

## Campus Announcements for the week of 02/21/2005

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### Table of Contents

#### **01. Administrative (dept moves/closes, employee info, Admin announcements)**

[1. Because You Don't Do It Every Day \(BUDDIE\) Week](#)

[2. Life Sciences Stockroom & Tank Gas Program](#)

[3. Limited Availability Of Intranasal Flu Vaccine \(Flumist\) At The Stony Brook University Student Health Service](#)

[4. Arts and Sciences Senate Meeting](#)

#### **02. Hosp/HSC Admin Announcements**

[1. For UUP Staff Only - ING Seminar "Financial Life Planning For Your Future Retirement"](#)

#### **03. Workshops/Courses/Training (work related; HR, EAP, DoIT, etc...)**

[1. Retirement Readiness \(Presented by ING\)](#)

[2. IRS: New Rules, New Opportunities \(Presented by TIAA-CREF\)](#)

[3. University Hospital Fire Warden Training](#)

[4. The Family Violence Education And Research Center 2005 Spring Colloquia](#)

[5. Employee Assistance Program Lunchtime Learning Juggling Work & Family](#)

[6. Dialogues Across Differences- Day Long Women's Workshop and Retreat](#)

[7. "U.S. Income Tax" Workshop for Foreign Nationals: Part 1 of 3, Mon., February 28, SAC-Ballroom B, 10 A.M.](#)

[8. Employee Assistance Program Lunchtime Learning Healthy Family Relationships](#)

#### **04. Conferences/Seminars/Lectures**

[1. Topics in Atmospheric and Oceanic Sciences Seminar](#)

[2. Oceans and Atmosphere Colloquium, February 25, 2005](#)

[3. Leadership Symposium on Student-Community Wellness: "Visionary Leadership: Moral Challenges for Today's Universities" - Tuesday, February 22nd, 1-3 pm, Wang Theatre](#)

[4. Oceans and Atmosphere Colloquium, SPECIAL ANNOUNCEMENT, February 24, 2005](#)

[5. Melville Library Author Series featuring Jacqueline Reich](#)

[6. Department of Neurobiology and Behavior Seminar](#)

[7. Discover the "Mysteries of the Mind" on Monday, March 14](#)

[8. Doctoral Defenses this week](#)

[9. A Gathering of Science Scholars II](#)

[10. Ecology and Evolution Seminar](#)

[11. Mathematics Department](#)

[12. Special Biogeochemistry Seminar, February 22, 2005](#)

#### **05. Hosp/HSC Conferences/Seminars/Lectures**

[1. Graduate Program In Public Health - Public Health Grand Rounds](#)

#### **06. Charitable (Habitat, Blood drives, Cats, etc...)**

[1. Campus-wide prayer service for Tsunami victims and their families -- February 23](#)

[2. Can You Contribute 15 Minutes A Day To Help Feed Homeless Cats On Campus?](#)

[3. Please Join Stony Brook University Hospital In Celebration of National Heart Month](#)

#### **07. Entertainment (Sports, Movies, Events, etc...)**

[1. Eliot Chang Comedy Show at Wang Center Theatre, Thursday Feb. 24 8:00 PM](#)

[2. Music Department Ear-Fest](#)

[3. Music Department Student Recitals!](#)

[4. Chinese Martial Arts Film Series: Five Fingers of Death \(King Boxer\) at Wang Center Theatre, Tuesday Feb. 22, 7:00 PM](#)

#### **08. For-Pay Workshops/Courses (SPD, etc...)**

[1. Auditions for the SBU Pre-College and Community Music Spring Adult Chamber Music Workshop](#)

[2. From Windows to Web: The Essentials of Personal Computing, NCE 707 18 sessions Fee \\$1,499.00](#)

[3. MS in Technological Systems Management with a concentration in Global Industrial Management](#)

[4. Crochet for Intermediate Students](#)

[5. Kundalini Yoga Workshop](#)

[6. Stress Management Workshop](#)

[7. Menopause Workshop](#)

## **09. Research (Studies, Testing, etc...)**

[1. Long Island Database Project - Volunteers Needed](#)

[2. MRI Study of Flow in the Brain](#)

## **10. Miscellaneous**

[1. Register Now For Stony Brook Day In Albany - March 1, 2005](#)

[2. Summer Camp at Stony Brook 632-4550 June 27 - August 19, 2005](#)

[3. It's About Us!-Come to the Kick-Off Celebration!](#)

[4. FREE Blood Pressure & Non-Fasting Cholesterol Screening](#)

[5. Administrative Director](#)

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## **01. Administrative (dept moves/closes, employee info, Admin announcements)**

