

## Campus Announcements for the week of 11/05/2005

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**01. Administrative (dept moves/closes, employee info, Admin announcements)**

**1. Flex Spending Account Program Open Enrollment begins September 26, 2005 and ends November 10,2005 for the 2006 plan year.**

The Dependent Care Advantage Account Program allows state employees to pay for eligible child, elder care, or disabled dependent care with pre-tax dollars. The employer contribution for the 2006 plan year will provide up to \$700 and is based upon salary.

The Health Care Spending Account allows state employees to pay for unreimbursed medical expenses that are medically necessary with pre-tax dollars.

Both of the above accounts are under the Flex Spending Account Program. For more information, you may call the program hotline at 1-800-358-7202 or visit the website [www.flexspend.state.ny.us](http://www.flexspend.state.ny.us). Enrollment is paperless - you may enroll online.

The deadline of November 10 is strictly enforced.

<http://www.flexspend.state.ny.us>

Submitted by: Cassandra Moore/UHMC

## **2. The University Senate meets today at 3:30 p.m. in SAC 302.**

Tentative Agenda

November 7, 2005

- I. Approval of tentative agenda
- II. Approval of Minutes from October 10, 2005
- III. Senate President's report (B. Lindquist)
- IV. President's Report (S. Kenny)
- V. Provost's Report (R. McGrath)
- VI. Academic Bill of Rights (ABoR) Resolution (M. Tumilowicz)
- VII. Faculty Athletic Representative Report (R. Susman)
- VIII. Old Business
- IX. New Business

Submitted by: Laurie Theobalt/Prov

## **3. UUP West Campus General Membership Meeting**

A REMINDER

The UUP West Chapter General Membership Meeting is being held this Wednesday, November 9, 2005 from 12:00 Noon to 1:30 PM in the STONY BROOK UNION BALLROOM (this is NOT the SAC). Please make a note of the location.

Any questions, please call the UUP office at 2-6570.

Submitted by: Corinne Burns/Affl

## **4. December Graduation Ceremony - Volunteers Needed**

ATTENTION STAFF: Conferences and Special Events is looking for VOLUNTEERS for December Graduation 12/18/05. Experience the excitement SBU graduates have been dreaming about. For more details contact Peg Abbatiello ext. 26320 or email [mabbatiello@notes.cc.sunysb.edu](mailto:mabbatiello@notes.cc.sunysb.edu).

Submitted by: Margaret Abbatiello/Pres

## **5. Enterprise: New Car Rental Contract**

The new car rental contract with Enterprise is valid for all rentals within NYS and the US. Please note due to a change in the New York State General Business Law, insurance is no longer automatically included in the rental rates.

The Office of General Services recommends that travelers purchase the damage waiver protection (referred to as CDW or LDW insurance). If you do not purchase CDW/LDW, the

renter (agency) is responsible for damages to the rental vehicle and should notify their agency immediately to file a claim.

When booking with Enterprise, the Stony Brook corporate code JN0645 must be given to receive contract rates. These rates can be booked by calling the individual branch or toll free number at 1-800-736-8222 or by visiting [www.enterprise.com](http://www.enterprise.com) and entering the Stony Brook PIN: STO. Please see the procurement website for additional information regarding this contract.

Submitted by: Rosalie Makarick/Admin

## **6. Spring Semester 2006 Tuition Waiver Program**

The application for the B140w Tuition Waiver Program is now available to all full-time Research Foundation employees and all full-time west campus/hsc State employees. Please check the West Campus Benefits website under State or Research Foundation for complete information about the program. An application may be requested by calling the West Campus Benefits office at 2-6167 or 2-6136; please include your departmental zip code with your request.

STATE HOSPITAL/VETERANS HOME/TECH PARK employees must contact Shirley Menzies at 4-4759 for a waiver form.

