D'Asaro, will play for you. Dennis likes to entertain people and make them laugh. He avoids saying that he is a folksinger, a pop-singer or a singer-songwriter, because each label has a connotation that seems to preclude the others. Dennis has sung in churches of various denominations, coffee houses of various persuasions and bars of differing intemperances.

Dennis always tries to suit his performance to the circumstances. He didn't sing the same in the churches as he did in the bars. So come on down and give your mind a break and your ear a treat.

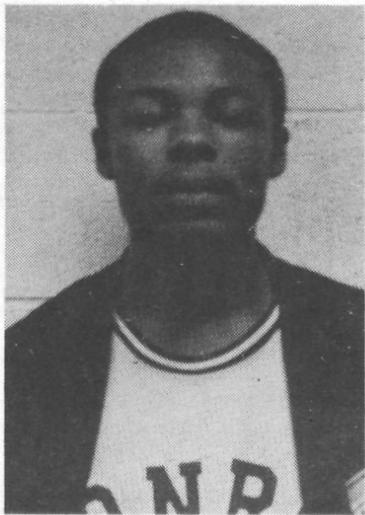


Peter French, S.A. President.

Student Senate Meeting
Every Tuesday at 2:00 PM
Student Activities Conference Room
Building 3 Room 114

In addition to the regular hours, the Library will be open:
Sunday, Dec. 9, 1:00 PM-5:00 PM
Sunday, Dec. 16, 1:00 PM-5:00 PM

Tribunes capture inaugural Central Trust tournament



Ed Sesler

by Paul Vary

MCC (4-1), led by MVP Ed "Racky" Sesler's 46 points, 6 assists and 8 steals, captured the first annual Central Trust Classic.

The first game on Friday, November 23rd proved to be a most exciting game. Middlesex CC (NJ), down by as much as 13 points, rallied for a 80-78 win over Alpena CC (Mich.) behind Roger Jackson's 24 pts. to move into the championship game.

MCC became Middlesex's opponent when the Tribunes, behind Sesler's 25 points, destroyed Rhode Island CC by a score of 105-75.

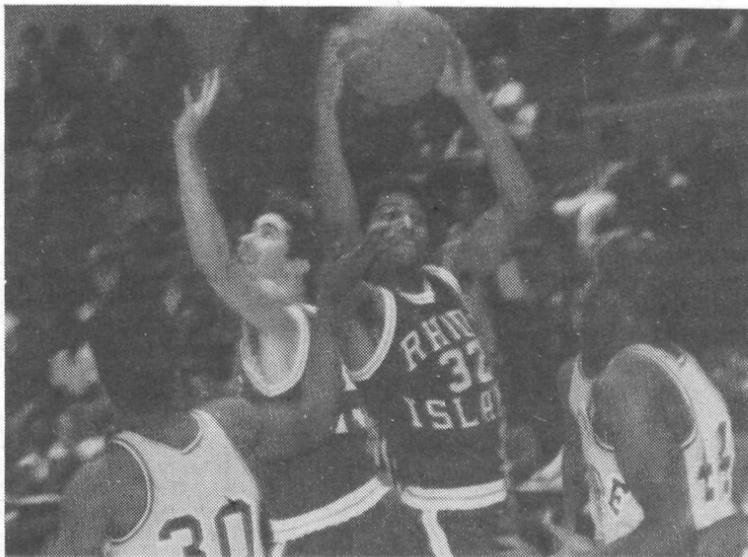
The Tribunes, who led from the start, never were pushed by Rhode Island. Rhode Island threw away passes, got into foul trouble early, missed layups, etc.

In an unusual situation, Rhode Island was awarded a technical foul shot because the Tribunes had failed to include

one player's name and number in the official score book.

On Friday, MCC captured the title by downing Middlesex CC by 86-79 behind Ed Sesler's 21 points.

Ed Sesler, who was named the tournament's Most Valuable Player, also was selected for the all-tournament team with Tony Webster and Glenn Johnson from MCC, Fran Bader from Middlesex, Mike Williams from Alpena and Blane Bostic from Rhode Island.



Paul Hood (No. 30) and Tony Webster (No. 44) cut Rhode Island player off at the pass.