### **1. Because You Don't Do It Every Day (BUDDIE) Week**

Every year, the office of Disability Support Services sponsors BUDDIE Week (BECAUSE U DON'T DO IT EVERY DAY.) The purpose of this activity is to sensitize the Stony Brook campus community on issues surrounding disabilities. Since 1989, BUDDIE Week provides administrators, faculty and staff with the opportunity to learn how students with disabilities experience life on campus. Buddies are asked to accompany a student during part of one of the days, meet for lunch or spend some time together; whatever is appropriate and possible for you and the student. This year, we are recruiting new buddies who would be interested in participating in this important event. If you could set aside an hour or two on the week of March 7, 2005, please call Stephanie Patterson at 2-6748. We hope that you will be able to participate in this activity and look forward to your response. Thanks!

Submitted by: Stephanie Patterson/OSA

## **2. Life Sciences Stockroom & Tank Gas Program**

Life Sciences Stockroom & Tank Gas Program will be closed, Monday, February 21, 2005 in observance of President's Day Holiday.

Submitted by: Antonina O'Connell/CAS

## **3. Limited Availability Of Intranasal Flu Vaccine (Flumist) At The Stony Brook University Student Health Service**

There is a limited supply of intranasal influenza vaccine (FluMist) available at the Student Health Service for those 5 to 49 years of age who are in good health. Students -\$20 Staff -\$25. Please contact the Student Health Service for more information at 2-6740

<http://studentaffairs.stonybrook.edu/shs>

Submitted by: Robert Ansbach/OSA

## **4. Arts and Sciences Senate Meeting**

The Arts and Sciences Senate will hold its regular monthly meeting on Monday February 21 at 3:30 PM in the Javits Room of the Melville Library. All are welcome to attend.

Submitted by: Frederick Walter/CAS

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## **02. Hosp/HSC Admin Announcements**

### **1. For UUP Staff Only - ING Seminar "Financial Life Planning For Your Future Retirement"**

The following information is for United University Professions (UUP) Staff Only. ING invites you to attend a retirement readiness workshop - "Financial Life Planning For Your Future Retirement" on Wednesday, February 23, 2005 in Room 158, Level 2, HSC. There are two sessions (12 noon - 1:30 pm and 4:15 pm - 6:00 pm), which will cover the same information. Lunch will be provided and you need to R.S.V.P. by emailing Tony Amalfitano at Anthony.Amalfitano@ingfa.com or to register by phone call ING at 631-755-0826.

Submitted by: Cassandra Moore/UHMC

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## **03. Workshops/Courses/Training (work related; HR, EAP, DoIT, etc...)**

### **1. Retirement Readiness (Presented by ING)**

This class applies to UUP Members.

Light meal will be provided!

This workshop is focused on the Core Retirement Planning Concepts:

1. Evaluate your most important life planning goals
2. Identify the major transitions that will occur next in your life
3. Relate these broader life needs to their implications for your retirement investments and pensions including impact on cash flow, how much you will need, and diversification

DATE: 2/24/05 TIME: 12:00-1:30 or 4:00-5:30 (light meal will be provided at both sessions)

TO REGISTER: Contact Pat Lore: [plore@notes.cc.sunysb.edu](mailto:plore@notes.cc.sunysb.edu)

Submitted by: Cindy Brodsky/Admin

### **2. IRS: New Rules, New Opportunities (Presented by TIAA-CREF)**

Lunch will be provided!

An IRA is one of the most flexible ways to save for your future. This presentation covers the major features of TIAA-CREF Roth and Traditional (Classic) IRAs, and the Coverdell Education Savings Account (formerly known as Education IRAs). Come find out more about IRAs and what they can offer you.

Topics will include:

Advantages of Traditional vs. Roth IRAs

Investing your IRA

How to roll over your IRA

Tax-planning strategies with retirement assets

Using IRAs to save for education

Get a jump start on your financial future today.

DATE: 3/10/05 TIME: 12:00-1:15

TO REGISTER: Contact Pat Lore via: [plore@notes.cc.sunysb.edu](mailto:plore@notes.cc.sunysb.edu)

Submitted by: Cindy Brodsky/Admin

### **3. University Hospital Fire Warden Training**

Fire warden training for 2005 will be held on the dates and times listed below in the HSC Atkins Center.