Submitted by: Alessandra White/Admin

## **7. Open Enrollment for Research Foundation Employees**

Open enrollment for Research Foundation Employees is November 1 through November 30, 2005. During this period you may change from one health plan to another or from one coverage level to another (e.g. add or subtract dependent coverage). We are pleased to announce that the Research Foundation is adding two new employee-paid benefits to its benefits package, Dependent Term Life Coverage and Voluntary Short-term Disability coverage.

All Open Enrollment Changes are effective January 1, 2006. To make one of these changes or to sign up for an additional benefit, go to the HR website, select forms and publications, click on Benefits and select the appropriate Benefits Enrollment Forms.

<http://www.stonybrook.edu/hr/benefits>

Submitted by: Cori Ribauda/Admin

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## **03. Workshops/Courses/Training (work related; HR, EAP, DoIT, etc...)**

### **1. Positive Communication**

Life is full of sticky situations, packed with difficult conversations and loaded with confrontation. Confrontation affects our relationships (both professional and personal), our image and our self-esteem. It is not the confrontation; it's what we do with it that makes the

difference.

Objectives:

- How do I typically act when I confront someone?
- What is Positive Confrontation, and why should I use it?
- A model for Positive Confrontation
- Do's and Don'ts
- What If's? (Typical scenarios and behaviors you'll likely encounter)

This is an intermediate workshop

Date: November 22nd, Time: 9:30-12:30

Place: Administration Bldg., Room 192

To Register: Click on link below for registration form

<http://naples.cc.sunysb.edu/Admin/HRSForms.nsf/aac30a50eebe3a8185256a6f004b0a84/7c48757ce9aedf9a85256a8d004b4293?OpenDocument>

Submitted by: Patricia Lore/Admin

## **2. Diversity 101**

This diversity awareness workshop is designed to allow participants to explore and discuss dimensions of diversity, examine individual approaches to managing diversity, define important concepts and terms, learn about the impact of stereotyping and bias in the workplace, as well as to build skills to more effectively work with colleagues and students. Each participant will also develop a personal action plan.

Date: November 15th, Time: 10:00-1:00, Place: Administration Bldg., Room 192

To Register: Click on link below for registration form

<http://naples.cc.sunysb.edu/Admin/HRSForms.nsf/aac30a50eebe3a8185256a6f004b0a84/7c48757ce9aedf9a85256a8d004b4293?OpenDocument>

Submitted by: Patricia Lore/Admin

## **3. Employee Assistance Program Lunchtime Learning Guest Speaker, Nick Campisi, American Debt Resources, Inc.**

How Does Credit Affect Your Everyday Life?

This interactive seminar will address the necessity of having good credit and how it applies to more than just obtaining a loan or a credit card. We will discuss how to receive and read a free credit report from all three of the major credit bureaus. The tools will be given to you on how to track your spending patterns on a daily and monthly basis. When you use your credit cards we will address what are the right ways to charge and the correct ways to pay. We will discuss the psychological spending patterns of consumers and how your creditors target those patterns. All educational material will be provided for you at no cost, to further assist you in obtaining and keeping good credit.

Date, Time, Location: 11/16/05, 12:00-1:00, Wang 301

To register call EAP 26085.

<http://www.sunysb.edu/eap>

Submitted by: Linda Tatem/Pres

**4. 11/10/05 Free SBDC "Funding Your Business" Workshop, L.I. Tech Incubator, SBU, Time:9:00-12:00 Noon, Call To Register 29140**

Ronni Rosen, Certified Business Advisor will explain what to do when your business is in need of capital. Learn the details of borrowing money from different sources.

<http://www.stonybrook.edu/smallbusiness>

Submitted by: Ann Garbarino/CEAS

**5. Juggling Work & Family - Tips for making the BEST use of your time and for communicating effectively.**

In our time-starved world how does one still have a life and balance all that is important? This workshop will provide the tools to make life more manageable and to focus on what's within our control. Participants will receive helpful program materials. They will be able to complete and take with them self-assessments of their time management skills, listening skills and evaluation of family relationships.