Tournament statistics

First Game		Second game	
Friday, Nov. 23rd		MCC - 105	
Middlesex CC - 80		Dick Davis	4 pts.
Fran Bader	19 pts.	Craig Emmerling	12 pts.
James Bailey	5 pts.	Paul Hood	12 pts.
Dennis Cahill	0 pts.	Glenn Johnson	7 pts.
Roger Jackson	24 pts.	Tony Webster	14 pts.
Bill Nally	11 pts.	Ed Sesler	25 pts.
Steve Provoid	17 pts.	Henry Scott	14 pts.
Eric Rogers	0 pts.	Wallace Whitfield	6 pts.
John Schmid	0 pts.	Bob Sodoma	11 pts.
Frank Vignola	0 pts.	Jeff Johnson	0 pts.
Nat Young	4 pts.	Rhode Island CC - 75	
Alpena CC - 78		Blane Bostic	10 pts.
Dale Beard	23 pts.	Barry Young	0 pts.
Mark Desmet	14 pts.	Bob Franklin	4 pts.
Jeff Cottrell	6 pts.	Fred Ferri	4 pts.
Steve Rosseau	13 pts.	Bob Simeone	4 pts.
Mike Williams	14 pts.	Ron DeWillis	8 pts.
John Crooks	0 pts.	Kevin McCauley	2 pts.
Mike Garvin	0 pts.	John Reilly	9 pts.
James Deboe	4 pts.	John Tomasso	4 pts.
Jeff Smith	0 pts.	Leon Harris	13 pts.
Andy Chapman	4 pts.	Alan Hazard	2 pts.
		Gary Kowalik	4 pts.
		Theo Wright	6 pts.
		Ronald Lemon	4 pts.

Saturday, November 24th Championship game

MCC - 86		Halftime: 46 - 43 Middlesex	
Carvin Blocker	2 pts.	Total fouls: MCC - 24; Middlesex - 24	
Craig Emmerling	4 pts.	Fouled out: Emmerling	
Paul Hood	12 pts.	Attendance: 1,000 (est.)	
Glenn Johnson	10 pts.	Most Valuable Player: Ed Sesler	
Henry Scott	16 pts.	All-Tournament Team:	
Ed Sesler	21 pts.	Ed Sesler - MCC	
Bob Sodoma	2 pts.	Tony Webster - MCC	
Tony Webster	19 pts.	Glenn Johnson - MCC	
Middlesex - 79		Fran Bader - Middlesex	
Fran Bader	18 pts.	Mike Williams - Alpena	
James Bailey	8 pts.	Blane Bostic - Rhode Island	
Roger Jackson	11 pts.	Best "6th" man: Nate Young - Middlesex CC	
Bill Nally	15 pts.	Best Defensive Player: Henry Scott - MCC	
Steve Provoid	7 pts.		
Eric Rogers	5 pts.		
Nat Young	15 pts.		

Swimmers drown Cuyahoga



Brian Famon keeps count of laps at recent meet.

by Paulius Klimas

The Tribunes defeated the Cuyahoga Community College Chargers in a swim meet held at Monroe Community College on December 1, by a score of 80-21. The campuses of Cuyahoga College are located near Cleveland, Ohio. The Chargers had some difficulty in reaching Rochester, because of poor traveling conditions, after competing against Alfred State College on Friday, November 30.

The Tribunes dominated the entire meet beginning with a sweep of the medley relay. The 400 yard medley relay is comprised of 100 yards of: backstroke, butterfly, breaststroke, and freestyle. Each swimmer swims a hundred yards of his particular stroke. Bill Glitch, Paul Martin, John Rick and David Dubois produced a winning 4:04.85 relay. Dan Zimmerman, Laurie Gibson, Brian Fannon and Dave Breen came in second for MCC with a time of 4:33.84. Jeff Frey led the Tribunes in the thousand yard freestyle with a winning time of 11:26. Keith Rockow was second, and Kevin Beatson was third.

The Charger's Jim Lanum won the diving with 211 points. However, the Tribunes divers showed promise. Perry Greaves was second with 185.80, John Puskas, third, 116.10 and Roger Albright fourth with 85.45.

The Tribunes co-captain, David Dubois won the two hundred yard freestyle in 1:54.97, and Joe Russel was second. David Breen and co-captain Laurie Gibson posted first and second places in both the fifty, and hundred yard freestyle. Bill Glitch won the two hundred yard Individual Medley with a time of 2:15.8 and Paul Martin was second. In the two hundred yard breast stroke John Rick won it for MCC in 2:32.15 and Brian Fannon came in second.

individual medley; 200 breast stroke and two hundred yard backstroke.

Perry Creaves won the diving for the Tribunes by scoring 181.55. Bill Glitch won his second event with a 2:16.03 in the two hundred yard backstroke and Dan Zimmerman was third.



Left to right - Joe D'acquisto; H.V.W.T. champion Len Barber; 161 lbs. champion, and Paul Gibson; 193 lbs. champion.