February 22 - 11:00 AM - 12:00 noon

February 24 - 11:00 AM - 12:00 noon

March 2 - 11:00 AM - 12:00 noon

March 4 - 11:00 AM - 12:00 noon

February 22 - 4:00 PM - 5:00 PM

March 2 - 4:00 PM - 5:00 PM

February 24 - 6:00 AM - 7:00 AM

March 4 - 6:00 AM - 7:00 AM

Submitted by: Michael Seymour/Admin

#### **4. The Family Violence Education And Research Center 2005 Spring Colloquia**

The Family Violence Education and Research Center, Kathleen Monahan, Director, 2005 Spring Colloquia

Thursdays - 11:30a.m. to 1:00p.m., HSC-Level 3, Lecture Hall 6

March 10 - "Rape, Sexual Offenses and The Criminal Justice System"

Rosa Abbate, ADA, Suffolk County District Attorney's Office

April 14 - "Interventions with Perpetrators of Domestic Violence"

Clarice Murphy, Assistant Director, VIBS and Anabel Lago-Pedrick

May 5 - "Immigration Issues and Violence"

Sr. Margaret Smyth, Director of Northfork Spanish Apostolate

Question contact: Kathleen Monahan, Director at 444-3152

Submitted by: Kelvin Tune/HSC

#### **5. Employee Assistance Program Lunchtime Learning Juggling Work & Family**

What's It All About? Can I really handle it all? How can I make time for things that are important? Can I take time to care for a sick child? Am I stressed? Is my productivity suffering? If you answer, yes, to any of the above questions, please join us for an interactive discussion. We will be sharing information and techniques on using your time and energy to your advantage, so you can be at your best for yourself, your family and your work.

March 15, 2005, 12-1:30, SAC Room 305

To Register: Call EAP at 632-6085

Please feel free to bring your lunch.

<http://www.sunysb.edu/eap>

Submitted by: Linda Tatem/Pres

#### **6. Dialogues Across Differences- Day Long Women's Workshop and Retreat**

Dialogues Across Differences, sponsored by the President's Office in collaboration with Herstory Writers Workshop, invites you to a day long women's workshop retreat in the Charles B. Wang Center Chapel. The retreat will be held on Saturday, March 5, 2005 from 10:00 a.m. - 3:00 p.m. with a one-hour break for lunch (Lunch on your own).

The retreat will end with a special reading by Herstory members from 3:30 p.m. - 5:00 p.m. The theme of the reading will be "moving from silence to having a voice".

To register, contact Antonio Ferrantino at 632-6280 or via e-mail [aferrant@notes.cc.sunysb.edu](mailto:aferrant@notes.cc.sunysb.edu). Walk in participants will also be welcome. The daylong retreat as well as the reading is free of charge. To learn more about Herstory, please visit their website at: [www.herstorywriters.org](http://www.herstorywriters.org)

<http://www.herstorywriters.org>

Submitted by: Jean Johnston/Pres

**7. "U.S. Income Tax" Workshop for Foreign Nationals: Part 1 of 3, Mon., February 28, SAC-Ballroom B, 10 A.M.**

Representatives from the Internal Revenue Service (IRS) will offer a free workshop for all international students on completing their US Federal income tax returns. Attendance is highly recommended to ensure proper reporting of 2004 U.S.-earned income. You must bring your W-2 Form. This is the first a three-part "U.S. Income Tax" module within the International Services Office Spring 2005 "Walk-in Workshop" Series.

"U.S. Income Tax" Workshop Schedule:

Part I: Monday, February 28, SAC-Ballroom A, 10 A.M. (students)

Part II: Monday, March 7, SAC-Ballroom A, 10 A.M. (scholars)

Part III: Monday, March 21, SAC-Ballroom A, 10 A.M. (students)

International Services contacts: Tom Burns, Kevin Sorrentino

<http://www.grad.sunysb.edu/international/Workshop.doc>

Submitted by: Obio Ntia/Grad

**8. Employee Assistance Program Lunchtime Learning Healthy Family Relationships**

What does a healthy family look like and feel like? No family is perfect or gets things right all the time. Every normal family experiences some degree of dysfunction. This workshop will help you understand your own family better and help you focus on those healthy characteristics that will strengthen your family relationships. The workshop objectives are: to identify the characteristics of healthy family relationships, to evaluate your own family's level of functioning, to understand the importance of communication as the key to successful family relationships.

March 9, 2005, 11:30-12:30, HSC, L2, Seminar Room 3B

To Register: Call EAP at 632-6085

Please feel free to bring your lunch.

<http://www.sunysb.edu/eap>

Submitted by: Linda Tatem/Pres

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**04. Conferences/Seminars/Lectures**

**1. Topics in Atmospheric and Oceanic Sciences Seminar**

Professor Ning Zeng from the Department of Meteorology and Earth System Science Interdisciplinary Center, University of Maryland, will present a seminar entitled, "How Strong is Carbon Cycle-Climate Feedback Under Global Warming" on Wednesday, February 23. The

seminar will take place at 11:30 a.m. at the Marine Sciences Research Center, South Campus, Endeavour Hall 120. Light refreshments will be served. For more information, please contact the Institute for Terrestrial and Planetary Atmospheres at 632-8009.