Sponsored by the UUP Academic Council with guest speakers from Stony Brook University:

Donna Buehler, LCSW Director, Employee Assistance Program

Professor Joan Kuchner, Director, Child and Family Studies

Register by calling EAP at 632-6085

Light refreshments will be served.

<http://www.stonybrook.edu/eap>

Submitted by: Donna L Buehler/Pres

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## **04. Conferences/Seminars/Lectures**

### **1. Topics in Atmospheric and Oceanic Sciences Seminar, November 9, 2005**

Professor Paul E. Newman from the Atmospheric Chemistry and Dynamics Branch, NASA Goddard Space Flight Center, will present a seminar entitled, "When Will the Antarctic Ozone Hole Recover?" on Wednesday, November 9. The one-hour seminar begins at 12:00 p.m. at the Marine Sciences Research Center, South Campus, Endeavour Hall 120. Light refreshments will be served. For additional information, please contact the Institute for Terrestrial and Planetary Atmospheres at 632-8009.

<http://atmos.msrc.sunysb.edu>

Submitted by: Gina Gartin/MSRC

## **2. Oceans and Atmosphere Colloquium, November 11, 2005**

Dr. Brent McKee from Tulane University, will present a seminar entitled, "The missing link: Important biogeochemical processes in the lower reaches of the Mississippi River" at 12 noon on November 11, 2005. The seminar will take place at the Marine Sciences Research Center, in the Endeavour Hall 120. Light refreshments will be served. For more information, please call 631-632-8781.

<http://www.msrc.sunysb.edu/news.oac.html>

Submitted by: Katerina Panagiotakopoulou/MSRC

## **3. Louisa Thomas Hargrave, Friends of the Library Lecture Series**

Join Louisa Hargrave, Director of the Center for Wine, Food & Culture as she discusses her memoir, "The Vineyard." This lecture will also feature a book signing, question and answer period followed by reception. Seating is limited. Please call 632.7100 to reserve your seat by 11/7/05.

<http://www.stonybrook.edu/sb/winecenter>

Submitted by: Ginny Clancy/Pres

## **4. Biochemistry & Cell Biology Seminar**

On Thursday November 10, 2005, Dr. Fred Chang of Columbia University will present a seminar entitled: "How Fission Yeast Cells Divide in the Middle". It will be held in room 038, Life Sciences Building at 4:00 p.m. If you have any questions, please call 2/8550. Refreshments will be served.

Submitted by: Faiqa Mirzai/CAS

## **5. Ecology and Evolution Seminar**

3:30 p.m., Wednesday, November 9, 2005, Life Sciences Building, Room 038  
"LYCAENID BUTTERFLIES AS MODEL SYSTEMS FOR THE ECOLOGY OF SPECIATION"

Dr. Matthew L. Forister, Postdoctoral Research Associate, Department of Ecology and Evolution, Stony Brook University

If you need a disability-related accommodation, please call: The Department of Ecology and Evolution at (631) 632-8600



Submitted by: Donna Digiovanni/CAS

## **6. Friends of The Library Lecture: The Pleasures and Perils of Creating and American Winery**

Monday, November 14, 6:30 PM- Charles B Wang Center

Join the Friends of the Library and The Center for Wine, Food, and Culture as we welcome Louisa Hargrave, Long Island Wine Pioneer as she discusses her memoir. Book signing, questions and answer and reception to follow.

Open to the General Public, Admission is free- Reservations are required, seating is limited, Please call 632.7100 to reserve your seat.

Submitted by: Ginny Clancy/Pres

## **7. Doctoral Defenses This Week**

Please click on the URL below to see this week's Doctoral Defenses.

<http://www.grad.sunysb.edu/ddd/weekly.shtml>

Submitted by: Fernando Cuenca/GST

## **8. Japan Exchange & Teaching Program Information Session**

Would you like to live and teach in Japan?