RIT second straight home victory

by Paulius Klimas

On Tuesday, November 27, the Monroe Community College swim team, the Tribunes, defeated Eisenhower College 73-29. This was the Tribunes second straight home victory. (The Tribunes beat RIT on November 14). Mike DiBacco won the thousand yard freestyle in an impressive 10:49.3. Keith Rockow was second, and Jeff Frey was third as the Tribunes swept the event. The five hundred yard freestyle was also swept by MCC as Keith Rockow won the event with a time of 5:29.24. Jeff Frey was second, and Kevin Beatson was third.

The Tribunes placed first and second in the fifty, hundred, and two hundred yard freestyles, as well as in the two hundred yard

THE CATHOLIC KOLPING SOCIETY

cordially invites you to the annual German Christmas Mass on Sunday, January 6, 1980, at 2:00 P.M. in **St. Boniface Church**, Gregory Street, Rochester. It will be a concelebrated offering of the Holy Eucharist and all parts of the Mass will be in the German language as well as the homily. There will be singing of the favorite German Christmas hymns.

Varsity edged by alumni

by Paul Vary

On Saturday, November 17th, the Women's Alumni Basketball team defeated a determined 1979-1980 women's team by a score of 50-49.

Murray's 18 pts., had led only by three at the half, 22-19. This action led to a furious comeback in the second half by the '79-'80 squad to finally go ahead with 26 seconds remaining, 49-48.

The ball was brought down court by Jean Peyton & Michelle Gerbini, who then set up the play for Jane Seedhouse (16 pts.) to score the winning basket with 12 seconds remaining, raising the score to 50-49.

Roger Miller, coach of the '79-'80 squad, was trying to call time out, but none of his players heard him as time ran out, to give the Alumni a very deserved win.

This writer wishes to extend best wishes to Coach Henry Cooper and Assistant Coach Roger Miller for a very successful season.

Photo of the Week



This little fellow paid a visit to the tree just outside the Senate office window. Several Senators alerted M.D. Photo Staff Editor Larry Palumbos who, equipped with a Minolta XG-7 and an 80-200 F/45 zoom lens, captured this Photo of the Week. The camera was in the automatic mode and the lens set on F/45 at full magnification. Kodak TriX Film was used, and the print was exposed on Kodak Polycontrast RCII for 22 seconds at F/8 with a No. 2 1/2 filter.

Photo by Paul Vary



Women's Basketball Team: Front row L to R: Coach Henry Cooper, Kim Van Epps, Ruth Lilly, Donna Sapienza, Asst. Coach Roger Miller. - Middle row L to R: Chris Alexander, Cathy Fanagan, Gina Specksgoor, M.J. Hoffman, Aleta Maynard. - Last Row: L to R: Kathy Rowland, Annette Riley, JoAnne Wedow, Vicki Nordquist, Nancy Neary.

PROMOTE MCC ATHLETICS

Take Part In the "Swim-to-Nationals"

Swim to Nationals concerns everyone at MCC - faculty, staff, students. The money that is raised will directly help send our athletes to their particular National Championship.

All entrants swim for a period of two (2) hours, at a regulated pledge per lap. Get a friend, and get wet. All interested please contact Coach Hal Roche at 6120 or Asst. Coach Steve Lochte for application.

Photo of the week taken by Larry Palumbos

SuperNatural Health Food Center

Wegmans At our East Henrietta Rd. & Eastway Plaza stores only!

basic organics Vitamin Sale!

PRODUCT	SIZE	REG. RETAIL	SALE	PRODUCT	SIZE	REG. RETAIL	SALE
Natural Super Yeast Tablets	250	3.25	2.45	Vita-Hi w/Natur Green Multi Vitamins w/Amino Acid Chelated Minerals	60	9.00	6.75
With Vitamin B-12	100	7.90	5.95	Super Vite w/Natur Green Hi Potency Multiple Vitamin & Mineral	50	5.00	3.75
Inositol 650 mg.	100	2.55	1.90	Potassium (From Gluconate) 83.45 mg.	100	2.50	1.90
Vitamin A 25,000 Units	50	3.95	2.95	Magnesium (From Gluconate-Chelated) 30 mg.	100	3.25	2.45
Supreme 50 B Complex	100	4.95	3.70	Acidophilus Capsules with Pectin	100	3.25	2.45
C with Rose Hips	100	4.50	3.40	Dolomite (Natural Calcium & Magnesium)	250	3.00	2.25
Special C-500	120	3.00	2.25	Alfalfa Tablets 7 1/2 gr.	250	2.30	1.75
C Complex 500 with Bioflavonoids and Rutin							
Junior-Vite Complete Chewable Vitamin and Mineral							

Farm Fresh Finger Lakes Grade 'A' (while quantities last)

Brown Eggs 89¢ doz.