<http://atmos.msrc.sunysb.edu>

Submitted by: Gina Gartin/MSRC

## **2. Oceans and Atmosphere Colloquium, February 25, 2005**

Dr. Mikko Heino from the Institute of Marine Research Bergen in Norway, will present a seminar entitled "Fisheries-induced evolution in the wild" at 12:30pm on February 25, 2005. The seminar will take place at the Marine Sciences Research Center, in the Endeavour Hall 120. Light refreshments will be served. For further information, please call 631-632-8781.

<http://www.msrc.sunysb.edu/news.oac.html>

Submitted by: Katerina Panagiotakopoulou/MSRC

## **3. Leadership Symposium on Student-Community Wellness: "Visionary Leadership: Moral Challenges for Today's Universities" - Tuesday, February 22nd, 1-3 pm, Wang Theatre**

The Stony Brook University 2005 Leadership Symposium on Student-Community Wellness will take place on February 22, 2005 from 1:00-3:00 p.m. in our Wang Center Theatre. The topic for this year's symposium will be "Visionary Leadership: Moral Challenges for Today's Universities." Dr. Shirley Strum Kenny, President, Stony Brook University, Dr. C.D. Mote, Jr., President, University of Maryland College Park, Dr. Timothy White, President, Idaho State University, and Dr. Frances Brisbane, Dean, School of Social Welfare, Stony Brook University are this year's panel presenters. One of the major goals of the event is to better equip education and community leaders to engage social issues in ways that advance community scholarship, trust, acceptance and responsibility.

For more info, visit: <http://www.studentaffairs.stonybrook.edu/dev/scdsym2005.jsp>

<http://www.studentaffairs.stonybrook.edu/dev/scdsym2005.jsp>

Submitted by: Suzanne Velazquez/OSA

## **4. Oceans and Atmosphere Colloquium, SPECIAL ANNOUNCEMENT, February 24, 2005**

Dr. Ulf Dieckmann from the International Institute for Applied Systems Analysis (IIASA) in Austria, will present a seminar entitled "New avenues in modeling the evolutionary consequences of exploitation" at 2:00pm on February 24, 2005. The seminar will take place at the Marine Sciences Research Center, in the Endeavour Hall 120.

Light refreshments will be served. For more information, please call 631-632-8781.

<http://www.msrc.sunysb.edu/news.oac.html>

Submitted by: Katerina Panagiotakopoulou/MSRC

### **5. Melville Library Author Series featuring Jacqueline Reich**

On Tuesday, February 22 at 5 p.m. in the Javits Room, Melville Library, Jacqueline Reich, Associate Professor of Italian and Comparative Literature, will discuss her latest book, *Beyond the Latin Lover: Marcello Mastroianni, Masculinity, and Italian Cinema*. Marcello Mastroianni is considered by many to be the epitome of the Latin lover, the consummate symbol of Italian masculinity. In *Beyond the Latin Lover*, Jacqueline Reich unmasks the reality behind the myth. In her investigation of many of Mastroianni's most famous characters in Italian cinema, she reveals that beneath the image of hyper-masculinity lies the figure of the *inetto*, the Italian schlemiel at odds with and out of place in a rapidly changing world. Reich's work demonstrates that Mastroianni's *inetto* is a reflection of the unstable political, social, and sexual climate of post-war Italy and its constantly shifting gender roles.

Sponsored by the Friends of the Library

<http://www.stonybrook.edu/libspecial/news/index.html>

Submitted by: Kristen Nyitray/Lib

### **6. Department of Neurobiology and Behavior Seminar**

On Thursday, February 24th, at 12 Noon in Room 038 of the Life Sciences Building, the Department of Neurobiology and Behavior will host a Seminar given by Helene Benveniste, MD, Ph.D, of Brookhaven National Laboratory.

Submitted by: Kathleen Delaney/CAS

### **7. Discover the "Mysteries of the Mind" on Monday, March 14**

Your favorite quarterback makes a miracle throw while dodging a 300-pound lineman-is the play's success due to pure athletic skill? Good luck? Or could the quarterback's subconscious memory be controlling the play? Daniel Wolpert, Ph.D., Professor of Motor Neuroscience and Co-Director of the Institute of Movement Neuroscience, University College London, will explain just how the brain controls motor performance and why computers will never be able to compete with human dexterity.