This Japanese Ministry of Education sponsored JET program will provide you the opportunity and experience.

This interactive session will be held at Asian and Asian American Studies Seminar room in the Humanities Building on Wednesday from 12:50 to 1:50.

For more information, please contact [enagase@notes.cc.sunysb.edu](mailto:enagase@notes.cc.sunysb.edu)

Submitted by: Eva Nagase/CAS

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## **05. Hosp/HSC Conferences/Seminars/Lectures**

### **1. Department of Physiology and Biophysics Seminar**

Tuesday, November 8, 2005 at 1:30 p.m.

"Ras Cycling and Inhibition"

Dr. Nicolas Nassar, Department of Physiology and Biophysics, SUNY Stony Brook

Place: Basic Science Tower, T-5, Room 140

Submitted by: Robin Green/UHMC

## **2. The Department of Physiology and Biophysics and the School of Medicine present a Symposium on Diabetes and its Complications**

Wednesday, November 9, 2005, starting at 8:45 a.m.

The Department of Physiology and Biophysics and the School of Medicine, In Conjunction with the Department of Urology, Albert Einstein College of Medicine, present a Symposium of Diabetes and its Complications

Location: Basic Science Tower, T-5, Room 140

Submitted by: Robin Green/UHMC

## **3. Graduate Program In Public Health: Public Health Grand Round Lecture Series**

Dr. Asa Viccellio, Professor Clinical Emergency Medicine, Stony Brook University, will lecture on "Bioterrorism".

DATE: November 22, 2005, TIME: 5:30 - 6:30 PM, LOCATION: Health Sciences Center, Level 3, RM 067 - Prev. Med.

Submitted by: Patricia Villa/UHMC

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## **06. Charitable (Habitat, Blood drives, Cats, etc...)**

### **1. The First Annual Marilyn Colletta Benefit Gala**

The First Annual Marilyn Colletta Gala to benefit Acute Myelogenous Leukemia(AML)research at the Long Island Cancer Center at SBUH will take place on 1/21/06 at 7:00 p.m. at the Huntington Town House, Huntington. Tickets are \$85. For more information, call 444-2693.

Submitted by: Victoria Irwin/UHMC

### **2. Stony Brook Child Care Services Scholastic Book Fair**

A Scholastic Book Fair will be held at the Stony Brook Child Care Services on Monday, November 7th through Friday, November 11th from 12pm-2pm and 4pm-6pm. Everyone on campus is invited to purchase books. It's the best way to raise funds while encouraging children to read. Great Holiday Gifts! Thank you for your support in advance. For more information please call the center at 632-6930.

Submitted by: Patricia Birbiglia/Affl

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## **07. Entertainment (Sports, Movies, Events, etc...)**

**1. Opening Ceremony for Art Healing Space II: Seeing Through Sixty Years, Wednesday, November 9, 1 PM Wang Center. FREE ADMISSION**

Art Exhibition is on November 9-23, Skylight and Zodiac lobbies at Wang Center FREE ADMISSION. Today we bear the continuous production, testing and dissemination of nuclear weaponry, the contamination of Earth's fragile ecology, and the culture of an ever-present fear of Armageddon. Seeing Through Sixty Years seeks a transformation in a new vision graced with sensitivity, consciousness, public dialogue, hope, and possibly, redemption. Seeing Through Sixty Years represents the united efforts of a community of artists who have come together to commemorate the 60th anniversary of the dropping of the atomic bombs on Hiroshima and Nagasaki. Passed down to us from 1945 is the costly patrimony of still-horrifying images of charred bodies, decimated buildings and despondent victims. Curated by Nobuho Nagasawa with participation from SBU's Art Department.