Peter's Val 1 pt. 7 oz. imported from Germany Sale

Mineral Water 69¢ Btl.

Erewhon 1 lb. jar Creamy or Chunky

Peanut Butter \$1.13 jar

8 oz. 4 delicious flavors 100% pure maple syrup

Brown Cow Yogurt 3/\$1.19

Latin Dinner-Dance

December 7th in M.C.C.'s Pub

The biggest bargain you can get this year with inflation under \$5.00 a Dinner and a Dance. Come join us for **only \$4.30.**

for

- Roast Pork
- Rice with Pigeon Peas
- Kidney Beans and Rice
- Tossed Salad
- Chocolate Pudding
- Coffee, Punch

LIVE MUSIC by La Muralla

COCKTAILS - 6:30-7:30 PM
DINNER - 7:30-8:30 PM
DANCE - 8:30 PM-1:00 AM

Tomorrow, December 7th get your tickets at the S.A. Desk and have the time of your life!

Outdoor Activities Unlimited & Vets Club

are co-sponsoring a

Pre - Christmas Feast

December 15, 1979
Saturday 12 noon at Powder Mill Park

\$5.00 Adult \$2.00 Children under 12

Tickets Sold By:

- 1) SA Desk
- 2) Club Members
- 3) MWF College Hour Week of 12/10 - 12/14 at OAU Desk in SA Hallway

Limited number of tickets at door

MONROE COMMUNITY HOSPITAL GIFT PROJECT

Donate small plants and cuttings for the patients at M.C.H. Plants accepted in Chaplain's Office (3-126) December 20-21st.

WINDMILL VITAMIN SALE

WINDMILL Vitamin Sale Buy One Bottle and Get The 2nd one FREE!

<p>BUY ONE GET ONE FREE! with this Wegmans coupon on 50 mgm 100's Regularly VITAMIN B6 \$3.49 (For your nervous system.) Good thru Dec. 13, 1979 In SuperNatural Shops only.</p> <p>748</p>	<p>BUY ONE GET ONE FREE! with this Wegmans coupon on 130's (sugar free) Regularly MULTIVITAMINS & MINERALS \$5.98 Good thru Dec. 13, 1979 In SuperNatural Shops only.</p> <p>751</p>
<p>BUY ONE GET ONE FREE! with this Wegmans coupon on 100's B-COMPLEX W/ VITAMIN C AND IRON Regularly \$5.59 Good thru Dec. 13, 1979 In SuperNatural Shops only.</p> <p>749</p>	<p>BUY ONE GET ONE FREE! with this Wegmans coupon on 500 mgm 100's Regularly ROSE HIPS C \$4.49 (Cold season is upon us) Good thru Dec. 13, 1979 In SuperNatural Shops only.</p> <p>752</p>
<p>BUY ONE GET ONE FREE! with this Wegmans coupon on 50 mgm 100's ZINC GLUCONATE Regularly \$4.98 Good thru Dec. 13, 1979 In SuperNatural Shops only. (For the male.)</p> <p>750</p>	<p>BUY ONE GET ONE FREE! with this Wegmans coupon on 30's Time Release B-COMPLEX Regularly \$4.98 Good thru Dec. 13, 1979 In SuperNatural Shops only.</p> <p>753</p>

Vitamin coupons available at Mt. Read & Perinton Olde World Cheese Shops.

Murray Banks hits topics from drugs to education

by Wendy Wright

Psychologist, Dr. Murray Banks, spoke in Forum West on Thursday, November 29, as a preview to his lecture later that night in the Theatre.

He joked with the small audience. For example, he said, "Hear about the guy who took LSD with prune juice? What a trip he took!" Also he told the group that "you don't know the difference between love and asthma!"

Dr. Banks did have a serious side, however, he opened his talk by asking the audience what the definition of normal was. He said that following social norms or taking a statistical point of view does not determine normalcy, but being medically and psychologically healthy does.