Join us for "The Master Puppeteer: How the Brain Controls the Body," on Monday, March 14 at 4:30 p.m. in the Staller Center for the Arts.

The lecture is free and intended for a general audience. A reception will follow the talk.

<http://www.stonybrook.edu/sb/mind/>

Submitted by: Shelley Catalano/UAff

## **8. Doctoral Defenses this week**

Please click on the URL below to see this week's Doctoral Defences

<http://www.grad.sunysb.edu/ddd/weekly.html>

Submitted by: Yordanos Beyene/GST

## **9. A Gathering of Science Scholars II**

The Center for Inclusive Education will host a national conference that will highlight the research accomplishments of underrepresented science students, both undergraduate and graduate, and the success of the myriad of diversity programs that promote their academic achievements and encourage the pursuit of a career in the professoriate. The conference will feature nationally recognized leaders in minority science education, skill-building workshops, a research symposium competition of science posters, and a networking session/career fair. Last year, our inaugural conference yielded 300 participants with over 200 students from 21 institutions throughout New York State and more than 90 research posters. This will be an exciting event and we encourage the participation of students, faculty and university staff. Please refer to our website at <http://www.stonybrook.edu/agep> for more information, including the latest agenda, and to register on-line. We hope you will join us for this special event.

<http://www.stonybrook.edu/AGEP>

Submitted by: Kathryne Piazzola/Prov

## **10. Ecology and Evolution Seminar**

3:30p.m., Wednesday, February 23, 2005, Life Sciences Building, Room 038  
"QUANTITATIVE TESTS OF GENERAL MODELS FOR THE EVOLUTION OF DEVELOPMENT"

Dr. Steven Poe, University of New Mexico

Host: Dr. John Wiens - [wiensj@life.bio.sunysb.edu](mailto:wiensj@life.bio.sunysb.edu)

If you need a disability-related accommodation, please call: The Department of Ecology & Evolution at (631) 632-8600

Submitted by: Donna Digiovanni/CAS

## **11. Mathematics Department**

Visit our web site for: Colloquium

<http://www.math.sunysb.edu/cal/week.php?LocationID=9> Math Club

<http://www.math.sunysb.edu/cal/week.php?LocationID=12> Other Events

<http://www.math.sunysb.edu/cal>

Submitted by: Nancy Rohring/CAS

## **12. Special Biogeochemistry Seminar, February 22, 2005**

Dr. Frank Wenzhofer from Marx-Planck Institute for Marine Microbiology in Bermen, Germany, will present a seminar entitled "Benthic oxygen dynamics: from small scale variability to total flux rates" at 4:00pm on February 22, 2005. The seminar will take place at the Marine Sciences Research Center, in the Endeavour Hall 120. For more information, please call 631-632-8781.

<http://www.msrc.sunysb.edu/news.oac.html>

Submitted by: Katerina Panagiotakopoulou/MSRC

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## **05. Hosp/HSC Conferences/Seminars/Lectures**

### **1. Graduate Program In Public Health - Public Health Grand Rounds**

MONDAY - FEBRUARY 21ST, 2005

"History of Medical Treatments, Herbal Supplements, and the Placebo Effects", presented by Arthur Grollman, MD, Professor, Pharmacology, Stony Brook University Hospital. 5:00 to 6:00 PM, Health Sciences Center, Level 3, Preventive Medicine Conf. Room #067. Please contact Pat Villa at 631.444.2074 if you would like to attend.

Submitted by: Patricia Villa/UHMC

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## **06. Charitable (Habitat, Blood drives, Cats, etc...)**

### **1. Campus-wide prayer service for Tsunami victims and their families -- February 23**

Please join our Stony Brook University Community as we come together to remember all those affected by the Tsunami:

Tsunami Memorial Service Wednesday, February 23rd, 5:00pm, Wang Center, Zodiac Lounge  
Sponsored by the Interfaith Center and the Students for Tsunami Relief

Submitted by: George Meyer/Pres

### **2. Can You Contribute 15 Minutes A Day To Help Feed Homeless Cats On Campus?**

The SBU Cat Network works to humanely trap, neuter, vaccinate, and care for the many feral cats that live on campus. Our strength is in the little contributions of a number of concerned members of the campus community. We need help maintaining feeding stations all over campus (food is provided, all you need to do is distribute it daily) If you're interested, please contact Nancy Franklin (nancy.franklin@sunysb.edu).