<http://www.stonybrook.edu/sb/wang/events.shtml>

Submitted by: Jianping Schoolman/Pres

**2. Veterans Day Ceremony**

This year the Veterans Day Ceremony at Stony Brook University is dedicated to the students, alumni, faculty, staff and families who have served or are currently serving in the United States Armed Forces. We invite you to attend the Veterans Day Ceremony that has become a tradition at Stony Brook. Your attendance shows the importance of our military and the country's goals for freedom and peace.

The Stony Brook Community is honored to have Colonel Benedict Antonecchia as our guest speaker at our Veterans Day Ceremony on Wednesday, November 9, 2005 at 1:00 p.m. in the Student Activities Center Auditorium. It is our pleasure to have you join us commemorating this national day of honor.

If you have served or are currently serving in the Armed Forces, we encourage you to wear your uniforms to be honored by all who attend.

Please RSVP to Ms. Maureen Hall at (631) 632-6700.

Submitted by: Zoe Viola/OSA

**3. Marathon (Running Boy) - Odd Couplings Film Series 2005 Wang Center Theater, Wednesday, November 9, 7:30 p.m. FREE ADMISSION**

Based on a true story, Marathon is about an autistic young man who, with the support of his mother, becomes a notable distance runner despite his intellectual handicap. Marathon honestly and poignantly depicts the hardships experienced by autistic people and their families. This is a powerful story conveying disability and the lack of tolerance society has for people who are different and how strong bonds overcome these obstacles. Co-sponsored with the Center for Korean Studies and the Korean Cultural Service of New York. (Written & directed by Jeong

Yun-Cheol, 2004).

<http://www.stonybrook.edu/sb/wang/oddcouplings.shtml>

Submitted by: Jianping Schoolman/Pres

**4. Learn to Meditate (Series II) Thursday, November 10, 6:30 8:30 p.m., Wang Center, RM 301 FREE ADMISSION**

Ven. Chang Wu will offer an introduction to Chan/Zen meditation. Participants will learn about the benefits of postures, and how to prepare, relax, and release stress. Students will learn how to develop a regular practice that will fit within the context of their lives, as well as how to apply the lessons of meditation to life "off the cushion." Wear comfortable clothing. Coordinated by the Buddhism Studies & Practice Group.

<http://www.stonybrook.edu/sb/wang/events.shtml>

Submitted by: Jianping Schoolman/Pres

**5. Film: Singing Behind the Screens Sunday, November 13, 4 p.m. , Wang Center Theater FREE ADMISSIONS U.S. Premiere**

In 1930's China, a young man wanders into a brothel and watches dancers re-enact a legend about a heroic female pirate as narrated by an old sea captain (Bud Spencer). A lake appears where he sees ancient pirate ships firing on a village. When the Emperor offers the pirate, Admiral Ching, a nobleman's title if he will stop pillaging, Ching's backers murder the pirate. In avenging her husband's death, Ching's widow becomes a pirate. The film's exotic music is by acclaimed Chinese classical composer Han Yong. Co-sponsored with the Wang Center's Asian/American Programs, the Center for Italian Studies, and the Department of European Languages & Literature. (Director: Ermanno Olmi, in Italian with English subtitles, 2003).

<http://www.stonybrook.edu/wang/>

Submitted by: Jianping Schoolman/Pres

**6. Songstress Louise Taylor to perform at The University Cafe on Sunday, December 4th at 2 P.M.**

Louise Taylor's smoky, incredibly expressive voice, coupled with her innovative guitar tunings, suggests a combination of Bonnie Raitt and Cassandra Wilson, as she pushes the boundaries of acoustic music, incorporating blues, jazz and world rhythms into the mix. She will be showcasing songs from a new studio album. WUSB-FM's Jim Dexter will open the show. Admission is % 15.00 with a student rate (with ID) of \$10.00. For reservations and information, e mail [gpalala@notes.cc.sunysb.edu](mailto:gpalala@notes.cc.sunysb.edu) or call 632-6027. Information about other upcoming shows is available on the "Special Events" tab on the University Cafe's website ([www.universitycafe.org](http://www.universitycafe.org)).