One of the major points of Dr. Banks' talk was drug addiction. He said that drugs are "an attempt to wipe out reality, to

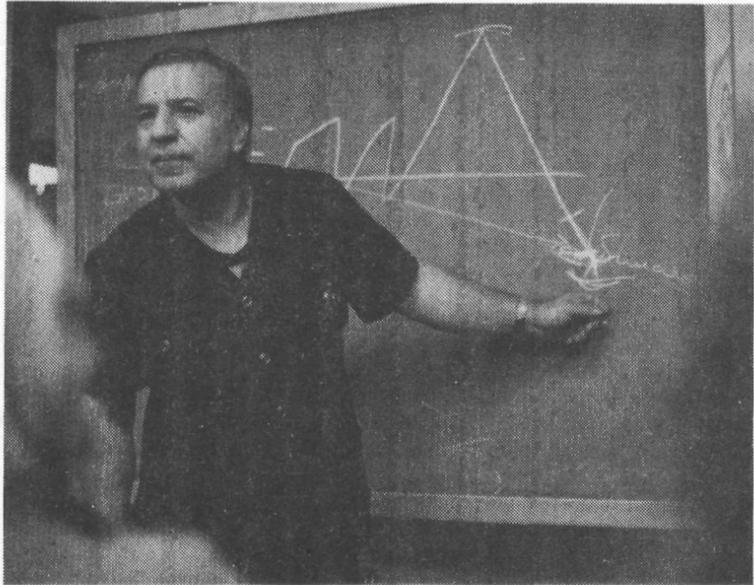
escape. Drug highs are dream and fantasy highs. Highs come from reality, and the accomplice accomplishes greatness." He also commented that "all drug takers have a low self-esteem, and that the first step in drug rehabilitation is to repair the damaged self-esteem."

Suicide was another topic in the lecture. Dr. Banks said that one suicide is committed every thirty minutes, and that most suicides are committed by those in the 16-19 age group, which "represents the highest rate of suicide."

Dr. Banks also suggested that colleges and universities teach "very little education," since he feels that true education is learning how to cope with life, not book-learning. And he also believes that these "resources" as he calls them, are the way to drag a person out of the depths of suicide.

Dr. Banks also discussed smoking. He said that smokers only start smoking because they feel inadequate, and that "no one is born with a craving of tobacco." He also commented that "tobacco is the most addictive of drugs, and if you smoke you are now an addict."

Dr. Banks, in talking about life in general, said that "you never do anything you don't want to do."



Dr. Murray Banks addressed the audience on a wide range of subjects.

Photo by Carl Pultz

Fleetwood Mac overpriced in view of performance

by Tracy Kiefer

On Tuesday, November 20th, popular rock band "Fleetwood Mac" appeared before an audience of about 8,000 people in the Rochester War Memorial. The concert fell short of selling 2000 extra tickets mainly because of their high price — \$12.50 for general admission, but for those for you who didn't attend, there's no need for concern — you didn't miss much.

The concert just came short of being disastrous with one unfortunate incident following another. Bass player John McVie suffered a broken guitar strap, a broken string, and some sort of sudden stomach disorder that took him off stage for almost twenty minutes. A spokesman for the band made apologies to the audience and the four remaining members skillfully faked an instrumental song while waiting for the absent McVie. Within the first few minutes of the show the amplification system acted up causing a few more minutes of delay. Lead Singer, Stevie Nicks, seemed to spend more time off stage than on, and when the spotlight did fall upon her, she

appeared moody and uninterested. But despite all this, one must remember that Rochester was the first stop Fleetwood made on their new tour, and all five members were nervous about people accepting their new music style contained on the recently release "Tusk" album.

And about the music — basically the reproduction of songs on stage fell into the "fair" category. Fleetwood Mac is an excellent sounding band on an album because they put so much effort into recording. But, on stage, without all the careful miking and effects, the sound leaves much to be desired. The band did, however, perform a wide variety of tunes — mostly off the "Rumors" album and some new material that put up a 2 hr. set — not bad.

The most outstanding member of Fleetwood Mac is definitely guitarist Lindsay Buckingham who showed an enormous amount of energy and vitality during the performance. He has drastically changed his appearance from a bearded, long haired sex symbol to a clean cut, well dressed song writer. Buckingham also

changed his music to go along with his new look. He is the author of 9 of the 20 songs on the new album as well as the hit single "Tusk" (which incidentally was performed rather well).

Christine McVie displayed her usual talent with her deep penetrating vocals and melodic keyboard playing. And last but not least — Mick Fleetwood gave a good show with his clean cut drumming and percussion.



Brian Foley amazes students in the Pub with coin tricks.

Photo by Larry Palumbo

Magician appears to dazzle, entertain

by Barry Vissa

On Wednesday, November 28th, students of MCC were dazzled by the astonishing magic of Brian Foley. Brian, a 23 year old student from Oneonta, N.Y. entertained a moderately sized crowd with his wide ranged magical talent extending from classical ring tricks to escaping from ropes and handcuffs.