Submitted by: Anne Moyer/CAS

### **3. Please Join Stony Brook University Hospital In Celebration of National Heart Month**

In recognition of National Heart Month, Stony Brook University Hospital has joined the American Heart Association's nationwide educational campaign on cardiovascular disease, the nation's number 1 killer. This year's campaign goal is to reach out to our Stony Brook community and provide education on heart health.

**FREE NON-FASTING CHOLESTEROL, GLUCOSE AND BLOOD PRESSURE SCREENINGS WILL BE OFFERED**

Wednesday, February 23, 2005 1pm - 4pm at Stony Brook University Hospital Blood Bank, Conference Room, Level 5, Suite 5000

To schedule an appointment call HealthConnect 631-444-4000

Walk-ins are welcome

Submitted by: Patricia O'Brien/UHMC

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## **07. Entertainment (Sports, Movies, Events, etc...)**

### **1. Eliot Chang Comedy Show at Wang Center Theatre, Thursday Feb. 24 8:00 PM**

Eliot Chang, a critically acclaimed stand-up comic from New York City, is known for his "Asians in the Media" workshop, which addresses how Asians are portrayed in TV and film. Chang also discusses the media's influence on attitudes towards Asians in America. His refreshingly honest and biting brand of comedy has been compared to Chris Rock, George Carlin, and Dane Cook. Chang recently appeared on Comedy Central's "Premium Blend" and Spike TV's "Crashtest." Visit [echang.com](http://echang.com) for more info.

Reservations required! Please send email to [wangcenter@stonybrook.edu](mailto:wangcenter@stonybrook.edu) or call 632-4400 to reserve your tickets \$5.00 for students with ID, \$10.00 for general admission, and \$15.00 for all at the door.

Seats are limited and reserve your tickets now.

<http://www.stonybrook.edu/sb/wang/events.shtml>

Submitted by: Jianping Schoolman/Pres

### **2. Music Department Ear-Fest**

**EAR-FEST!**

Wednesday, February 23, 2005, 8:00 PM, Staller Center Recital Hall

Fend off the winter blahs with this sparkling selection of sonorous, soulful, and even silly or spooky-sounding pieces.

Open to the public, free admission!

Please call the music department at 632-7330 for more information.

Submitted by: Christa Van Alstine/GST

### **3. Music Department Student Recitals!**

Feb. 22, 12:00 noon, Staller Center Recital Hall, Dave Auerbach, DMA, Viola

Feb. 22, 8:00 pm, Staller Center Recital Hall, Sara DeCorso, DMA, Violin,

Feb. 24, 12:00 noon, Staller Center Recital Hall, Laura Barger, DMA, Piano

Submitted by: Christa Van Alstine/GST

### **4. Chinese Martial Arts Film Series: Five Fingers of Death (King Boxer) at Wang Center Theatre, Tuesday Feb. 22, 7:00 PM**

Free Screening. When Zhao Zhihao learns the "Iron Palm Technique," his colleagues become jealous. A sportsmanlike martial arts competition quickly turns into a bloodbath mixing Chinese and Japanese fighters. Five Fingers is a remarkable example of transnational film culture: it was made for a Hong Kong film studio by a Korean director and was one of the first "kung fu" blockbusters in North America. (Cheng Chang-ho, 1972, 105 min., English dubbed)

<http://www.stonybrook.edu/sb/wang/martialarts.shtml>

Submitted by: Jianping Schoolman/Pres

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## **08. For-Pay Workshops/Courses (SPD, etc...)**

### **1. Auditions for the SBU Pre-College and Community Music Spring Adult Chamber Music Workshop**

The Workshops, now beginning their fifth year, are open to dedicated adult musicians of all levels of ability and experience. Ensembles for strings, woodwinds, brass, piano, and voice will be formed based on performance level and the best possible instrumentation. Pre-existing groups are also welcome. Ensembles will be coached by well-known and experienced musicians who bring years of chamber music coaching to the program. The workshops will be eight weeks in length and include six 90 minute coaching sessions, culminating in a recital in the Staller Center Recital Hall on May 22.

Auditions for the workshop will be held on Monday, March 7, beginning at 7:00 p.m. The fee is \$225 for the eight-week session. Please call Edith Auner at 632-7328 or e-mail [Edith.Auner@stonybrook.edu](mailto:Edith.Auner@stonybrook.edu) to schedule an appointment and for more information.

Submitted by: Edith Auner/CAS

### **2. From Windows to Web: The Essentials of Personal Computing, NCE 707 18 sessions Fee \$1,499.00**

This comprehensive program serves as a broad-based introduction to using a personal computer. Starting from a foundation in Microsoft Windows and exploring the basics of Word, using email, navigating the Internet, learning about web design, and concluding with use of a digital camera, this program covers all you need to know to get you started. Students who successfully complete this 18 session program will earn certificates in both "Introduction to Computers" and "Microsoft Web Design".