Submitted by: Charles Backfish/CAS

**7. Jashan! Festival of Harmony Saturday, November 12, 12:00 p.m. 11:00 p.m. Wang Center**

In the spirit of Diwali, the Hindu Festival of Lights and Eid, the Muslim festival of abundance, we celebrate the rich beauty of South Asian cultures through dance, song, music, and food. Proceeds will benefit the victims of the recent earthquake in South Asia. Co-produced with the India Focus Group. Day-long Festivities: \$10.00 general admission. Free for students and children under 12.

Takhliqi: Showcase of Creativity (part of Jashan! Festival of Harmony) Saturday, November 12, 12:00 p.m.-6:00 p.m., Wang Chapel, Songs, colorful folk and popular dances, and lively music performed by talented local artists.

Please e-mail pnawani@ic.sunysb.edu or wangcenter@stonybrook.edu or call 632-4400 to reserve your tickets.

<http://www.stonybrook.edu/sb/wang/>

Submitted by: Jianping Schoolman/Pres

**8. Sur Taal: Sitar Concert by Gaurav Mazumdar Saturday, November 12, 7:00 p.m., Wang Center Theater**

The finest and only Indian to have performed at the Vatican a rare honor for a musician of the present generation Gaurav is a disciple of the legendary and world-renowned maestro, Pandit Ravi Shankar. "Mazumdar seduces the ear with the pure tone he draws from his instrument tempts us into a spiritual underworld of spun melody and evocative phrasing which is mesmerizing. His artistry is of such a magnitude, it just rivets the attention spellbinding occasion" Musicweb.uk.net. Tickets: \$25.00 general admission. \$10.00 for students and children under 12.

Please e-mail pnawani@ic.sunysb.edu or wangcenter@stonybrook.edu or call 632-4400 to reserve your tickets.

<http://www.stonybrook.edu/sb/wang/>

Submitted by: Jianping Schoolman/Pres

**9. Delicious Desi Buffet Dinner Saturday, November 12, 9:00 p.m. 11:00 p.m. Wang Center**

Come enjoy a wonderful selection of halal and vegetarian choices.

Tickets: \$25.00 general admission. \$10.00 students & children under 12.

Please e-mail pnawani@ic.sunysb.edu or wangcenter@stonybrook.edu or call 632-4400 to reserve your tickets.

<http://www.stonybrook.edu/sb/wang/>

Submitted by: Jianping Schoolman/Pres

## **10. Music Department Highlights of the Week**

Tuesday, November 8, 8pm, MM Recital: Carrie Kennedy, violin

Wednesday, November 9, 8pm, DMA Recital: Youn-Hee Bang, piano

November 10, 4pm, MM Recital: David Byrd-Marrow, horn

November 10, 8pm, DMA Recital: Jae Yeon Paik, voice

November 12, 8pm, Stony Brook Symphony Orchestra, Stony Brook Chorale and Camerata Singers, Timothy Mount, Conductor, Staller Center for the Arts Main Stage, Benjamin Britten, Cantata Misericordium, Arvo Prt, Te Deum, Igor Stravinsky, Symphony of Psalms

Tickets: \$16/\$8 (students and seniors)

November 13, 3pm, Baroque Sundays at Three, Stony Brook Baroque Players, Monteverdi, Lamento D'Ariana, Vivaldi, Concerto for 4 Violins in b minor, Caldara, Il Giuoco del Quattrino, Purcell, Fantasias No. 2 and No. 8, Couperin, Trio Sonata in E

Submitted by: Jessica Powell/GST

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## **08. For-Pay Workshops/Courses (SPD, etc...)**

### **1. Advanced Microsoft Excel: Module I - NCE 314.1 - 2 sessions - Fee: \$109**

This introductory course demonstrates the power and ease that makes This course, along with the other advanced Excel modules listed, focus on specific functions available in the program and is particularly useful for accountants and budget managers. This special topics course covers graphing and advanced functions.