Brian, who has been practicing magic for 13 years, per-

formed various card tricks which amazed and at one point mystified his very enthusiastic audience. His coin tricks extended from seemingly passing coins through the table to the fine art of rolling coins down his fingers.

Brian started his journey into magic at the age of ten, by gaining a reputation with his classmates with his unusual ability to extricate himself from various tightly tied ropes. Since his early days he has made numerous appearances, never failing to astound his multitudes of diversified audiences. He is currently working on a book tentatively entitled *The Prodigal Son's Book of Magic*.

All in all Brian Foley's performance was enjoyed as well as appreciated.



Brian Foley, magician and illusionist.

Photo by Larry Palumbo

Music Dept. sets concert for Monday

For all those who enjoy "variety" in their music, the MCC Music Department Winter Concert "A Good Time Was Had By All" will fill the bill. Scheduled to begin at 8 p.m. on Monday, Dec. 10th, the evening's activities will include four MCC groups performing a wide variety of musical styles and tempos.

The concert will begin in the college theatre in Bldg. 4 with the College Choir, the Gospel Singers and the Concert Band. The choir, directed by Tom Fittipaldi, will perform selections which run the gamut from "Hym to the Universe" to "Counting Calories." The Gospel Singers, directed by Lynn Morris Bryant, will be singing hymns of praise. "Be Grateful, I'll Go," and "He'll Be Right On Time." The Singers, a student organized club, is accompanied by Alvin Parris. The MCC Concert Band, section of the program will include excerpts from the "Nutcracker Suite" and "A Concert Digest" a musical satire on band concerts. The Concert Band is directed by Chuck Morey.

Following the formal portion of the concert, there will be a reception across the hall in 4-118 with refreshments for all and entertainment by the MCC Jazz Ensemble.

Admission is free and the public is cordially invited to attend and be a part of "A Good Time Was Had By All."

Study in Europe

The University of Louvain (est. 1425)
Leuven, Belgium

offers

COMPLETE PROGRAMS IN PHILOSOPHY
FOR THE DEGREES OF B.A., M.A., AND PH.D.

plus

A JUNIOR YEAR ABROAD PROGRAM

- course options offered in English
- contact with European and non-European nationalities
- incredible cultural opportunities
- ideal location for travel
- TUITION: The cost of tuition and fees to the student is only 11,500 Belgium Franks (approx. \$400 US dollars) due to subsidies from the government.

Write To:
Secretary English Programs
H.I.W.
Kardinaal Mercierplein 2
B-300 Leuven
Belgium

College Student to be part-time companion to adolescent girl

Wed. & Thurs. Evenings - 5 pm - 11 pm

Possible weekends

Edgewood Avenue in Brighton

Must have a car.

Call 467-5553

Unrequested Answer

Has anybody seen the Intercultural Coordinator?

by Patricia Sachs

A valiant fight was waged against what some people see as the "white" senate to save the position of Black Student Services Co-ordinator.

Well, you might say they won. Maybe. The position's name was changed to the Intercultural Program Co-ordinator. Our terrible senate didn't succeed in their plot to eliminate a position that doesn't do anything.

A student was selected and appointed to fill the position some said was so essential to the life of this campus. Once again victory over the senate that was non-sympathetic to the minority cause. Or was it? Hard working and ambitious, the woman appointed to be Intercultural Program Co-ordinator has done nothing visible in the seven weeks she has had the position.

The President and Vice-president of the Student Association have tried to contact her via mailfolder, carrier pigeon

and CIA, but none have been successful. It is almost as though she has disappeared into the red tape sea. It is also possible she was going under an alias. That was so she could disappear and the senate could be blamed.

With senate responsible for the appointment they could be accused of selecting someone who had no intentions of working. The minority students who fought to keep the position could then demand that the position be returned to permanent status. The 'white discriminating' senate could then be brought to its knees.

Only one problem. The chairman of the senate is not a man but a woman. And Puerto Rican to boot. A majority of the senate is female and one of the males is black. So another carefully devised plan goes out the door.

By the way, has anyone seen the Intercultural Program Co-ordinator? If she isn't found soon condolence flowers will be sent to the S.A. President.