Section A: Wed., 3:00-5:30 pm, March 2,9,16,23,30; April 6,13,20,27; May 4,11,18,25; June 1,8,15,22,29, 2005.

10% discount for University employees and Students. CSEA LEAP Vouchers accepted to register go to SPD Website Registration Form at <http://www.stonybrook.edu/spd/career/registration.html>  
For questions call 632-7071

Submitted by: Frank Esposito/Prov

### **3. MS in Technological Systems Management with a concentration in Global Industrial Management**

Are you interested in pursuing a career path in Operations Management which can lead you to the position of Chief Operating Officer (COO)? Applications are now being accepted for a Master of Science in Technological Systems Management with a concentration in Global Industrial Management. Learn how to manage complex global organizations by understanding how to integrate people, processes, and technology to solve the challenges of the 21st century.

For additional information go to: <http://www.stonybrook.edu/est/academics/im.html>

If you have application questions call Carole Rose at 632-8770. If you have curriculum questions email Herb Schiller at herb.schiller@sunysb.edu.

<http://www.stonybrook.edu/est/academics/im.html>

Submitted by: Herb Schiller/CEAS

### **4. Crochet for Intermediate Students**

Crochet for Intermediate Students

Thursday, February 24, 2005, 12:00pm - 1:30pm, SAC Room 308

Instructor: Allison Milano

To register contact Allison Milano at 632-7263

FEE: \$15.00 (INCLUDES NEEDLE, FUN FUR, & PATTERN)

FEE: \$8.00- Bring Your Own Supplies(Bring your own P Size Lion Brand Needle and FUN FUR)

LEARN TO WORK WITH FUN FUR. MAKE A HAIR CLIP AND MATCHING SCARF.

Submitted by: Allison Milano/OSA

## **5. Kundalini Yoga Workshop**

Kundalini Yoga Workshop, Monday, February 28, 2005, 12:00 pm - 1:30 pm, Student Activity Center Room 306, FEES: \$5.00

Space is limited to 25 participants. Pre-registration required.

To register call Allison Milano 632-7263

Kundalini Yoga is the "yoga of awareness" and is the most ancient of all yoga. It's sometimes called the efficient yoga as it combines chants, breath, exercise, relaxation and meditation for a complete workout. It is a great way to recharge the body as it stimulates the nervous and immune systems, improves flexibility and strength, and centers the mind and opens the spirit. From your very first class, you'll start reaping the rewards which include relief from back pain, stress, addiction, depression, insomnia and weight control.

Submitted by: Allison Milano/OSA

## **6. Stress Management Workshop**

The Division of Wellness and Chronic Illness in the Department of Family Medicine will be presenting a series of four workshops on stress management.

These workshops focus on meditation as a core experience for stress management. The group is introduced to several forms of meditation including breathing techniques, the stress relaxation response, mindfulness meditation, walking meditations, heart-centered meditations and others. Other aspects of stress management discussed are sound nutrition, movement, sleep practices, time management and prioritization, awareness of thought patterns and related emotions.

Workshop dates are Wednesday, March 2nd, 9th, 16th and 23rd between 5:30 and 6:45 pm at 33 Research Way, East Setauket, NY.

Lower your stress and register early for this popular workshop since seating is limited to fifteen participants. The fee for the four sessions is \$80.00 payable at first session.

For information and registration, please call 444-9815.

Submitted by: Marion Hollinger/UHMC

## **7. Menopause Workshop**

MENOPAUSE - The Division of Wellness and Chronic Illness in the Department of Family Medicine at Stony Brook University Hospital will be presenting a series of three, two-hour workshops on menopause.

Each participant will be examined and evaluated individually in order to assess their specific menopausal symptoms and avenues of treatment.

The physiological symptoms of menopause, such as hot flashes, insomnia, cognitive difficulties, etc. will be discussed in detail. We will also explore the cultural attitudes associated with this transition and learn about several approaches to ease symptoms including hormone therapy (conjugated estrogen and bioidentical hormones), herbal remedies, nutritional medicine, exercise, and mind/body techniques such as breathing and meditation techniques.

The series is scheduled for Wednesdays, March 30th, April 6th, and 13th at 33 Research Way, Stony Brook Technology Park.

Most insurance plans accepted with appropriate co-payment for each visit.  
To register, please call 631.444.9815.

Submitted by: Marion Hollinger/UHMC

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## **09. Research (Studies, Testing, etc...)**

### **1. Long Island Database Project - Volunteers Needed**

The Long Island Cancer Center is creating a database of blood samples and clinical information to help researchers better understand why some individuals develop breast and prostate cancer while others do not.