Prerequisite: Introduction to Microsoft Excel or equivalent experience.

Section I: Mon., 9:00-12:00pm, Nov.21,28,2005

10% discount University employees and students, CSEA LEAP Vouchers accepted

To register go to SPD Website Registration Form at

<http://www.stonybrook.edu/spd/career/registration.html>

For questions call 632-7071

Submitted by: Frank Esposito/Prov

### **2. Defensive Driving Course Begins Nov 9**

Save money on your car insurance. This six hour course is an Empire Safety Council Accident Prevention Workshop. Two Wednesdays, 11/09 and 11/16, 6pm - 9pm, Union 231. Pre-registration and payment necessary. Send two checks \$18/student or \$22/non-student (payable to SBU Crafts Center), and additional \$13 per person fee (payable to K. OBrien) and mail to: The Stony Brook Union Crafts Center, Stony Brook University, Stony Brook, NY 11794-3200.

Please include your name, address, telephone and class selection. In person registration at The Crafts Center, lower level of the Union, room 049, call for hours. For more info/class brochure

call The Crafts Center, Tel:632-6822.

Submitted by: Janice Costanzo/OSA

### **3. Wine Traditions Series- Linguini and Lust**

Thursday, November 17: 6:30-8:00 p.m.

Professor Fred Gardaphe of SBU's Italian Studies Department is a raconteur par excellence. His enchanting stories get behind the macho, Mafioso image of the Italian American to reveal how food and wine drive the reality and reputation of the ethnic male. With appropriately decorous wine and food tastes.

Location: Wang Center on the Main Campus of Stony Brook University

Fee: Each class will offer 6-8 quality wines and will include light food pairings complementing the wines and region of origin. Classes are \$55.00 per person. "Bring a Friend" and the second person gets a discounted rate of \$45.00.

To Register: Call Ginny Clancy at (631) 632-9404.

Note: You must be 21 or over to participate in winetasting events.

Space is limited, so please register early.

<http://stonybrook.edu/winecenter>

Submitted by: Ginny Clancy/Pres

### **4. Defensive Driving Course for UUP Members and their immediate family members.**

A NYSUT sponsored Defensive Driving program is being offered on Tuesday and Thursday, November 15 and 17, 2005 in the Wang Center Room 201 from 6:00 PM to 9:00 PM for all UUP members and their immediate family members. Attendance at both classes is required. Cost is \$25.00 per person. Checks should be made payable to "NYSUT Benefit Trust Fund" and delivered to the UUP office, 104 Old Chemistry, Z=3475. Office hours are Monday thru Friday, 9 am to 3 pm.

Participants are usually entitled to a 10% discount on their automotive insurance. Check with your provider. The certificate is good for three years of savings!

Contact Corinne Burns at Ext. 26570 or [cmburns@notes.cc.sunysb.edu](mailto:cmburns@notes.cc.sunysb.edu) for more information.

Submitted by: Corinne Burns/Affl

### **5. Stress Management Workshops**

The Division of Wellness and Chronic Illness in the Department of Family Medicine will be presenting a series of five workshops on stress management.

These workshops focus on meditation as a core experience for stress management. The group is introduced to several forms of meditation including breathing techniques, the stress relaxation response, mindfulness meditation, walking meditations, heart-centered meditations and others.

Other aspects of stress management discussed are sound nutrition, movement, sleep practices, time management and prioritization, awareness of thought patterns and related emotions.

Workshop dates are Wednesday, November 9, 16, 23, December 7, and 14, 2005 between 5:30 and 6:45 pm at 33 Research Way, East Setauket, NY.

Lower your stress and register early for this popular workshop since seating is limited to fifteen participants. The fee for the four sessions is \$100.00 payable at first session.