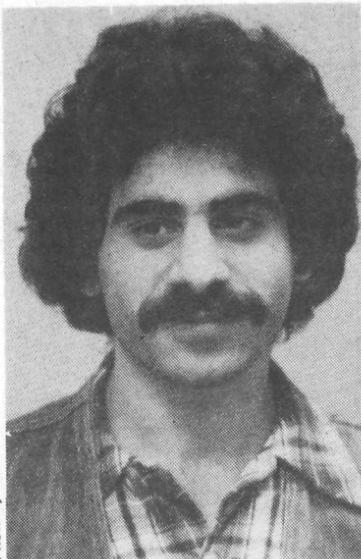


Photo by Carl Pultz

David Bennett

David Bennett and Kevser Ozkaynak both work at Ruby-Gordon Furniture. They both were placed in their jobs through the Cooperative Education Program. Dave is a Data Processing major, and he works on the IBM System 34. He is involved with many aspects of computer management and operation.

Kevser is an Accounting Ma-

ior who works with the accounting needed for a business such as Ruby-Gordon under the supervision of an Accounting professional. She is involved with such functions as determining cash flow, recording accounts payable, bank reconciliations, and check writing.

Dave and Kevser heard about Co-op in a letter they received before registration. To look into it further, they came to the Co-op Office for an interview. The classwork and the help in finding a job appealed to both of them and they registered for BUS 280 Cooperative Work Study.

Both Co-op students said they found the class very worthwhile. It has a very informal feeling about it. You're free to discuss anything such as wages, hours or problems that may come up with people on your job. They are both thankful that such a

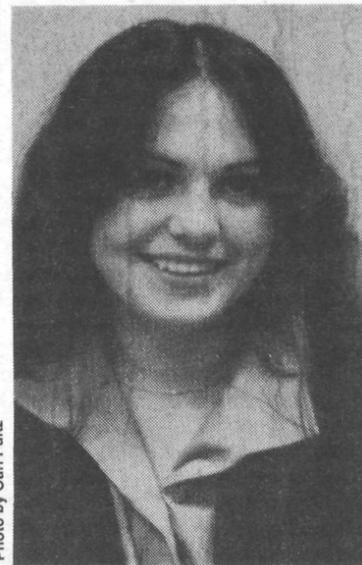


Photo by Carl Pultz

Kevser Ozkaynak

class exists to help find out where their interests lie. It is a stepping stone for them for future jobs in their fields.

Vets have info on Agent Orange

by Harry O. Bond III, Veterans Outreach

My name is Harry Bond and I am working as a volunteer at Veterans Outreach Project on the topic of Agent Orange (Dioxin). Along with M.C.C. Vet's Club, Citizen Soldier, Veterans Voice News, and Agent Orange Victims International. We have the intentions of providing victims with information pertaining to the hazards of exposure, assistance in seeking proper medical care and to bring an awareness to the public of the adverse effects of Dioxin Poisoning with the express desire to cause a ban of its use.

Your research of Agent Orange (DIOXIN) participation and public awareness would be very much appreciative.

HISTORY

During the period between 1961-1971, the United States Armed Forces sprayed the topography of South Vietnam with more than 44 MILLION TONS of Agent Orange, a highly toxic defoliant containing in part 2,4,5-T (DIOXIN). The chemical Dioxin has been found to be a carcinogen and to cause birth defects, internal disorder, and numerous catastrophic illnesses. (NYS Legislative Resolution No. 376) During the same period of time here in the United States 72 MILLION TONS of this herbicide was dispensed on

Vets' Corner

forests, pasture land, and heavily populated areas.

With your help and the help of the media, we can inform the 26,000 Vietnam Veterans' in Monroe County and make the

public more aware of Agent Orange.

For more information on Agent Orange and the Vietnam Veteran, please feel free to contact Harry O. Bond or Perry J. Riley after 5 p.m. at 2 Rodenbeck Place, Rochester, NY 14620.

My turn

WMCC seen as absurd, inept

But now radio station WMCC has climbed to new heights of absurdity & ineptness never scaled by a radio station. So wouldn't you (MCC students) think that the members of WMCC would strive for some kind of plausibility?

Alas, WMCC doesn't care about being plausible, or even a good radio station for that matter. The directors and d.j.'s all sit around, goof off, screw up on the air and let the campus community suffer due to the lack of professionalism among station members, and their non-committal attitude toward the air play good, quality music that can be appreciated by the entire student body.

With the threat of losing its

charter, a person would think that the radio station would try especially hard to function smoothly, but under poor directorship, an inept bunch of d.j.'s, and more than three-quarters of its record library under constant lock & key, it appears to be "see you later...much" to WMCC.

Too bad, you'd figure that if the station followed the rules of its own constitution it wouldn't have these problems. But right now campus radio station couldn't stay afloat in a spoonful of water.

Editor's Note: Because the author of this week's My Turn is associated with WMCC, we are respecting the right of anonymity. All articles submitted to the MD must be signed or they will not be printed.