Women and men are eligible to participate if they were diagnosed with breast or prostate cancer OR have never been diagnosed with cancer, are 18 years of age or older, are a current Long Island resident and have lived on Long Island for at least 5 years.

For more information about the study, please call Pat Gramer at 444-7995 or 1-800-566-9667.

Submitted by: Erin O'Leary/UHMC

### **2. MRI Study of Flow in the Brain**

Volunteers are needed to participate in an MRI study to investigate new methods for imaging flow patterns of blood and cerebrospinal fluid in the brain and spine. The goal of the study is to understand flow patterns in healthy individuals in order to compare these results with the abnormal flow patterns seen in individuals with diseases such as hydrocephalus and spinal cysts. For the current phase of studies, we are seeking healthy individuals with no previous history of head or spinal trauma, arachnoid or spinal cysts, hydrocephalus, brain tumors or any contraindication for an MRI exam. The study will involve 1 hour of your time and be completely non-invasive. No injections will be given. You will not be paid for this study.

If interested, please contact Mark Wagshul, PhD at 4-9563, or [mwagshul@notes.cc.sunysb.edu](mailto:mwagshul@notes.cc.sunysb.edu).

Submitted by: Mark Wagshul/UHMC

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## **10. Miscellaneous**

### **1. Register Now For Stony Brook Day In Albany - March 1, 2005**

On March 1, Stony Brook students, faculty, staff and alumni will journey up to our State Capital for one of the most important events of the year. It's Stony Brook Day in Albany, and we want you to come. You'll get a chance to celebrate Stony Brook - to let your legislators know what the University means to you and we'll show our State representatives how much their support means to us. You'll have a chance to meet people from all parts of the campus and experience firsthand

how our government works. There's even an end of day celebration. Register on-line at <http://www.stonybrook.edu/albany>  
TAKE THE RIDE. SHOW YOUR PRIDE.

<http://www.stonybrook.edu/albany>

Submitted by: Karen Keeley/UAff

## **2. Summer Camp at Stony Brook 632-4550 June 27 - August 19, 2005**

Think of the warm days of summer, ice cream and children giggling! Our Summer Day Camp combines a special mixture of recreational and educational activities for children between the ages of 5-12. Join us in an adventurous camp experience that will mesmerize your child! Tuition includes provision of a camp T-shirt, as well as a hot lunch and snack each day. A 10% discount on tuition is given to all Stony Brook staff members. Register before April 2nd to receive an additional 5% savings.

Open Houses are all located in the Sports Complex on Saturday mornings from 9AM to 12PM, for the following dates: March 12th, April 2nd, May 7th, 2005.

<http://www.stonybrook.edu/daycare>

Submitted by: Janice Maggio/Pres

## **3. It's About Us!-Come to the Kick-Off Celebration!**

It's about Us! It's about class pride...It's about Stony Brook University...It's about what we're going to leave as our legacy...

Come to the SAC Lobby on March 2, 2005 during Campus Lifetime to have some free food, get a chance to meet your class reps and win some fun prizes!

Submitted by: Mira Kinariwala/UST

## **4. FREE Blood Pressure & Non-Fasting Cholesterol Screening**

In Celebration of National Heart Month!

FREE Blood Pressure & Non-Fasting Cholesterol Screening, Tuesdays, February 22, 12:00PM - 1:00PM, SAC 3rd Floor Room 308

No Registration Required! Walk-ins are Welcome!

Sponsored by Student Health Service, Stony Brook Stoke Program, & The Campus Recreation Wellness Center

Submitted by: Allison Milano/OSA

## **5. Administrative Director**

Not-for-profit agency at Stony Brook University seeks a dynamic individual to manage the

operation of the Undergraduate Student Government office. Required: Bachelor's degree, plus a minimum of five years related management experience including some experience in a university/college setting are essential, together with excellent customer service, and communication skills. Familiarity with marketing, public relations, budget management, labor relations, and good judgment. A working knowledge of word processing, spreadsheets and e-mail systems are also necessary. Candidates possessing these abilities and experience in a not-for-profit, multi-cultural environment and/or secondary education setting, and working with college student populations, are especially encouraged to apply. Excellent benefits and a rewarding, challenging environment. For consideration, send resume with cover letter and salary requirement by 3/10/05 to HR Manager, FSA, Stony Brook University, 250 Stony Brook Union, Dept CA-FSA , Stony Brook NY 11794-3209 or fax to 631-632-6573. AA/EOE

Submitted by: Christine Oster/FSA