For information and registration, please call 444-9815.

Submitted by: Marion Hollinger/UHMC

## **6. A Passion for Spanish Wines-The Wang Center, November 11, 2005, 6:30-7:30 p.m., \$15.00 per person (must be over 21)**

This special event precedes the Flamenco ballet at the Staller Center.

Get in the mood for Flamenco, and join us for a tasting of an array of Spanish wines selected by wine specialist Jorge Ordonez. The wines will range from cava to sherry and include red and white table wines.

In an informal wine reception, we will taste and explore a range of Spain's up-and-coming, highly acclaimed wines. Get ready to enjoy some new flavors from re-discovered ancient vineyards, and catch the energy of Spain's foremost vintners.

By reservation only. Please call Ginny Clancy at 631-632-9404.

<http://www.stonybrook.edu/sb/winecenter>

Submitted by: Ginny Clancy/Pres

## **7. Medicine Ball Workshop**

Medicine Ball Workshop, Tuesday, November 15, 2005, 1:00pm - 2:00pm, SAC, Lower Level Studio, Instructor Allison Milano, Fee \$5.00

To register call 632-6850

A complete body workout, strengthening the shoulders, back, arms and legs as well as improving core trunk strength and joint integrity. This workout will provide weight-resistance through a full range of motion and train sports specific and explosive motion exercises such as lifting, throwing, and catching the ball.

Submitted by: Allison Milano/OSA

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## **10. Miscellaneous**

### **1. Undergraduate Admissions 2005 Open House**

Undergraduate Admissions will be holding two Open House events the weekend of November 19 and 20, 2005. The first event date, Saturday, November 19, is intended for students interested in majors offered through the College of Arts and Sciences and the College of Business. Our Pre-Med advisors will also be available to answer questions on this day. The second event date,



Sunday, November 20, will provide information to those students interested in Engineering and Computer Science majors or majors offered through the Health Sciences Center. Both events are to be held in the Student Activities Center beginning at 10:00 AM. For further information about our Open House or to register for a program, please visit our website at <http://www.stonybrook.edu/ugadmissions/openhouse/> or contact our office at 632-6859.

<http://www.stonybrook.edu/ugadmissions/openhouse/>

Submitted by: Valerie Regan/Prov

## **2. Grant Opportunity: Dialogues Across Differences Giving Back to Communities/Embracing Our Citizenship**

Dialogues Across Differences is a grant that is set up as an opportunity for the Stony Brook community to celebrate our diversity through events that present a commitment to a deeper understanding of our similarities and differences. Through sharing our interests and encouraging dialogue, we hope to progress towards a goal of a deeper cultural understanding. For an application, contact the Office of Diversity and Affirmative Action at 632-6280, visit the office in the administration building, room 201, or download the application from our web site at [www.stonybrook.edu/diversity](http://www.stonybrook.edu/diversity). Proposals should be submitted along with an application by November 18, 2005, requested funding from \$250 to \$750 for campus programs. Dialogues Across Differences is a grant funded by the Office of the President.

Submitted by: Benjamin Lanz/GST

## **3. Child Care Openings at Stony Brook Child Care**

Child Care openings available for children 2 months - 5 years old at the Campus Center. Caring, professional early childhood teachers, low child-to-teacher ratio, sliding fee scale. Call 632-6930 for more information or to visit the Center.

Submitted by: Nancy Walker/Affl

## **4. Free On-Campus Tutoring!**

Our trained volunteer tutors can help adults learn to read and write (Basic Literacy) or to speak English and learn the American Culture (ESOL - English for Speakers of Other Languages.) The Stony Brook Adult Literacy Center services are available to all Stony Brook employees, staff members and their families free of charge.

Call today to find out more about our program. Contact 444-5272 to speak with Cindy Brodsky, Literacy Coordinator.

Submitted by: Cindy Brodsky/UHMC