EDITORIAL

Americans should rally against the Ayatollah

Last night upon arriving at home I happened to glance up to the sky and I noticed what obviously was a satellite because it was moving too fast for a star and too slow for a plane.

Starlight, star bright
Nuclear Warhead sailing through the night
Will you land on the Ayatollah tonight

He's been bad and we've been good
But his people claim he's Robin Hood

He's seized our embassy, and our son's
Held them hostage in front of loaded guns
He let the ladies and the blacks go
But now it's those left he wants to put on a trial show.

The Shah was no Angel, he tortured and maimed
But not one American just the same.

President Carter may be a Peanut Farmer now
but the Ayatollah will be his (election's) sacrificial cow.

So Premiers, Presidents, and the Communists too
all agree the Ayatollah should go screw.
We'll stop buying his oil; we'll stop sending cash
Hopefully soon, his economy will crash.

So come on America and give up a little gas
Let's all stay together and kick the Ayatollah in his ass.

Victor F.

DEADLINE DATE FOR MONROE DOCTRINE

Typed or Written:
Thursday, 2:00 P.M.

Submissions Are Due
One Week Prior
To the Printing
Of The
MONROE DOCTRINE

ALL ARTICLES MUST
BE PRINTED LEGIBLY
AND SIGNED

staff

Editor-in chief Patricia Sachs
Associate Editor Linda Mercurio
Advisor Charles Salamone

Business Tony Hrynczyszyn
Advertising Debbie Marks
Typing Supervisor: Ellen Kingsbury, Irene Woloszyn.

News Staff News Editor, Gary Hughson, Brett Hawkes, Jerry Voellinger,
Susan Hasser, Karen Katz, Wendy Wright.

Entertainment Co-editors, Karen Katz, Wendy Wright, Sandy McCord, Michelle Spitz, Diane Vetter,
Karen Hormats, Tracy Kiefer

Sports Sports Editor, Barry Vissa, Paulius Klimas, Patti Treviso, Paul Vary
Layout and Graphics Editor, Angel Rivera, Tony Hrynczyszyn, Karen Katz, Tracy Kiefer, Ellen Kingsbury, Wendy Wright
Photography Staff Photo Editor, Larry Palumbos, Tony Barbagallo, Jodi Oriol, Steve Fajardo,
Bruce Wang, Dave Rivers, Sue Hasser, Carl Pultz, Debbie Walker

Darkroom Staff Supervisors, Carl Pultz, Steve Attix, Mike McLean, Larry Palumbos
Back Page Production Jean Wilhelmsen

Personals Editor Jeff Yorlo, Tracy Kiefer

The opinions expressed in this newspaper are not necessarily those of the administration, Student Body, or Faculty. All letters to the Editor must be signed. Withholding of a name will be determined by the Editorial Board. The Monroe Doctrine is published weekly by the Students of Monroe Community College, 1000 E. Henrietta Rd., Rochester, N.Y. 14623.

Venetian Art

a Slide Lecture by Professor Thomas Fabiano
Monday, December 10 noon Room 5-200

the shape of things to come

Wednesday, December 12 TWO IN ONE DAY!

Come party with

ONYXX

1:00 to 4:30 pm
in the Pub.

Don't miss them!!

dennis

D'ASARO

will play his guitar
for you

from 9:00 to 11:00 am
in the Brick Lounge.

Get rid of those
final exam blues.

Foul Play
Tuesday, December 11
8:30 p.m.
in the Theatre
50¢

FOR SALE

Tickets for the biggest bargain ever seen on the
M.C.C. Campus. DINNER & DANCE for **only** \$4.30.
DECEMBER 7th in M.C.C.'s PUB

MENU

Roast Pork
Rice with Pigeon Peas
Kidney Beans and Rice
Tossed Salad
Chocolate Pudding
Coffee, Punch

COCKTAILS - 6:30 - 7:30 PM
DINNER - 7:30 - 8:30 PM
DANCE - 8:30 PM - 1:00 AM

LIVE MUSIC BY

La Muralla

Buy tickets at the S.A. Desk today or tomorrow and have
the time of your life!

ATTENTION NON-SMOKERS

There are now two sections of the cafeteria
which are designated no-smoking sections.

There are signs posted and table-tents on
the tables of these no-smoking sections.
Smoking is allowed in all other areas ex-
cept the food lines.

Reduced Ticket Sales

ROCHESTER PHILHARMONIC ORCHESTRA

December 8

Gaetano Delogu, Myrtle and F. Dean Johnson

Guest Conductor

Jan DeGaetani, mezzo-soprano

Tickets at S.A. Desk